

MT ROUSE News & Views



Community Newsletter

Playoffs at the Penshurst Green



Left—Right: Chris Laurence, David Cook (Skip) & Dennis Heslin

Story page 3

Good morning everyone,

How many of you noticed the printing glitch that appeared on this page last newsletter? If you didn't, that's ok. If you did .. the sentence actually read - "Being part of the progress association is a challenge, but definitely worth it." I didn't see the glitch until I looked over the newsletter when I got home from printing it ... and groaned. It didn't appear on the copy that Brian O. had, that he checked for me 'before' it went to be printed. And I never touched that page when I clicked the button on the laptop that told the printer to 'make 180 copies'. Did anyone else notice the other error on this page last newsletter? LOL (that means I am laughing). I shall fix it now too.

It's **Annual General Meeting** time for the PPA. After six years at the helm I have decided to stand down and let some of the younger mob have a go. I admire their energy and enthusiasm, and I have other projects to focus on. I am telling you this now so that you have time to consider whether being part of the changes in our town is something you'd like to investigate, or know someone you would like to encourage to join the Association (do it quickly. You must be a member of the association to be able to be part of the 'committee of management'). With a change of 'Councillors' at the SGSC perhaps we can see some real improvements in the months and years ahead. And it's a good place for teenagers to investigate as they too have their toes in Penshurst's future.

Penshurst Progress Association Inc

Annual General Meeting

& Community Meeting

27th November 2024

7.30pm

Penshurst Memorial Hall, Supper Room

Everyone welcome

The purpose of the meeting is to elect a new
Committee of Management (Board).

ABN 35 622 662 815

president@penshurstprogress.org.au

Have a great fortnight, Ama Cooke PPA

Shed Jokes

Can't believe someone broke into my shed and stole my limbo stick.

How low can ya go.

Someone told me I'm not the sharpest tool in the shed.

What does that mean?

Based on a true story: I was carrying back gardening tools to the shed and dropped one. My wife yells from behind me.

"Yee haw, it's a hoe down"

My daughter asked me for a set of wheels. Told me she'd give me rides anytime I wanted.

So I got her a rickshaw for Christmas.

Whilst clearing out the shed I found a box full of dead batteries.

I'm giving them away free of charge.

My wife told me she and her sister started a weight loss competition to see who can shed the most pounds before their cousin's wedding this summer.

"I hope you win" was not the correct response.



Caramut and District Garden Club

By Janet Shalders

I wrote this article for a small newsletter in 2013, so the information about the farm is now 9 years old but the information re the cactus is still applicable.

Trichocereus fabrisii

There is no common name for this cactus that comes from Argentina, Bolivia, Chile and Ecuador. We call it "The White Cactus that grows out in the paddock."

I planted it about 35 years ago from a couple of stems and have gradually been able to plant quite a lot along a curved row of stones. They seem to grow quite quickly and if the stem is laid on the ground will grow multiple plants. I have never watered them but the stones probably help to keep the plants moist in dryer conditions. I planted them in the paddock knowing the rams wouldn't eat the hairy stems. Unfortunately in later years, one old ram discovered how to eat the flowers safely and hence, fewer blooms. There is a very strong, nearly sweet sickly perfume. Cut flowers will last only a day and each bloom seems to last only a few days on the plant. But as there seems to be so many, seem to last nearly a month. Quite often there is a second flowering later in the year.



The next meeting of the Garden Club will be on Tuesday 12th November at 10am. The special flower for the month is a rose.

We are meeting at the home of Margie Bryon "LEORA" 224 Liebig St. Warrnambool.

Visitors are always welcome.

Phone Marita 0407 504 307 for more information.



*Oh Adam was a gardener and God who made him
sees that half a proper gardener's work is done upon his knees.*

Playoffs at the Penshurst Green - Triples Winners

On 6th Oct, 10 teams from around the Far Western Playing Area, played off at the Penshurst green. At the end of the first day three teams were still in the play. K Wiffen Portland Memorial, Chris Elford had two wins in their section, David Cook & team from Penshurst won their section with three wins. Thelma finals were held at Heywood on the 13th October, Wiffen def Elford, and then had to play Cook who had the bye. Thelma Penshurst boys started well & held off any challenge from the Memorial team to win this event in this area, they will continue on later to play in the regional competition. Well done to our boys, you've represented Penshurst well. Team consisted of : David Cook (Skip) Chris Laurence & Dennis Heslin.



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Aaron Malseed 0407 782 286

Jordy Anthony 0407 649 925

Dillon Dawson 0438 054 593

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100 Portland Road,
Hamilton P. 03 5551 5700
E. hamilton@elders.com.au
elders.com.au



The Combined Churches
Christmas Carols will be held
on Sunday 8th of December
2024 commencing at 7.30pm
in the Penshurst Memorial

Hall

All Welcome





Truth begets trust, trust begets peace and peace begets reconciliation.

This is yet another phrase that I shamelessly stole.

The phrase was used in an articulate homily referring to that situation in that far away land. The place where a little man walked the dusty streets muttering how a new kingdom might be ushered in if only we just stop looking to our weapons as the solution and started to look instead at each other as people just like our own selves. Cut any one of any skin colour, of any belief and they bleed, just like you and I.

But to my heartache, hard work and joy, I know that the line also works in 'mini conversations'. You know the sort. I'm sure we've all had 'those' sorts of chats before. At least once.

A dialogue where the truth is told, hopefully calmly, rationally and with dignity. It may not be pleasant or pretty, in fact it usually isn't, particularly if this angst has been fermenting like an old fashioned ginger beer brew.

But when the truth is told, when it is listened to with patience and in a calm way, when it is responded to with carefully chosen words, then the tiniest seedling of trust can poke its head up out of the soil and have the opportunity to flourish and grow. And if that can happen, then the budding flower of reconciliation can open and bring bright colour where there has only been darkening blackness.

Now it might be that the two parties / people might have to agree to disagree, but would that be such a wicked, awful thing?

All this is hard work and we will feel bruised at the end of it. However the alternative is to allow cancerous enmity to fester in the darkness of ignorance and misunderstanding.

Some advice please.

I once wrote to a priest to ask for advice about funerals.

It seemed like a pertinent and good question to ask.

I'm not sure what I was expecting them to say. Something pragmatic and organised I hoped. This particular priest was particular about time and organisation.

The priest said lots of good things. Wise things. Like, listen ... a lot. Take your time. Take far too many notes. You never know which bit of information you might need later. Breathe afterwards. Give yourself time to decompress and reflect. What did I learn from that process? What will you do again? What will you definitely NEVER do again?

But the kicker was the closing paragraph and I come back to it time and time again. It's nothing practical or pragmatic. It's something that we should all keep on the front burner of our mind.

"Dear David,

Thank you so much for your letter. Yes, of course you must do all the organisation things, but the thing I try always to remember is that this person was and is just like you and I. Maybe it would help if I told you what happened today.

This morning was the funeral of a dear old soul who I only came to know in their 'mature' years when they were 'In care'. It's always the way. We are always the 'David come lately'. It's easy to forget that the deceased was once young, had a runny nose, skun their knee, had their heart broken and probably broke some hearts along the way. They had regrets and triumphs. They lived a life that should be celebrated and a soul that needs praying for... just like you and I. A precious commodity is entrusted to you David. Cherish it, care for it, lavish with all the respect and love that you would hope for yourself.

Are you part of a group that would like to learn a new skill in a supportive environment under the guidance of expert trainers?

Register for a Short Course this November with RIST!

UPCOMING COURSES & DATES:

Nov 11 - Operate Quad Bikes

Nov 12 - Introduction to Welding (held across four evening sessions)

Nov 14 & 15 - Operate and maintain Chainsaws

Nov 18 & 19 - Agricultural Chemical Skillset (Chemical users certificate)

Nov 25 - Operate Side by Side

Dec 2 - Operate Tractor & Front End Loader

Courses are held locally at the Hamilton RIST campus, 915 Mt Napier Rd, Hamilton.

Course fees starting from \$350, For eligible participants this training

may be delivered with Victorian and Commonwealth Government funding. Please contact the RIST team to determine your eligibility and for further information. Free call 1800 883 343

For more information and to register, head to www.rist.edu.au

Enhance the knowledge, skills and best practice in your team through a short course with RIST



Please also feel free to share with a friend who might like to learn a new skill !

“Wisdom is not a product of schooling but of the lifelong attempt to acquire it.”

— Albert Einstein

“Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.” — Henry Ford

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* Government subsidies available for eligible students. Please contact the RIST team to determine your eligibility.



Farmers & Craft Market

GROWN & MADE LOCAL

Hello, Penshurst! Our next market is only a few weeks away, and we can't wait for another great Sunday! The market grows each and every time, and we LOVE local. There are lots of stalls, food & coffee vans, face painting, live music, and even activities for the kids
(with thanks to the CFA!)

If you are a local grower or maker, please consider joining our market so we can continue to support local!

For more information, head to our socials, get in touch via the email below, or use your phone camera to scan the QR code for the online application form.

9am - 1pm



SCAN HERE

SUNDAY, NOVEMBER 17TH

📍 Penshurst Memorial Hall

penshurst3289market@gmail.com

@penshurst3289market



5576 5270

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Penshurst's News Agency

“Chop your own wood and it will warm you twice.” Henry Ford

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Fax: 5576 5267



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Western AG Hamilton - T: 03 5579 5900

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Matt Barber (Senior Agronomist) 0488 298 170

Damien Goodman (Agronomist) 0427 159 462

Geordie Elliott (Nutrition & Production) 0438 874 587

Meg Todd (Animal Health) 0437 772 861

Western AG Willaura - T: 03 5354 1585

Glen Gray - 0439 541 036

MEDIA RELEASE

SOUTHERN GRAMPPIANS SHIRE COUNCIL

****On-Farm Drought Infrastructure Grants Now Open****

Farmers in the Southern Grampians Shire can now access grants of up to \$5,000 to help manage drought conditions and build resilience for the future.

Eligible projects include water infrastructure upgrades, stock containment areas, grain and fodder storage, and drought management tools.

The \$12.1 million grants program is open to farmers in the Southern Grampians Shire along with other shires in the South West.

The grants build on the existing support services available for farmers including the Rural Financial Counselling Service, The National Centre for Farmer Health, farmer workshops, field days and practical information on the Agriculture Victoria website.

To attend an upcoming drop-in session being held across the southwest visit agriculture.vic.gov.au/dryseasons or phone 136 186.

For more information on the On-Farm Drought Infrastructure Grants Program, including the specific areas of eligibility, visit ruralfinance.com.au or call them on 1800 260 425 during business hours.

Join our community panel

We're inviting everyday people to help us plan for the next 50 years by nominating to be on our community panel. You don't need any prior knowledge – and you could get up to \$500 off your water bill!

Express your interest here to be part of our community panel to develop a long term management plan for the Warrnambool Sewage Treatment Plant.

Learn more and sign up now via the QR code...



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Penshurst Store



Amanda & Cam Wilson
0439 941 942

Pop into the store and try some of our delicious pies, pasties and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments are welcome.

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday – 8.00am - 2.00pm

Sunday - CLOSED

Café/Bakery

110 Bell Street, Penshurst

penshurststore@gmail.com

A PAGE TO SHARE RECIPES

Microwave Chicken Pilaf

Prep Time 5 mins Cook time 5 mins Serves 1

From taste.com.au

INGREDIENTS

2 tsp ghee	75g (3/4 cup) shredded cooked chicken
1/2 tsp ground cumin	125g tub 40-second basmati rice
1/4 tsp ground coriander	2 tbsp raisins
Pinch of ground cinnamon	45g (1/4 cup) roasted unsalted cashews
2 tsp Chicken-style Stock Powder	1/4 cup canned lentils, rinsed, drained
40g (1/4 cup) frozen peas	2 tbsp fresh coriander leaves

Method

Step 1 - Place ghee in a microwave-safe mug and microwave on HIGH (100%) for 1 minute or until melted. Stir in spices. Cook for 30 seconds. Stir in stock powder and 1 tbsp water.

Step 2 - Top with peas and chicken. Cover loosely with plastic wrap. Microwave on HIGH (100%) for 1-2 minutes or until heated through.

Step 3 - Cook rice following packet directions. Carefully turn rice out into a bowl. Top with chicken mixture. Add raisins, cashews, lentils and coriander. Season and toss gently to combine. Serve.

**Parmesan crusted roast potatoes**

1kg King Edward or other floury potatoes, peeled, chopped
 1/2 cup (125ml) extra virgin olive oil
 1 cup (80g) grated parmesan
 1/4 cup (40g) semolina
 10-12 thyme sprigs

Step 1 - Preheat the oven to 190°C

Step 2 - Place potato in a pan of cold, salted water over medium heat. Bring to a simmer and cook for 10-12 minutes until almost tender. Drain, then return to the pan and shake vigorously over medium heat to dry out and rough the edges.

Step 3 - Pour 1/4 cup (60ml) oil in shallow roasting pan, then place in the oven to heat.

Step 4 - Combine parmesan and semolina in a bowl and season. Toss potato in remaining 1/4 cup (60ml) oil, then coat in parmesan mixture. Carefully remove pan from oven and add potato to hot oil. Scatter with thyme and roast for 25-35 minutes, turning once, until golden and crisp.



Prep Time 20 mins Cook time 45 mins Serves 6

Penshurst Shed

Open

Saturday & Tuesday
10am - 4pm

Penshurst Mens shed is recreating its Not-for-Profit status. We'd like to thank the Penshurst Progress Association for hosting us as we regrew after COVID. Now, with quite a few new members in our ranks, we are looking to a bright and busy future.

Talk to the crew for more information about the Shed and its activities. We are open for everyone.

Contact

Tom Cooke 0488 557 345

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Mount Rouse Puzzler

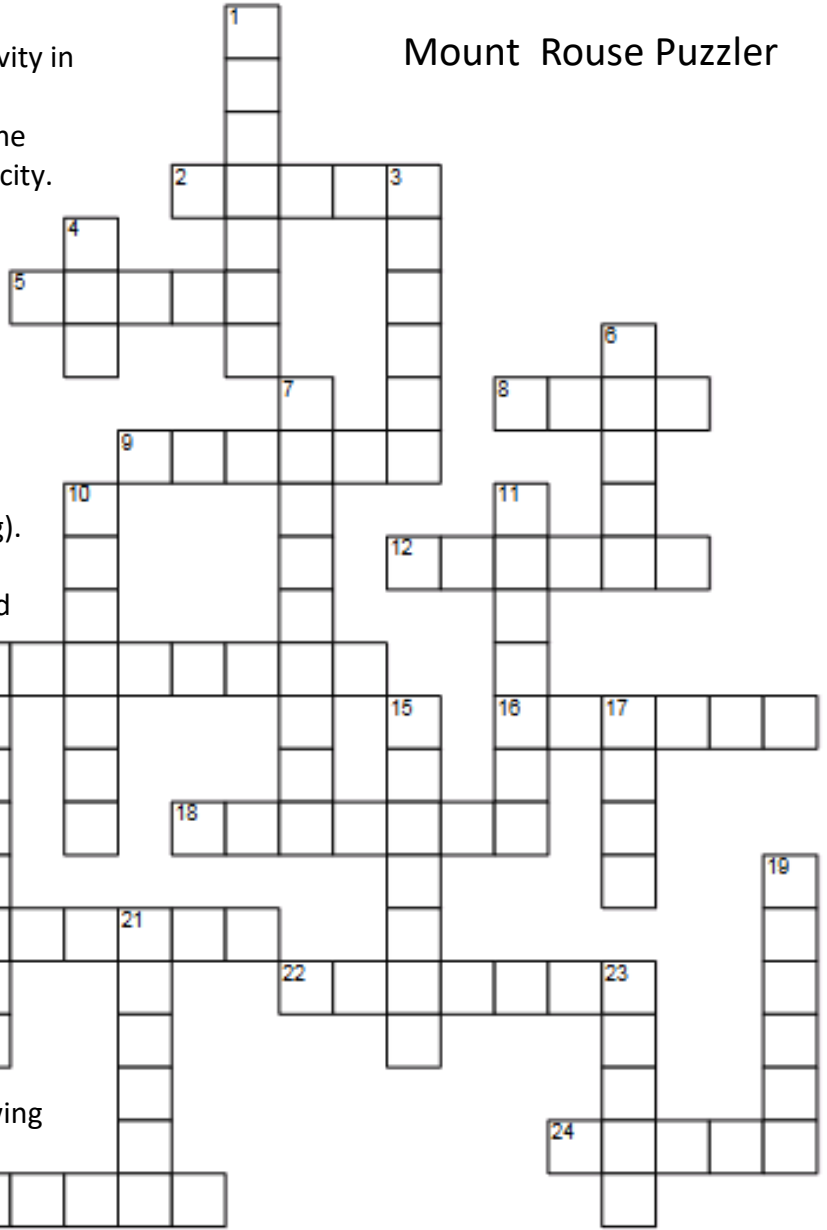
Across:

- 2: A pattern or cycle of electrical activity in the brain.
- 5: Of or relating to the country and the people who live there instead of the city.
- 8: To place in order.
- 9: An arrangement of flowers and leaves in a circular shape.
- 12: A mineral that is often found in the form of a hard crystal and that is used especially to make clocks and watches.
- 13: To not be found.
- 16: To plan or want to do (something).
- 18: To get or be given (something).
- 20: The temperature at which a liquid freezes.
- 22: Of no use; not working or not achieving what is needed.
- 24: Very nervous.
- 25: To shake slightly.

Down:

- 1: Tending to remain calm.
- 3: To press something into a flat or flatter shape.
- 4: To put your arms around someone especially as a way of showing love or friendship.
- 6: To cause (words, images, etc.) to appear on paper or cloth by using a machine (called a printer).
- 7: A full and wide view of something.
- 10: Having or showing qualities (such as beauty or gentleness) that are expected in a woman.
- 11: A piece of equipment with moving parts that does work when it is given power from electricity, gasoline, etc.

- 14: Not guilty of a crime or other wrong act.
- 15: Dust devil.
- 17: A container for holding a liquid or gas.
- 19: Able to bounce well.
- 21: To ask someone to go somewhere or do something.
- 23: Small bushes and trees.



Crossword answers from last newsletter: **Across:** 3 cagey, 4 guess, 7 obtainable, 11 cowardly, 14 reign, 18 industry, 19 smile, 20 inquisitive, 21 scarce, 23 tongue, 24 expensive. **Down:** 1 pine, 2 purple, 3 concerned, 5 found, 6 dazzling, 8 buoy, 9 earsplitting, 10 pager, 12 outrageous, 13 spiffy, 15 wrestle, 16 robin, 17 obsequious, 22 coat.

Community Meetings

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Penshurst Social Support Group

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre, - Penshurst Hospital. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mount Rouse & District Historical Society

- Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

<https://www.ambulance.vic.gov.au/careers/become-a-first-responder/>

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- Meets at the club rooms in Bell Street.
- Bingo.

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact
Fr. David Oulton 0435867040

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

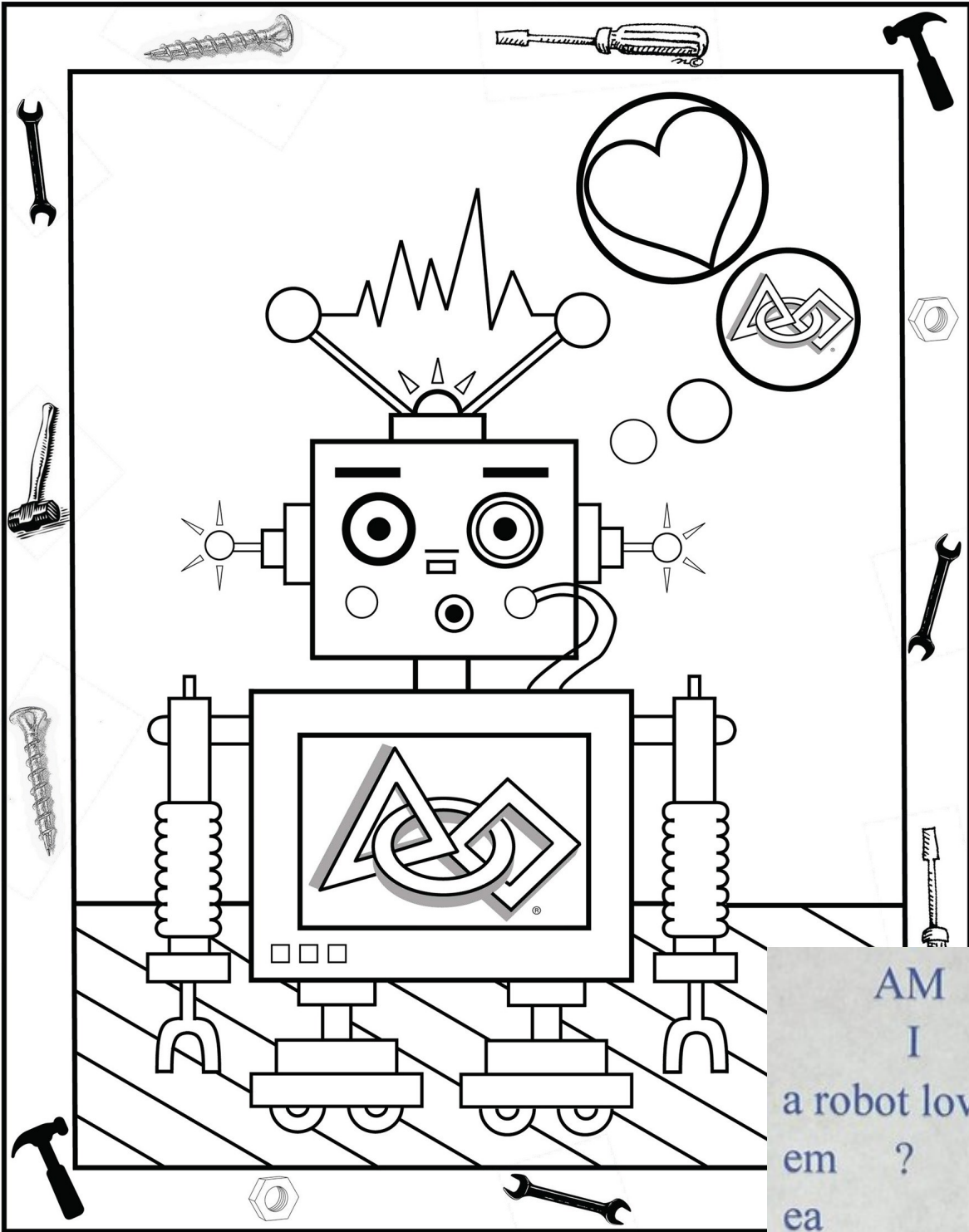
2nd Sunday Mass 5pm

3rd Sunday Lay Service 8.30am

4th Sunday Mass 5pm

5th Sunday No Service

For the kids



AM
 I
 a robot love po
 em ? Is
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 o be missing s
 om et
 hi ng
 but may
 be not?

Can you read this poem? It takes a little concentration and a touch of imagination. And then there's a rainbow robot to colour? Where will you start and where will you finish? Can you write a robot poem that challenges everyone to read it?

Hey, did you hear the story about the headless robot?
 According to reports, he completely lost his mind!

**Mt Rouse News & Views
Community Newsletter**

Published by
Penshurst Progress Association Inc

ABN 35 622 662 815

**“Mt Rouse News & Views Community
Newsletter”**

is the registered business name of the
Penshurst Community Newsletter

Registered Address: 21 Martin Street,
Penshurst 3289

**DEADLINE FOR CURRENT SUBMISSIONS -
Saturday 9th November 2024**

The newsletter will be published on
Wednesday fortnightly and we would
appreciate submissions at the earliest
possible time within the fortnight but
no later than the Saturday immediately
prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to:
mtrousenewsletter@gmail.com

Also available in colour online at
[www.penshurstvictoria.com.au/
Penshurst%20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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Community Newsletter**

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newsletter?

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Cost is \$25 per page per issue.

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For more information
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Outside the Hall in Martin St

Dates for
November 7th & 21st

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