

# *MT ROUSE News & Views*



*Community Newsletter*

## **Volcanoes Rock Garden Complete**



Story page 3

*Thanks to the VDC Committee for sponsoring their colour pages*



Volcanoes Rock Garden Complete!





Volcanoes Rock Garden Complete!

The Volcanoes Discovery Centre (VDC) committee were ecstatic with the rollup of volunteers that came out to complete the planting of the rock garden early this month. The heavens were kind with bursts of sunshine for planting the 150 native plants (and the well deserved bbq lunch) with rain not falling until the final plants were in place by mid-afternoon.

The rock garden is a major part of the VDC upgrade that is coming to completion after 3 years in progress. The garden design & selection of exquisite rocks has been primarily orchestrated by Dr James Driscoll of Monash Uni and Paul Callander, VDC President.

With the expertise of local resident Ben Zeeman, Senior Biodiversity Officer (Glenelg Hopkins CMA), the native flora



selections are representative of the grasses and flowers found across the Victorian Volcanic Plains with most native to our area.

The aim of the garden is to showcase a range of stunning volcanic and non-volcanic rocks and native plants from our region for both educational purposes and wider aesthetic enjoyment by the local community and visitors alike.

The VDC committee would like to extend a heartfelt THANKYOU to all volunteers who came out to help on the day with a special mention to Ben Zeeman, landscape gardener Mark Bolitho, and Dr James Driscoll who travelled from Melbourne for the working bee. Our appreciation also extends to local businesses the Penshurst Bakery and Annie's on Ti – Tree for their generous support.

## Welcome to Boonderoo Wattle Seed!

We are a family -owned farm not far from PENSHURST, dedicated to raising awareness of wattle seed as a HIGH PROTEIN, HIGH FIBRE, NUTRITIOUS addition to kitchens everywhere.

Our customers are food enthusiasts looking for a healthy and LOCALLY GROWN plant-based RAW ingredient where they can be in control of the processing and cooking. **Home roasting and grinding our wattle seed is budget friendly** and will fill your kitchen with a magnificent, nutty aroma! You can also simmer the seed to create a less nutty product if you prefer.



We have planted more than 25,000 native trees since 1989. We are passionate about biodiversity and sustainability. Our wattles, positioned within our extensive livestock shelter belts, are part of a management strategy that reflects our values of sustainability, resilience, and stewardship of the land.

Sites for our native trees are carefully selected to contribute to the local Landcare group's strategic BIOLINK and wildlife corridors between Mt Napier & Mt Rouse. We partner with Landcare, catchment management groups and scientists to promote wattle seed and actively contribute to a grower group to support the growth of the industry.

Our trees are planted into stone and gravel with a crowbar; in fact, we prioritise stoney terrain to enhance ground cover year-round and maximise shade and shelter for stock. We do NOT water, fertilise, refrigerate or spray our wattles. We prioritise Biosecurity at all stages of production.

Wattles along with other native trees, shrubs and grasses, have been used for thousands of years in Australia, providing timber, soil stabilization, habitat and seed. Indigenous groups across the land have cared for these trees, shrubs, and grasses, and long understood their importance.

Together we can all help the environment by choosing new, innovative, locally grown, low input, nutrient dense foods from small healthy, family farms.

If you are interested in incorporating a healthy, vegan-friendly, plant-based GMO-free and versatile food into your pantry, Boonderoo Wattle Seed ticks all these boxes.

We don't just sell you the seed, we support you to learn how to use and enjoy it daily. Check us out - we would love to hear from you 😊

**Morna Semmens**  
**Owner/Wattle Enthusiast**  
**BOONDEROO WATTLE SEED**

**Instagram:**  
**@Boonderoo\_Wattle\_Seeds**

**Facebook: Boonderoo Wattle Seeds**

**E: [morna@boonderoo.net.au](mailto:morna@boonderoo.net.au)**

**M:0418 355 242**





## Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogresss.org.au

### **Next Meeting -**

**Wednesday 25th September 7.30pm**

*Penshurst Memorial Hall, Supper Room*

*Everyone welcome*

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke & Jeff Jellie

Good afternoon everyone,

Here's hoping I don't jinx myself with a happy comment about our sunny Sunday. The good weather helps me keep optimistic that some warmth is just around the corner; possibly too much, but Australia is a land of extremes so we can't be surprised when it lives up to its reputation.

Slight correction from my wording about the PPA's Annual General Meeting in November. This is a legal note. Everyone is welcome to apply to become a member of the Association. You don't have to come to meetings, you can simply receive the Minutes to keep you up-to-date with what the group is trying to do to improve our town. If you are interested in joining the management team you have to be a member of the Association before the October meeting, so that your membership can be acknowledged in the Minutes. At the

AGM the whole management team stands down and can then renominate themselves, or be by others, or others can be nominated for the roles - Chairperson, Secretary (Legal Officer of the Association), Treasurer, Vice Chair, other committee members. This 'Board' can be a small group or a large one, but not every person in the Association is on the committee of management (Board). It's always good to see that people are interested in being part of this great community group.

We had another great market thanks to the Business & Tourism group. We look forward to the November and Christmas events.

The Council elections are coming, the details of which are described on page 9. By the time this newsletter comes out the Council will be in caretaker mode, and we are all invited to stand as candidates for Councillors. I've always thought that its important for the small towns to have a voice on Council, more now than ever given the tightening funding problems, but my health no longer allows me to consider running for a third time. Are there other people in Penshurst who might be interested? Contact the Council and Electoral Office for more information. The position now actually pays what might be considered a living wage.

Wishing everyone a great fortnight.  
Ama Cooke.

## KIVI HUNWICK

### Neighbourhood Dog Walker & House Sitter

Available weekends and school  
holidays.

Parental supervision will be  
provided.

Help a girl buy her first horse!!!



0429 952 458

5576 5270

Friendly faces and helpful staff ...

**Penshurst Liquor & Grocery Store**

Open 7 days

**Opening Hours:**

**Monday - Friday**

7am - 7pm

**Saturday**

8am - 6pm

**Sunday**

8am - 5pm

80 Bell Street, Penshurst



Sandwiches & lunch packs available

Order your meat, fresh fruit & vegetables  
by phone for collection at your convenience

**Groceries - Bread - Frozen Foods**

**Beer - Wine - Spirits**

**Penshurst's News Agency**

“Perseverance is the hard work that you do  
after you get tired of doing the hard work you already did.” Newt Gingrich USA

**CHRISTOPHER COOK  
CONSTRUCTIONS**

**Ph: 0417 100 243**

**Fax: 5576 5267**



**HIA Reg CB-U 6214**

**DB-U 5109**

**112 Bell Street  
Penshurst Vic 3289**



- Agronomy Services
- Farm Production & Planning Management
- Seed & Fertiliser Supply
- Crop & Pasture Protection Products
- Animal Health & Nutrition
- General Merchandise
- On Farm Deliveries

Western AG's core objective is to provide high quality production advice and to supply competitively priced inputs to assist clients to grow the business profitably.

**Western AG Hamilton - T: 03 5579 5900**

Tim Wilson (Branch Manager) 0429 168 020

Matt Barber (Senior Agronomist) 0488 298 170

Damien Goodman (Agronomist) 0427 159 462

Geordie Elliott (Nutrition & Production) 0438 874 587

Meg Todd (Animal Health ) 0437 772 861

**Western AG Willaura - T: 03 5354 1585**

Glen Gray - 0439 541 036





“OK, so where would you like to start?”

It was a simple line that I happened to overhear. We were in the room with a coach who was speaking to one of their people on the phone. “OK, so where would you like to start?”

It’s a great opening line and invites the other person to be comfortable and divulge heaps so that the exchange may be as fruitful as possible.

It also highlights a certain selflessness. It’s not about the coach or the boss or whoever is the overseer. The focus is on ‘the other’ and how they may be best helped.

The place or the issue they start with is the most pertinent and burning issue to them and there is nothing worse than trying to quash this while there are trivialities that are being discussed. Do the big stuff, the hard stuff, the painful stuff first. Then everything else seems trivial.

It may be that the place you want to start and the issue you need to deal with first does not have easy or quick answers, but at the very least you feel as though you are being listened to and understood. This is important to me!

I wonder if this opening line would help all kinds of relationships and not just in the workforce or the sporting fields. What if the not so happy married couple began with “OK so where would you like to start?” Or what if our communities, our nation and inter nations might adopt this line, or at least, the good sense behind it.

The other line at the end of the meeting / chat is “OK, so what am I missing?” It might be painful, it might be contentious, but long term fruit, fruit that will last, will have the best possible chance of flourishing.

### “The acid of regret”

I’ve spoken before about the ingot of guilt. How we can carry it around and how it can encumber us and slow us down.

There’s a similar thing that I call ‘The acid of regret’. This is a slightly more insidious thing. It’s less easy to detect and harder to articulate.

Basically the regret of a past action or inaction, a word or deed can eat away at your future. It can con you into believing that you are not quite as strong, articulate, charming, witty or talented as you really are. Like an acid it gradually eats away at what might be in the future. It can limit all sorts of amazing possibilities not just for yourself, but for those who are closest to you and indeed to the wider community.

Try to be aware of when this insidious liquid might be at work when you look to the future.

Phrases like... ‘Oh no, I couldn’t possibly’... ‘that’s way right out of my league.’ ‘I’ve always wanted to try bun-jee jumping / snorkelling with sharks / eating snails / hot air ballooning, / running for parliament / cooking beef wellington... but ... I tried it once and the results weren’t glamorous’ ... are often a sign that the acid is doing its dastardly worst.

But what is it that is *really* stopping you? If it is something like you don’t have a head for heights, then it might be wise not to go parachuting. But if it is because of a flawed attempt three decades ago, then the acid of regret is probably at work.

We can always seek advice, be coached, or catch a You tube video to help us learn new things or retry old tricks. Be aware of the acid of regret. By the way, hot air ballooning is amazing.



Penshurst Pony Club

Winner of our raffle of Bunnings voucher at the market was Wendy Goyen from Frank Ingham.

Nobody made a greater mistake than he who did nothing because he could do only a little.

Edmund Burke

**Save the Date**  
**Saturday, October 26th @ 7.30pm**

**DOUBLE FEATURE**  
**DAMIAN CALLINAN**

Comedian & actor Damian Callinan is bringing this award winning comedy show to the ...

**Sterling Place**  
**Dunkeld Community Centre**

Tickets on Sale - September



# Penshurst Post Office

**31 Martin Street**

**Postal Services**

**Cards and Gifts**

**Stationery and Office Supplies**

**Collectables**

**Books**

**Craft Supplies**

**Tech Accessories**

**Bank @ Post**



**Post Office Boxes available**



## Caramut and District Garden Club

By Janet Shalders

There are two plants of hibiscus growing in my garden. One has large white flowers with a long pink stamen which flowers earlier in the year and this one which is out in June and grows on a west wall.

It is lovely looking out the laundry window to see the flowers and the honey eaters amongst the blooms.

There are around 220 different species including hot climate evergreen shrubs, small trees and a few deciduous ones. Temperate (us) shrubs as well and some annuals and perennials. The Chinese Hibiscus is the State flower of Hawaii.



They are easy to grow plants and thrive in sun and slightly acid, well-drained soil. The white flowering bush has a few branches growing under a shade cloth and I notice that these never have flowers whereas the main section is covered with blooms. Water regularly and feed during the flowering season. Neither of which I do. Lack of water meant the plants looked scraggly, but are lovely and green now with the rain. Flowering didn't seem to be affected. I mulch with sheep manure which keeps the weeds down and acts as a slow release fertilizer.

With the rain and the warmer weather, the weeds have really taken off. If possible, spending 15-30 mins a day in the garden will hopefully keep you on top of those annoying weeds. A thick mulch will also keep the weeds down. The mulch will eventually rot down and improve the soil. Sheep manure does a marvellous job of doing this and as a gardener once told me, it's a slow release fertilizer. Mulch will also keep the moisture in when the weather really heats up.

Weeds will make a good addition to the compost but don't include weeds with bulbs like oxalis or those with seed heads which would mean spreading to other parts of the garden when you use the compost.

The October meeting is Tuesday 8<sup>th</sup>, is at the home of Wes Rogers, in Hamilton. Members are to meet at the carpark of the Uniting Church in Hamilton at 10am. We will then follow David Young to the venue.

**A good garden is never finished and grows with personality.**  
- Thomas Jefferson.

*Visitors are always welcome. Phone Marita 0407 504 307 for more information.*

### Jokes about spaces

Have you heard about the man with an irrational fear of empty spaces? *Nothing scares him.*

Client: "I'm terrified of those big empty spaces people yell into." Therapist: "A void."

Client: "Good advice, thank you."

How do astronauts keep warm in a vacuum? *They bring a space eater.*

Aristotle said that nature abhors a vacuum. *This explains why the floor outside is covered in dirt.*

I got Inside a vacuum chamber once. *It was breath taking.*

**Penshurst Hair Design**



**Opening Days**  
**Tuesday,**  
**Thursday**  
**Friday &**  
**every second**  
**Saturday**  
**10am - 2pm**  
**By Appointment**

For appointments please ring

**Mobile: 0417 511 177**



Muscle Dysfunction?



Scan QR Code for more details

Leanne Cottrill  
 Remedial Massage Therapist  
 mobile 0407835479  
 13 French Street Penshurst 3289  
 36A Thompson Street Hamilton  
 3300  
<https://body-balance-on-french.au3.cliniko.com/bookings>



**Penshurst Store**



**Amanda & Cam Wilson**  
 0439 941 942

**Pop into the store and try some of our delicious pies, pasties and sausage rolls. Freshly baked bread, cakes and slices.**

**Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.**

**Phone orders and payments are welcome.**

**Monday - CLOSED**

**Tuesday to Friday - 7.30am - 2.00pm**

**Saturday – 8.00am - 2.00pm**

**Sunday - CLOSED**

**Café/Bakery**

**110 Bell Street, Penshurst**

**penshurststore@gmail.com**



**MEDIA RELEASE**

SOUTHERN GRAMPIANS SHIRE COUNCIL



10 August 2024

**UPCOMING ELECTION  
PERIOD PROTOCOLS  
EXPLAINED**

Starting at 12 pm on Tuesday, 17 September, the Southern Grampians Shire Council will enter the official Election Period ahead of the 2024 Local Government Elections. This period, often referred to as "caretaker mode," imposes specific communication and decision-making restrictions to ensure fairness and transparency throughout the election campaign.

The Council's communications will be scaled back during this time to maintain strict neutrality. Media releases, social media updates, and other forms of public communication will be significantly reduced. These restrictions mean that Council will be unable to even respond to comments on social media. This step is essential to avoid the perception that Council might favour any candidate, including current Councillors who may be standing for re-election.

Southern Grampians Shire Council CEO Tony Doyle said Council will continue to deliver its full range of services during this time, and there will be no disruption to the community's access to resources, facilities, or services.

"Although we'll be quieter during the Election Period, Council will still be fully operational and committed to delivering essential services," said Mr Doyle. "We're here to serve the community as usual, but with a focus on impartiality during this sensitive period. You can still expect to hear from us on critical updates, but it may feel less frequent."

The Election Period will run from 12 pm on Tuesday, 17 September 2024, until 6 pm on Saturday, 26 October 2024, when the voting closes. Following this, normal communications will resume.

For more information on the Election Period protocols or if you have any questions, please contact the Southern Grampians Shire Council on 55730444 or visit our website - [sthgrampians.vic.gov.au](http://sthgrampians.vic.gov.au).

**12 September 2024 Strong Turnout for Round One of Community Partnerships Grants**

Southern Grampians Shire Council is pleased to announce the awarding of \$121,436 worth of funding to community organisations for a range of initiatives through Round One of the 2024 Community Partnerships Grants, which closed on 31 July.

From sports to clubs to social causes, there was a little bit of everything in the applications this round. As always, there were some extremely passionate community members, and the Shire is very lucky to have such an engaged population.

This year 38 applications were received, reflecting the passion and dedication of our residents. The enthusiasm for making a positive impact in our community was clear, and we're grateful for the high level of engagement. These were assessed by members of the community partnerships grants assessment team.

Mayor Councillor David Robertson expressed his satisfaction with the outcome, stating, "We were very happy to see such enthusiastic participation in the community partnership grants program," "We have a community here in the Southern Grampians that Councils all over the country would envy. People here are involved in community activities, charity and volunteering at a much higher than average rate. Our residents really want to make a difference.

Continued page 12



**MEDIA RELEASE**  
SOUTHERN GRAMPIANS SHIRE COUNCIL



Partnership Grants  
(continued)

He continued “many of these grants will allow groups to continue to offer essential services, host events and field teams that they otherwise might not have been able to. It is our pleasure to use money from our reserves to help worthwhile causes to thrive.”

Some notable grants this year included \$15,000 towards kitchen facility upgrades for the Branxholme Wallacedale Football Netball Club, \$15,000 for Rotary Hamilton to put towards education for local young people around respectful relationships and the prevention of gender-based violence. \$2,500 was granted to the Antiques Muster at Dunkeld's Historical Devon Park and \$1500 was granted to the Cavendish Fleece and Flower Show.

The full list of approved grants was brought to the 11 September Council meeting for noting. All successful grants are available for public viewing on the Councils website, and we encourage everyone to take a look and celebrate the fantastic projects that will soon be taking shape across our Shire.

The next round of Community Grants will be opening in early 2025, keep an eye on Council socials and our website for more information.

### **16 September 2024 OUTDOOR POOL POLICY UPDATED TO ENHANCE COMMUNITY EXPERIENCE**

Southern Grampians Shire Council has introduced key changes to its Outdoor Pool Policy following the September Council meeting, aiming to better serve community needs while addressing operational challenges. These updates, driven by community feedback and data from the 2023-24 pool season, are designed to improve the overall management and accessibility of the Shire’s outdoor pools.

Southern Grampians Shire Council CEO Tony Doyle noted Council’s commitment to providing a positive, safe, and reliable swimming experience for all residents. “These changes reflect our focus on community input and data-driven decisions, ensuring that we’re meeting the needs of our residents while balancing operational demands and providing facilities that everyone can enjoy.” Key changes include:

- A new temperature threshold. The threshold for opening has now been standardised across all Council pools at 23°C. Attendance data showed a significant drop in visitors when pools drop below this temperature.
- On weekends from February through to the March long weekend, when the temperature is over 35°C, all pools will now open 12.00pm to 7:00pm. This recommendation arises out of the question around opening hours of pools, particularly outside the standard operating hours when the temperature is over 35 degrees. In the previous policy, this extension of hours on high temperature days applied on weekends only and only throughout January.
- Following feedback, Council have added a flexible end date to the season. Pools may remain open beyond the March long weekend depending on weather conditions and lifeguard availability.
- Early morning swimming sessions will now be held two day a week instead of three at both the Hamilton and Coleraine Outdoor swimming pools to reflect lower attendance at these sessions and issues staffing at these times.

“These updates highlight our focus on ensuring that our outdoor pools remain a valuable and enjoyable resource for the community,” Mr Doyle added. “We’ve listened to feedback and tailored our services to make the most of the facilities while addressing the operational realities of running multiple pools.” Council looks forward to a fantastic summer season at our outdoor pools.



**MEDIA RELEASE**

SOUTHERN GRAMPAINS SHIRE COUNCIL

**COUNCIL ADOPTS NEW  
HAMILTON CBD  
PARKING POLICY**

Southern Grampians Shire Council has adopted a new Hamilton CBD Parking Policy at the September meeting this week. The decision was informed by feedback from the Hamilton Regional Business Association (HRBA) and local residents who voiced their concerns regarding the existing parking system.

The new policy aims to improve the management of parking resources in the CBD while balancing the needs of businesses, visitors, and residents. It introduces changes designed to make parking more efficient and user-friendly, based on community input.

**Key Changes in the New Policy:**

- **Additional Parking Meters:** Nine new meters have been installed to reduce the distance between meters, making it easier for users to pay for parking.
- **Updated Paid Parking Times:**
  - On Fridays, parking restrictions will now end earlier, at 5:30 PM instead of the previous 8:00 PM, providing more convenience for evening shoppers and diners. All other parking will remain as per existing signage.

Mayor Councillor David Robertson praised the community for their involvement. "We are grateful to everyone who took the time to share their thoughts with us. We thank HRBA for presenting the concerns of local businesses, and this updated policy reflect the feedback we've received. By making these adjustments, we've ensured that parking is more accessible and fairer, benefiting both businesses and the public", Cr Robertson said.

Council emphasised that any future changes to the parking policy would continue to be driven by community consultation. "We are always open to feedback, and this policy will evolve as needed to ensure it meets the needs of the community," Cr Robertson added.

For more information on the new parking policy and to stay updated on any future consultations, please visit the Southern Grampians Shire Council website or contact our office.

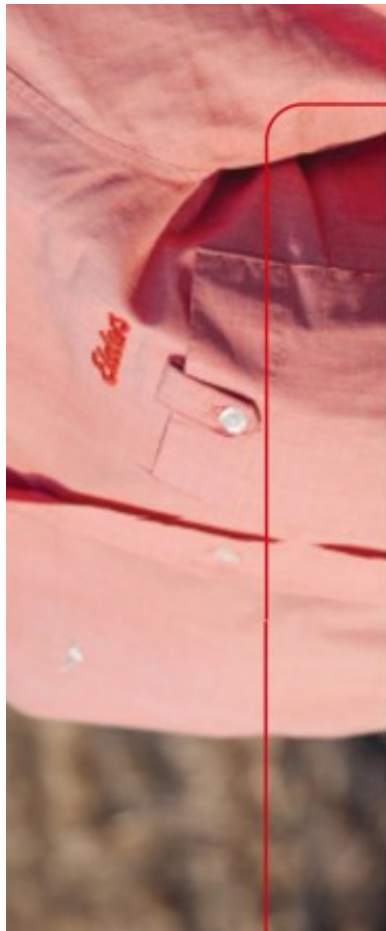
**SPRING SCHOOL HOLIDAY PROGRAM IS HERE**

Southern Grampians Shire Council is pleased to announce an exciting lineup of school holiday activities that promise fun, learning and adventure for children and teens alike.

From obstacle courses to cutting-edge virtual reality gaming, these school holidays will be packed with memorable activities for young people of all ages.

Southern Grampians Shire Council CEO Tony Doyle shared his excitement about the upcoming program. "Our school holiday programs are always a highlight for the community, so we're thrilled to offer activities that are not only fun but also help children and teens explore new trends and technologies in an exciting way. This Spring, we have made it easier for families to access all of Council's school holiday activities in one place for our much-loved services including the Library, HILAC, Cinema, Hamilton Performing Arts Centre and Gallery.

"A new section has been added to Council's website, with everything you need from flyers to detailed event breakdowns organised into two categories with one for children (ages 3-12) and one for youth (12 and up). This streamlined format means everything is now easy to find in one place,



# ELDERS HAMILTON

*Proud to be a supporter of local communities*

**BRANCH MANAGER & RURAL**

**REAL ESTATE**

Lachy Patterson 0407 704 684

**WOOL**

Andrew Howells 0418 846 291  
 Kate Methven 0488 415 883  
 David Whyte 0407 347 203

**State Wool Manager**

Lachie Brown 0409 645 915

**LIVESTOCK**

Aaron Malseed 0407 782 286  
 Jordy Anthony 0407 649 925  
 Dillon Dawson 0438 054 593

**STUD STOCK**

Ross Milne 0408 057 558

**MERINO STUD STOCK & WOOL**

Kevin Beaton 0474 757 578

**FARM SUPPLIES**

Ryan Gerring 0439 699 110  
 Damon Hiscock 0439 671 046  
 Rob Browne 0427 315 793  
 Rod Evans 0498 750 125  
 James Whyte 0458 322 094

**AGRONOMY**

Mark Rouse 0473 444 288  
 Gabby Redpath 0438 903 123

**SALES SUPPORT**

Ann Hiscock 5551 5700  
 Wendy Kerr 5551 5700  
 Annaleace Dohie 5551 5700  
 Maggie Craig 0427 976 179

100 Portland Road,  
 Hamilton P. 03 5551 5700  
 E. hamilton@elders.com.au  
 elders.com.au



**SPRING SCHOOL HOLIDAY PROGRAM IS HERE (continued)**

making it simpler than ever to stay informed and plan-ahead.

“There’s something for every taste this spring, whether the kids are helping catch a crocodile, craft a robot, or take on a virtual reality basketball experience, we can’t wait to welcome families into our services,” concluded Mr Doyle.

Here’s a sneak peek at the must-attend events this holiday season:

**Week One Highlights**

Tuesday, 24 September – Crocodile Hunt at HILAC

Calling all adventurers aged 3-8! Join the Library at HILAC for a thrilling Crocodile Hunt. Kids will navigate through a fun obstacle course as they act out the Crocodile Hunt story. Limited tickets available - pick yours up from the Hamilton Library today.

Wednesday, 25 September – The Wild Robot Screening & Craft Activity

Get creative with a special robot craft session followed by a screening of The Wild Robot at the Hamilton Cinema. Bookings are essential, so don’t miss out! Reserve your tickets at the library now.

Thursday, 26 September – Level Up Gaming Event

Gamers aged 12-18, this one’s for you! From VR to the latest consoles, the Hamilton Performing Arts Centre will be transformed into a gaming paradise. With table tennis, chill spaces, and free snacks, it’s the ultimate gamer hangout. RSVP’s are required via a QR link in the School Holiday program.

**Week Two Highlights**

Tuesday, 1 October – Basketball Virtual 2 Reality

Join the Library and HILAC to experience basketball like never before. Enjoy a 30 min VR basketball experience followed by a 45 min 3x3 reality basketball skills session. Combine the best of tech



## A PAGE TO SHARE RECIPES

**Whipped Brie Dip**

Prep Time 30 mins    Cook time 10 mins    Serves 10

From taste.com.au

## INGREDIENTS

2 x Coles Finest By Laurent White

Sourdough Rolls

80g streaky bacon rashers, finely  
chopped

3 x 200g Coles Triple Cream Brie

Fresh thyme leaves, to sprinkle

Coles Queensland Macadamia Honey,  
to drizzle

## METHOD

## Step 1

Preheat oven to 180C/160C fan forced. Line two baking trays with baking paper. Cut the rolls into 1cm-thick slices. Place on the baking trays. Spray with olive oil. Bake for 8-10 minutes or until golden and crisp.

## Step 2

Meanwhile, cook the bacon in a frying pan over medium heat for 3-4 minutes or until golden and crisp.

## Step 3

Cut the rind off the brie and discard. Chop the brie. Use electric beaters to beat brie for 8-10 minutes or until pale and fluffy.

## Step 4

Spoon whipped brie onto a serving plate and use the back of a spoon to spread out. Sprinkle with the bacon and thyme. Drizzle with the honey. Serve with the croutons.

**Garlic Bread**

35cm baguette

60g butter, softened

2 garlic cloves, crushed

1 tbsp fresh flat-leaf parsley  
leaves, finely chopped

## · Step 1

Preheat oven to 220°C/200°C fan-forced. Cut bread into 2.5cm-thick slices without cutting all the way through.

## - Step 2

Combine butter, garlic and parsley in a bowl. Season with salt and pepper. Spread mixture over cut sides of bread slices. Wrap loaf in foil.

## · Step 3

Bake for 12 to 15 minutes or until butter is melted and bread crisp. Serve.

### Penshurst Shed

Open

Saturday & Tuesday  
10am - 4pm

Talk to the crew for more information about the Shed and its activities. We are open for everyone.

**Contact**

Tom Cooke 0488 557 345



### SPRING SCHOOL HOLIDAY PROGRAM HERE (continued)

and sport for a thrilling afternoon. Bookings essential through the Library.

Friday, 4 October – Lego Building Competition: What Lies Beneath

Let your imagination run wild with our Lego challenge as we explore ant cities beneath the earth's surface.

Design and build your own masterpieces and show off your engineering skills. Join the Library in this activity at the Coleraine Mechanics Hall.

For full details and booking information, please visit Council’s website at [www.sthgrampians.vic.gov.au/Our-Services/School-Holiday-Programs](http://www.sthgrampians.vic.gov.au/Our-Services/School-Holiday-Programs).

Media enquiries: Jeff Greene,  
0460 321 634,  
[Jgreene@sthgrampians.vic.gov.au](mailto:Jgreene@sthgrampians.vic.gov.au)



**DAN TEHAN MP**  
FEDERAL MEMBER FOR WANNON

*Working for Wannan*

Local Call 1300 131 692

190 Gray Street Hamilton 3300

[www.dantehan.com.au](http://www.dantehan.com.au)

[dan.tehan.mp@aph.gov.au](mailto:dan.tehan.mp@aph.gov.au)

DanTehan

DanTehanWannon





Mount Rouse Puzzler

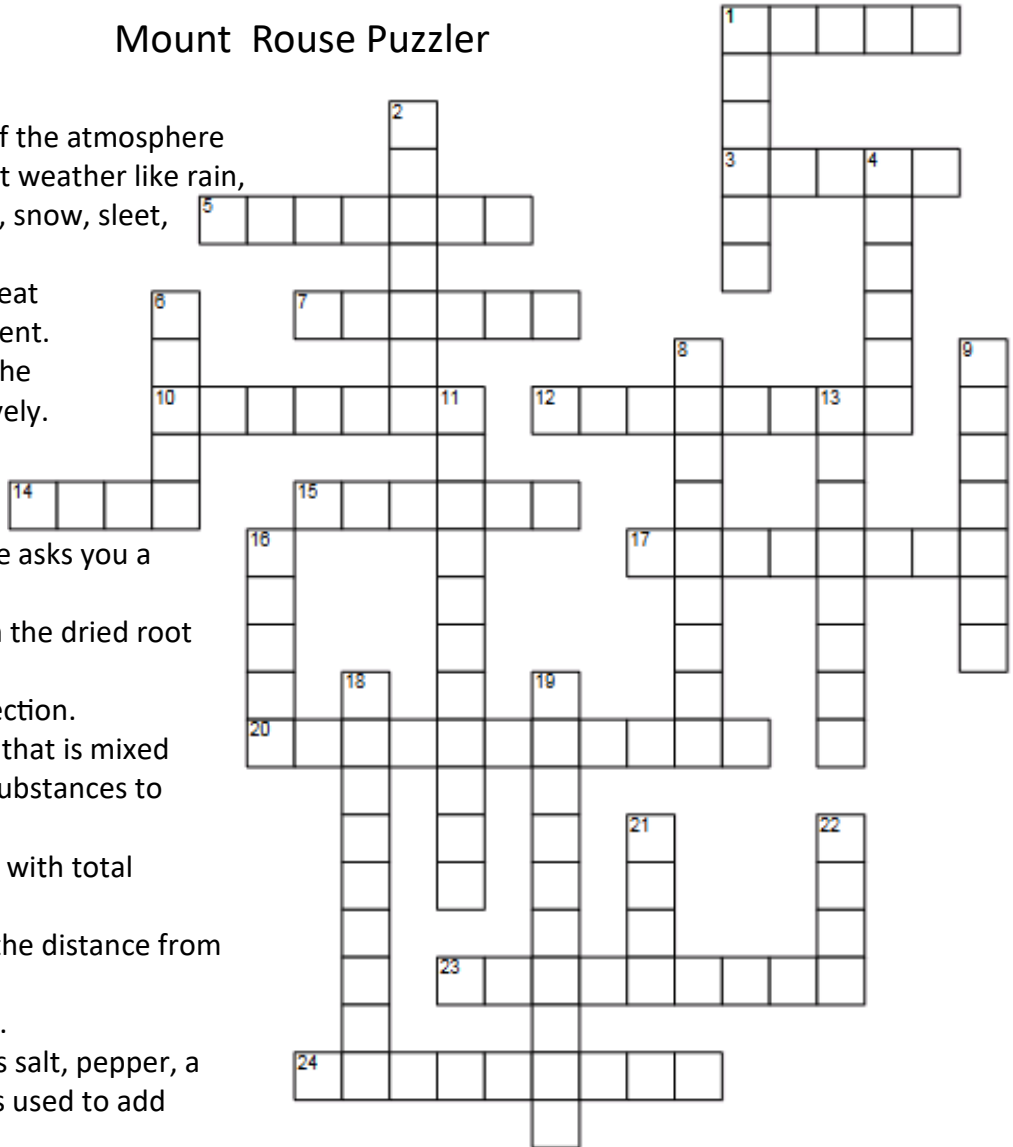
**Across:**

- 1: Very large.
- 3: An disturbed state of the atmosphere that creates unpleasant weather like rain, lightning, thunder, hail, snow, sleet, and freezing rain.
- 5: Done or said with great enthusiasm or excitement.
- 7: The phenomena of the physical world collectively.

- 10: Something you say or write when someone asks you a question.
- 12: A candy made from the dried root of a European plant.
- 14: Deep feeling of affection.
- 15: A soft gray powder that is mixed with water and other substances to make a hard surface.
- 17: A person who rules with total power.
- 20: The act of proving the distance from place to place.
- 23: A period of 14 days.
- 24: A substance such as salt, pepper, a spice, or an herb that is used to add flavour to food.

**Down:**

- 1: A machine that has a narrow blade for cutting curved lines in thin pieces of wood, metal, plastic, etc, piece by piece.
- 2: A raised area on the skin that contains clear liquid and that is caused by injury to the skin.
- 4: A difficult question that is asked as a game and that has a surprising or funny answer.
- 6: Behaving in a relaxed, confident, and pleasant way in social situations.
- 8: A situation in which people are uncertain about what to do or are unable to understand something clearly.
- 9: Air relates to swindler and dishonesty.
- 11: Brilliant, fantastic.
- 13: Shaped like a circle or part of a circle.
- 16: An area of activity, interest, or knowledge.
- 18: A brown bird with a round body and short tail that is often hunted for food and sport.
- 19: Something or someone that provides a large amount of something.
- 21: To damage something so badly that it is no longer useful, valuable, enjoyable, etc; that which remains to be seen.
- 22: A type of skirt traditionally worn in Scotland.



Crossword answers from last newsletter: **Across:** 1 shoulder, 5 ticket, 6 paralysed, 9 enjoy, 13 jetstream, 15 design, 16 society, 17 debate, 18 layout, 20 property, 22 syndrome, 23 counter, 24 slime. **Down:** 1 sown, 2 surprised, 3 reaction, 4 moonlight, 7 repetition, 8 contrary, 10 stress, 11 windy, 12 biscuit, 14 explosion, 19 amber, 21 neutral.

**Community Meetings****Boram Boram Cemetery Trust**

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

**Caramut & District Garden Club**

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

**Penshurst Hospital**

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

**Penshurst Social Support Group**

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre, - Penshurst Hospital. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

**Mount Rouse & District Historical Society**

- Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

**Friends Yatmerone Reserve**

- Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

**Lions Club of Penshurst & District**

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313

**AmbulanceVictoria**

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

<https://www.ambulance.vic.gov.au/careers/become-a-first-responder/>

**Penshurst Bowls Club**

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

**Penshurst Pony Club Rally**

- 1st Sunday each month. Phone Jenni 0409 962 969

**Penshurst Senior Citizens**

- Meets at the club rooms in Bell Street.
- Bingo.

**Penshurst Church Services****Bethlehem Lutheran Church Tabor**

Service every Sunday 10.00am

**Penshurst Anglican Church**

5pm Mass 4th Sunday each month

For further details contact  
Fr. David Oulton 0435867040

**St Andrew's Uniting Church Penshurst**

2nd & 4th Sunday

11am Service

**St Joseph's Catholic Church Penshurst**

1st Sunday No Service

2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am



## Science with Dr Karl: How planes fly!

For the kids

Planes! Have you ever watched a plane fly over and wondered how on earth it can soar through the clouds so effortlessly? I always feel amazed when I see that giant double-decker plane, the incredible A-380. It weighs nearly 600 tonnes – as much as a small ship – and yet it can *fly*!

A plane's wing is basically an 'air deflector': the wing pushes air down and, in return, the air pushes the wing up. So, the A-380 can stay 12,000m above the Earth because it is constantly pushing air down. This is called 'lift,' one of the four things a plane needs to fly.

Think of a tiny plane, such as the single-engine, four-seater Cessna 172. It weighs just over a tonne (that's *one 600th* the size of the A-380!). When it's flying at 220km/h, its wings are pushing about five tonnes of air per second down towards the ground. The A-380 would need to push down *a lot* more air than that to stay in the sky!

But *how* does it work? Imagine you're in a swimming pool, and you're moving a table tennis paddle horizontally through the water. Now, if you tilt the paddle upwards a little at the front as you move it along, the paddle tries to rise towards the surface. This is the same effect that the air has on a plane's wing.

On large passenger jets (like the ones you might have travelled in on a holiday), the wings are joined onto the plane's long body at an angle of about 5-10 degrees, tilting upwards at the front. Just like the paddle, this causes the plane to rise up (and stay up) – high in the sky!

The three other elements needed for a plane to fly are weight, thrust and drag. The plane stays balanced in-flight because of how the weight is distributed – you don't want the plane to be nose-heavy or tail-heavy!

Thrust is the force that moves the plane forward. Propellers or jet engines produce the thrust, just like a (smaller!) engine propels a car forward.

Drag *slows* the plane. You can feel drag when you walk against a strong wind. Planes are designed to let air pass around them with minimal drag, so that they can travel forwards with ease. A plane flies when all four forces – lift, weight, thrust and drag – work together.

**DID YOU KNOW?** A plane's ability to fly can be explained through a scientific theory called Newton's Third Law of Motion. This law states that 'for every action, there is an equal, but opposite, reaction'.

**DID YOU KNOW?** You can earn over \$1 million for solving a maths problem! The Clay Mathematics Institute in the USA has seven problems up on their website. One of them deals with how air flows – yep, something that we still don't completely understand!

**DID YOU KNOW?** In 1640, a physicist by the name of Evangelista Torricelli discovered that air has weight. At sea level, one cubic metre of air weighs about 1.25kg!



Leonardo Da Vinci's drawing for a flying machine from 1505 CE

Mt Rouse News & Views  
Community Newsletter

Published by  
**Penshurst Progress Association Inc**

ABN 35 622 662 815

**“Mt Rouse News & Views Community  
Newsletter”**

is the registered business name of the  
Penshurst Community Newsletter

Registered Address: 21 Martin Street,  
Penshurst 3289

**DEADLINE FOR CURRENT SUBMISSIONS -  
Saturday 28th September 2024**

The newsletter will be published on  
Wednesday fortnightly and we would  
appreciate submissions at the earliest  
possible time within the fortnight but  
no later than the Saturday immediately  
prior to the Wednesday of publishing.

**Editor : Ama Cooke**

All correspondence to:  
mtrousenewsletter@gmail.com

Also available in colour online at  
[www.penshurstvictoria.com.au/  
Penshurst%20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

**Newsletter Advertising Rates  
(Per Issue, includes GST)**

**Full page B&W** \$22

**Full page colour** \$25

**1/2 page** \$12

**1/3 page** \$8.80

**1/4 page** \$6.60

**Business Card** \$4.40

Our newsletter is free thanks to the  
continuing support of our advertisers.

Thank you.



**Mt Rouse News & Views  
Community Newsletter**

**Sponsor our colour front page**

Would you like to sponsor the colour  
front page of our community  
newsletter?

Other pages can be sponsored too.  
Cost is \$25 per page per issue.

All profits earned by advertising in this  
newsletter help the Progress Association  
achieve and support community projects.

For more information  
contact Ama 0402 870 738



**Mobile Library**

Will be visiting Penshurst  
every Thursday fortnight  
3.00 - 4.00pm

**Outside the Hall in Martin St**

Date for September 26th  
October 13th & 27th?

**Phone: 5573 0470**

[www.sthgrampians.vic.gov.au/library](http://www.sthgrampians.vic.gov.au/library)

**LIKE US ON FACEBOOK  
GREATER HAMILTON LIBRARY**