Year 7 Edition 14 5th March 2025

#### MT ROUSE News & Views



Community Newsletter

## Congratulations Penshurst Bowling Club Great Reasons for Celebrating



### We won the premiership first time since 1962

Above: The combined Mens first and third division teams.

With thanks to our sponsors for this colour front page.

See pages 2 & 8 for more highlights

#### PAGE 2 MT ROUSE NEWS & VIEWS We won the premiership!

Wrapping up the season the Penshurst Bowling Club is celebrating their Men's first division win, 79 to 47, against Portland, and the third division's coming home at the end to secure second in a narrow game.

In the 68 year history of the club, this is their fourth ever club Premiership, and the very first championship win for the first division! As one member told me\*, "On the back of the success of the Penshurst Bombers last year, we sure are one town to fear on the sports front!



Above: Our division 1 premiership team.

"The bowls season is between the local footy season starting in October through to February. Our most popular nights are Thursday, and a barefoot bowls program run on Friday nights in January and February."

The club welcomes new members of all ages, whether as players or for the social scene. Their latest member is a teenager. The clubhouse is open for private functions and local schools use the facilities as well.

> For more information contact President Mick Ross 0427 765 372 or Secretary Ali Rentsch 0427 555 973.

\* Editor

#### Emma **KEALY** N

NATIONALS MEMBER FOR LOWAN





34 Firebrace St, Horsham (



5571 9800



emma.kealy@parliament.vic.gov.au

#### MT ROUSE NEWS & VIEWS

#### **Caramut and District Garden Club**

#### **Fertilisers**

No doubt you have heard of NPK fertilisers and trace elements.

**N** stands for Nitrogen. This gives plants a lush green colour. Lawns and lettuce being big nitrogen users. If only nitrogen is used, your plants end up soft and lush that will wilt under the stress. I have heard that if the men urinate under a lemon tree, the tree does very well.



**P** is for Phosphates. Plants that are establishing, or those that develop a rapid root run, generally need additional phosphates. Phosphates are not very mobile in the soil so add them where you expect them to be used, that is, right at the feeder root zone.

**K** is for Potassium which is generally attributed with producing better flowers on plants. In winter, telltale purple flecks on the leaves of container plants in particular, signal a potassium deficiency. This is best added in spring when the plants are starting their growth and daily sunlight increases.

If you wish to apply artificial fertilisers, read the packets well or seek professional help as plants need a mixture of all these in the right mixture. Be Warned though. Too much of a good thing can cause problems with a build up of salts caused by over fertilising. If this is the case, half a metre of soil will need to be removed and replaced with fresh top soil.

Me? I'm too Scotch to spend money on artificial fertilisers preferring natural products. Such as spreading sheep manure as a mulch which as someone said is, "a slow release fertiliser." I have been given horse manure but yet have to prove its worth. Trouble is with horse manure, it should be crushed rather than placed directly. Cow manure would also be beneficial. Autumn leaves, grass clippings, or compost as far as I'm concerned are much easier to use and apply. Mulching keeps the soil cool or warm, depending on the weather. It also keeps the weeds from growing. I have also heard that seaweed is great for plants as it has a mixture of trace elements.

The next meeting and garden tour is on Tuesday March 11<sup>th</sup> at 10am at the home of Nita Blackwood 16 Koronghah North Rd. Rosebrook. Coming from Warrnambool and turning off the highway into the road is quite dangerous so be careful of oncoming vehicles.

Visitors are always welcome. Ring Marita for further information. O437 669 839

#### Just for Fun.

Two men were discussing the greatest mysteries in life. One of them said,

"You know what I can't figure out? Where do all the missing socks go after doing the laundry? I've never seen a single missing sock reappear!"

The other man nodded thoughtfully and replied, "You know, I think they come back as Tupperware lids that don't fit any of you containers!"



#### MT ROUSE NEWS & VIEWS



#### DAN TEHAN MP

FEDERAL MEMBER FOR WANNON



- Local Call 1300 131 692
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Authorised by Dan Tehan, Liberal Party of Australia, 190 Gray St Hamilton VIC 3300

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#### MT ROUSE NEWS & VIEWS





#### YOUR COUNCIL, YOUR COMMUNITY

#### Local Organisations Join Forces to Support Farmers in the Wake of Bushfires

Southern Grampians Shire Council together with Glenelg Hopkins Catchment Management Authority (GHCMA) and Bunnings Hamilton are working together to help support local farmers following the Grampians fires.

A series of measures has been enacted to restore the quality of land and water following the recent fires. One measure that has seen significant success is the supply and installation of sediment traps around dams to stem contamination.

Bushfires can strip away vegetation and damage soil, causing ash and sediment to wash into water sources when it rains. To protect water quality, sediment traps made from biodegradable coir logs have been implemented.

Coir logs are an eco-friendly compressed coconut fibre that blends into the environment.

Southern Grampians Shire Council Mayor Dennis Heslin says the fires have taken an enormous toll on our local communities.

"At the end of January GHCMA begun working on properties in Mirranatwa, helping farmers restore their vital water sources. The response has been overwhelmingly positive, with property owners expressing their heartfelt gratitude for the support.

These traps filter out contaminants before they reach dams, are quick to install, and offer immediate help to affected farmers. They can also be reused as vegetation recovers, ensuring both sustainability and practicality.

"Thanks to the tireless efforts of over 1,000 firefighters and volunteers, we've seen the emergency bushfire activity within the region reduce. The recovery for our tourism, business and farming community will be felt for a long time but the strength of our community shines through in every act of generosity and collaboration," concluded Cr Heslin.

A huge thank you to Bunnings Hamilton for your generous donations and to the GHCMA team for all your hard work. Together, we're supporting our farmers and ensuring a sustainable future for our community.

For any future community requests and enquiries, or if you have items you wish to contribute to this project, please contact Lisa McIntyre advance@bigpond.com.

Council would like to acknowledge and thank everyone who has shown and continues to show their support for those impacted.

To stay informed and up to date with all council news, subscribe to our Enews today.

#### Small Acts, Big Impact: Council Joins Statewide Recycling Campaign

Southern Grampians Shire Council is participating in the *Small Acts, Big Impact* campaign, an initiative powered by Sustainability Victoria that aims to improve recycling habits and reduce waste contamination across the state.

Continued page 10

#### MT ROUSE NEWS & VIEWS



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## Farmers & Craft Market

9am - 1pm

## Sunday, March 16th

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#### PENSHURST MEMORIAL HALL

#### 2025 Market Dates:

Sunday, May 4th

Sunday, October 12th

Sunday, November 9th

Sunday, December, 14th

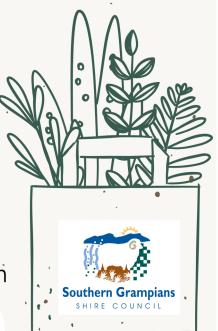
#### STALL HOLDERS WANTED!

Email Sarah for an online application form penshurst3289market@gmail.com





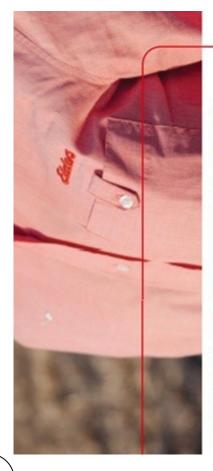
@penshurst3289market



**Penshurst Bowling Club Premiership** 

**Congratulations Avril** 

#### ROUSE **NEWS** & VIEWS



Avril is a first year player.

of the Novice Singles.

against other first year

**Avril Ross of Penshurst** 

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E. hamilton@elders.com.au Hamilton P. 03 5551 5700 100 Portland Road,



Corangamite regions. Another great award

Warrnambool and players from the

Semi-final Avril 21 shots to Linda Swan, Heywood, 5.

Camperdown, 20 shots. Final Avril 21 shots to Keira Johnston,

"The art of true sportsmanship is not only shaped by winning, but by being able to embrace defeat, respect and participating with integrity."

– Wayne Chirisa

"Games give you a chance to excel, and if you're playing in good company you don't even mind if you lose because you had the enjoyment of the company during the course of the game."

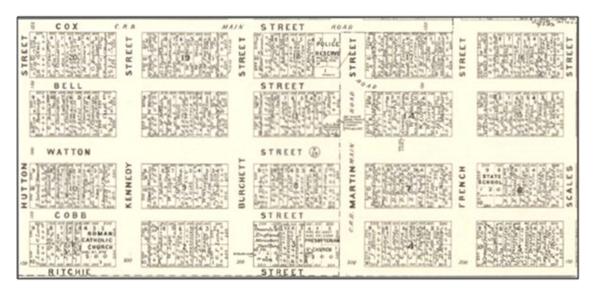
Gary Gygax

#### PAGE 9 MT ROUSE NEWS & VIEWS

Interesting glimpses into Penshurst's history -

#### NAMING PENSHURST'S ORIGINAL STREETS, 1851

By Phil Doherty, Mount Rouse & District Historical Society Inc, Part 1
Reprinted with permission



#### 1. BELL STREET:

Edward Bell arrived in Sydney 1839. He quickly gained partners and they purchased a run on Lake George, NSW - solely to acquire assigned servants (which were provided to landholders by the government). Edward set out to Port Phillip, with approximately twenty staff, no experience in livestock, droving 1200 head of cattle and 30 horses.

Edward met up with the Bolden Bros on the Murray River. (The Boldens settled most of the land around Warrnambool and Port Fairy). Edward arrived in Melbourne Nov 1841, where most of the cattle were immediately sold to butchers. Then with a dray and stores, he started for the Western District with the remainder of the herd, about 300 head.

At the Grange, a police magistrate, Mr. French was establishing himself, and in June of that year (1842) Bell had the honour of being appointed a Magistrate to assist French on the bench. Bell and partners settled on Englefield, Glenelg River as their heifer station.

In January 1846 Bell exchanged the Englefield run with Mr. Clerk for another run near Mt. Rouse, which he named The Green Hills.

The original station of Mumumberick (south east Mt. Rouse) of which The Green Hills formed a part, was taken up in 1840 by Matthew Gibb, for Capt. Swanston. It was sold in 1843 to Robert Clerk.

#### 2. BURCHETT STREET:

The Burchett Bros arrived in Port Philip in August 1839. By December they had squatted on what was to be The Gums run near Mt Rouse. The three brothers, Henry (1820-1877), Charles Gowland (1817-1856) and Frederick (1824-1861) held opposing views on the best stock for the run to carry.

In 1843 Charles started a business in Melbourne and sold his share to his brothers who retained ownership of The Gums until 1849.

#### PAGE 10 MT ROUSE NEWS & VIEWS

#### NAMING PENSHURST'S ORIGINAL STREETS, 1851

(continued)

Although Henry had held an equal share in the property (1843-49), he relocated all his stock to "Coree", Port Fairy. The Gums was eventually sold to Henry Gottereux.

#### 3. COX STREET

John Cox was born at Clarendon, Van Diemans Land in 1813. Cox was involved in whaling and storekeeping at Port Fairy. He took up the "Mt. Rouse" run which was centred on the abundant fresh water spring in late 1839.

In April 1842 he was ejected from the run so the government could integrate it into the Mt Rouse Aboriginal Protectorate Station. Cox then took up the "Weerangourt" run. By 1847 Cox was a local magistrate. He died in 1853, at sea, on a trip to England.

#### 4. COBB STREET

Patrick Codd. There seems to be a spelling error in the name as C.C. Horrell, who surveyed the township of Penshurst in 1851, marked Patrick Codd's grave as Cobb's grave.

In December 1839 Codd was acting superintendent for the Wedges run at the Grange Burn when he shot and killed the much celebrated leader of the Kolor tribe, Tunrap - Warneen. In early 1840 Codd was working as Cox's overseer at Mt Rouse and was himself killed by Figara Alkepurata (aka Roger) in retaliation.

#### 5. FRENCH STREET

Acheson Jeremy Sydney French (pictured right) was the sixth son of Robert French, Monivea (Monivae) Castle, Galway, Ireland. Acheson French was the most important person in the early years of the Hamilton district. He took out a licence for the Monivae run in 1841 then later appointed the first Police Magistrate in the district. French married Anna Watton, daughter of Dr. John Watton (later of Penshurst). He died in a diving accident at the St. Kilda swimming baths 29<sup>th</sup> January 1870.

#### **6. HUTTON STREET**

William Hutton was one of the earliest settlers of Port Philip. He held the very first licence for depasturing stock on Crown land in the Pt Philip district. He moved from the Salt River (Maribyrnong- Keilor) to "Gazette" in 1844. William died in 1862.

David Hutton was born 1808 and landed in Tasmania in 1836. He spent ten years in Tasmania arriving in Portland in 1846 and then to Mount Rouse. He leased "Purdeet" (later renamed Cheviot Hills after the region in southern Scotland) from the Crown in 1852. David was a Shire Councillor from 1864 to 1871. He died 1875.

Continued next fortnight

Progress, far from consisting in change, depends on retentiveness. When change is absolute there remains no being to improve and no direction is set for possible improvement: and when experience is not retained, as among savages, infancy is perpetual.

Those who cannot remember the past are condemned to repeat it.

George Santayana - Philosopher, essayist, poet and novelist.

#### MT ROUSE NEWS & VIEWS





Small Acts, Big Impact

We all want to do the right thing when it comes to recycling, but research shows that while Victorians have good intentions, there's often confusion around what can and can't go in our bins. That's where *Small Acts, Big Impact* comes in—arming our Southern Grampians community with the knowledge and confidence to sort waste properly and make a real difference to our environment.

Southern Grampians Shire Council Mayor Dennis Heslin said the campaign is a great opportunity for residents to learn what items can be recycled. "Thanks to funding from Sustainability Victoria, Council's Sustainability Team has developed a locally tailored education campaign that will help residents recycle smarter and reduce waste," he said. "The campaign will focus on improving the sorting of mixed recyclables and FOGO (Food Organics and Garden Organics) bins, while also tackling common contamination issues that were identified in the Bin Audit that Council conducted in November 2024."

Over the coming weeks, residents can expect to see *Small Acts, Big Impact* messaging rolled out through traditional and social media channels, to ensure we reach every corner of the Shire. To help keep recycling information front of mind, Council will also be sending out fridge magnets and educational flyers with clear guidelines on what belongs in your bins.

#### What's the goal?

Council is aiming high, with a target to: Reduce contamination in recycling bins by **10%** by June 2025. Reduce contamination in FOGO bins by **3%** by June 2025.

In order to measure progress, a follow-up bin audit will be conducted later this year to see just how much our collective efforts are paying off. Every small act—whether it's rinsing out containers, keeping soft plastics out of the recycling bin, or ensuring food scraps go into the FOGO bin—adds up to a big impact for our environment and community. By working together, we can create a cleaner, more sustainable future for the Southern Grampians.

For more information on correct recycling and waste disposal, visit Council's website or check out the *Small Acts, Big Impact* initiative at Sustainability Victoria. https://www.sustainability.vic.gov.au/

#### **COUNCIL STRONGLY OPPOSES EMERGENCY SERVICES VOLUNTEER FUND LEVY**

Southern Grampians Shire Council is calling on the State Government to urgently reconsider the implementation of the Emergency Services Volunteer Fund Levy (ESVFL) which replaces the Fire Services Levy from July this year.

Council fully supports emergency services and recognises the invaluable contributions of volunteers. However, the new ESVFL in its current form is inequitable and unsustainable. The levy operates as a state-imposed tax, which Council will now be required to collect through rates. Southern Grampians Shire Council Mayor Dennis Heslin says this levy is an unfair cost shift onto rural communities already struggling with economic challenges.

"Councils are being forced to collect a tax that disproportionately impacts our residents, at a time when cost-of-living pressures are already severe. "Based on the data currently available from the state, for residential properties in Southern Grampians Shire, the charge will Continued page 16

#### PAGE 12 MT ROUSE NEWS & VIEWS





Amanda & Cam Wilson 0439 941 942

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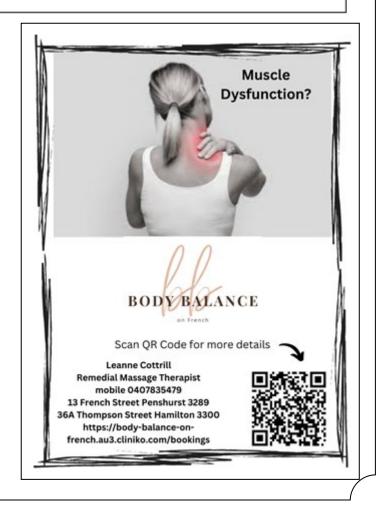


Talk to the crew for more information about the Shed and its activities.

We are open for everyone.

Contact

Tom Cooke 0488 557 345



#### PAGE 13 MT ROUSE NEWS & VIEWS



#### The sound of silence

I'm typing this with one of my ears heavily waxed. I am given to understand that this is not like having your legs waxed, but an experience which lasts much in time with quite different outcomes.

I expect that this situation will last a few very annoying weeks when I visit a medical guru who will get out their 'dewaxing gun' and make my hearing all better again.

But in every 'adversity' (and really it's not a life threatening ailment no matter how much of a 'woosey boy patient' I want to play) there are valuable lessons to be learnt.

There are countless people in our community who live 'deafness' as a part of their everyday, humdrum, routine life. Some live with hearing aids, some have learnt to 'sign', some have devised other tricks to help them survive. It is highly likely that I have spoken to and listened to many such people. Perhaps dear reader you are one of them.

Hear then I must say a hearty and heartfelt sorry for it is inevitable that I have not listened and been as patient and as understanding as I should have. I have more sympathy for you now than in the past and while I hope that my situation is resolved swiftly, your condition may well be permanent. If I have misjudged, misinterpreted and not been as patient as I would have, could have, should have, then know that I will try to do better and go more like a glacier in my judgment and decision making. On retreat I savour silence. There the sound of silence is delicious and much needed. This sound of silence is not nearly as much fun, but I take to heart and into my life, the noisy lessons it has thrummed into me.

#### The lie I believed

My father died swiftly and unexpectedly.

The whole thing was shocking and surreal at the time.

One of the many things to come out of it was the brutal realisation that one day it will be my turn. With the generation ahead of me now gone I was 'next in line.'

'Hec', I thought. 'I better have something in place for when I die.'

So I phoned a funeral director that I knew well and I put the kettle on. While I was waiting I thought, 'This is going to be a cinch. I've watched this process lots of times.' In fact, it was brutal and confronting.

We went through everything and at the end of the process he handed me a piece of paper. "Now David, this is what we have agreed upon".

As I took the piece of paper a little voice whispered a lie to me. 'This is what your life amounts to. This one bit of paper sums all there is about David Oulton'.

Now typing it out and reading it, I can see how ludicrous the lie was, but at the time... it was quite plausible and for a few fleeting seconds I believed the lie.

The truth is actually something quite different, right at the other end of the spectrum in fact. No bit of paper, no wicked act, no good deed, no heroic action, no flimsy prayer, no error of judgement, no act of compassion, can ever come close to being the totality of who we are. We are of infinite, immeasurable, beauty and worth. Nothing can ever encapsulate all that we have been, all that we are and all that we will be. And if it is true of our own selves, then it must be true of every other person in our lives and beyond.

#### PAGE 14 MT ROUSE NEWS & VIEWS

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#### PAGE 15 MT ROUSE NEWS & VIEWS

#### A PAGE TO SHARE RECIPES

#### Home Made Sausage Rolls

Prep 15 mins Cook 25 mins Serves 12

#### **INGREDIENTS**

500g sausage mince 2 1/2 eggs (+ 1/2 to brush on pastry before cooking) beaten lightly Dried breadcrumbs (about 1/3 volume of the sausage mince) Milk to wet the breadcrumbs Salt & pepper to taste

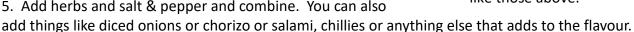
3 squares of good puff pastry (supermarket is fine)

Different types of flavours: Mixed Herbs (1 tablespoon) Onions (cooked & diced) **Barbecue Sauce** You decide

#### Method

Everyone has a favourite 'go-to' recipe. This, and lemonade scones, are mine. (Shared by special request).

- 1. You can either make a sausage mince by putting ordinary mince (usually pork but pork and beef work well too) in a mixer and chop it extremely finely. You can also pick up a pack from the supermarket, or skin 6-8 thin sausages.
- 2. Cut defrosting puff pastry in half down the middle to form 6 rectangles.
- 3. In a large bowl tip in all the breadcrumbs. Add the milk to soften. The breadcrumbs both lighten the mix and absorb some of the fat that comes from the mince.
- 4. Mix in the 2 1/2 eggs.
- 5. Add herbs and salt & pepper and combine. You can also



- 6. Add mince to breadcrumb mix and combine using a fork or your hands. It takes a little time because of the density of the mince. You can add a little more milk if necessary, or barbecue or tomato sauce works well.
- 7. The mix will come together. At that point divide into 6 portions and shape into sausages.
- 8. Lay 1 sausage onto each rectangle of puff pastry. Allow a 1cm border around the edges. Brush beaten egg along the edges and fold over and seal (pinching or using the fork gently). Try not to let the egg mix spill onto the edge of the puff pastry. It impedes the rising effect.
- 9. Place the sausage rolls onto a baking sheet, brush with the rest of the beaten egg, and cook for up to 30 minutes in a 180C oven to a dark brown.
- 10. After cooking cut each sausage in half to make two.

You can make smaller sausage rolls by cutting them before cooking. Remember to adjust the time. You can get 6 small rolls from 1 larger sausage with a cooking time of about 15 minutes. Remember to watch them to prevent overcooking.

The Editor



My sausage rolls come out looking like those above.

#### PAGE 16 MT ROUSE NEWS & VIEWS





## COUNCIL STRONGLY OPPOSES EMERGENCY SERVICES VOLUNTEER FUND LEVY

increase rate bills by over 20% on average and for farming land the average property charges will more than double," Continued Cr Heslin. The ESVFL is set to extract \$7.8 million from the Southern Grampians community alone, more than doubling the amount collected under the previous Fire Services Property Levy (FSPL). This increase of \$4 million represents an unjust burden n ratepayers, many of whom are already dealing with financial strain due to rising costs, recent bushfires, and ongoing drought conditions. This is in addition to the significant rises in the Fire Services Property Levy over the last two years. "Our residents are already facing immense financial pressures, and this new levy will only make matters worse. Some ratepayers will see their fire services levy double overnight. This is an inequitable and unjust policy that could lead to job losses and further economic hardship in our region," Cr Heslin added.

Council already operates with constrained resources, and the requirement to administer this levy places additional strain on local government operations. The increased administrative workload, including system changes, compliance requirements, and financial management, is an unfair expectation on local government without appropriate compensation.

"If councils are to collect this levy, the State Government should provide adequate compensation for the cost of administration. Alternatively, the levy should be collected directly by the State, as is done with other taxes such as land tax," said Cr Heslin.

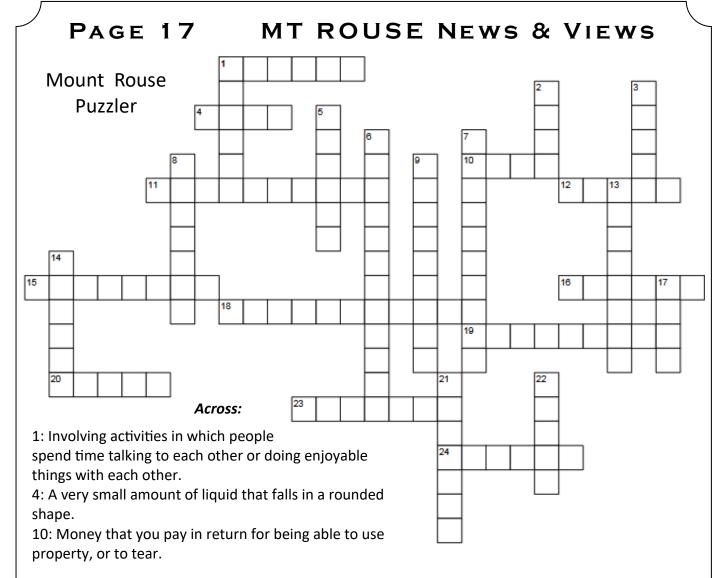
The State Government's failure to properly consult with councils and communities before implementing this levy has further eroded trust in the process. Many residents remain unaware of how the funds will be allocated, leading to widespread confusion and frustration. "Councils are not the beneficiaries of this levy, yet we are being positioned as tax collectors for the State. The Government must clearly communicate where this money is going and how it will directly support our emergency services and volunteers," Cr Heslin stated.

Southern Grampians Shire Council is calling on the State Government to reassess the funding model. "We're calling on the State Government to ensure this new levy is fair and does not disproportionately impact rural communities. We also implore the State Government to reconsider collecting this levy themselves, rather than shifting this burden to Council's to collect. The State Government also needs to implement a clear and transparent communication strategy regarding the levy's purpose and allocation," Cr Heslin concluded.

Southern Grampians Shire Council stands ready to work with the State Government to develop a more equitable and sustainable approach to funding emergency services. However, the current model is unacceptable and must be urgently reviewed.

18 stress, 20 ballot, 21 bank.

Crossword answers from last newsletter: **Across:** 1 shine, 3 threat, 4 beach, 6 tolerant, 11 asylum, 12 rare, 15 behind, 16 abnormal, 19 rumour, 22 neighbour, 23 silence, 24 fog. **Down:** 1 south, 2 factory, 5 activity, 8 chalk, 9 fan, 10 yard, 13 executrix, 14 snuggle, 17 number,



- 11: Refers to the vital interpersonal relationships and information networks that new employees must establish.
- 12: Garbage.
- 15: Having a pleasant and usually sweet smell.
- 16: To ask yourself questions or express a wish to know about something.
- 18: The act of getting or acquiring something.
- 19: \* clue can be found among the primates. "Think" about it.
- 20: Large farm.
- 23: A structure that covers or protects people or things.
- 24: A clever and often dishonest plan to do or get something.

#### Down:

- 1: A force or influence that stretches, pulls, or puts pressure on something.
- 2: To hit something repeatedly.

- 3: To tend, signify.
- 5: To become smaller, or to make something smaller.
- 6: Adhering to accepted standards or taste established by accepted usage.
- 7: A feeling of liking or wanting one person or thing more than another person or thing.
- 8: The way in which something is said or written.
- 9: Having a happy or pleased feeling because of something that you did or something that happened to you.
- 13: Very impressive and beautiful.
- 14: A box that slides into and out of a piece of furniture that is used to store things.
- 17: Having a flat, smooth, or level surface.
- 21: A small piece of a substance that has many sides and is formed when the substance turns into a solid.
- 22: Losing your temper, a gesture.

Answers to last fortnight's newsletter on page 16

#### PAGE 18 MT ROUSE NEWS & VIEWS

Monkey see, monkey do—we aren't so different after all

When I was a wiggly child my mother used to call me her 'little monkey'. As I grew up scientists confirmed that human beings and monkeys have much in common. Do you wiggle when you are tickled? Do you like to climb trees? Here's a thoughtful pair.

Humans and monkeys share many similarities, including being primates, having complex social structures, and using tools. However, humans have larger brains, more advanced \*cognitive abilities, and are bipedal.

#### Similarities

**Evolution**: Humans, monkeys, and apes evolved from a common ancestor.

- · Vision: Primates have forward-facing eyes that create 3D vision.
- · Hands: Primates have opposable thumbs, tactile finger pads, and nails on their fingers and toes.
- · **Social structure**: Primates tend to pair off and have children.
- · Tool use: Both humans and monkeys have been observed using tools.

#### **Differences**

**Brain size**: Humans have larger brains relative to their body size than other primates.

- · Cognitive abilities: Humans have more advanced cognitive abilities than other primates.
- · **Bipedalism**: Humans are bipedal, meaning they walk on two legs.
- · Intelligence: Monkeys are thought to be as intelligent as a three-year-old human child.
- · Genetic differences: Humans have more unique transposable elements (TEs) than chimpanzees.

#### Other traits

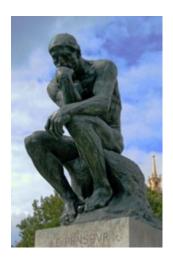
- Humans don't have external tails.
- Humans and many other primates can perceive a full spectrum of colour.

Below is a famous statue called 'The Thinker'. Does it remind you of the monkeys above? What were they thinking when their photo was taken? And here's a poem for you to think about ...

If you think you are beaten, you are; If you think you dare not, you don't. If you'd like to win, but think you can't, It's almost a cinch you won't.

If you think you'll lose, you're lost, For out of the world we find Success begins with a fellow's will -It's all in the state of mind.

If you think you're outclassed, you are; You've got to think high to rise; You've got to be sure of yourself before You can ever win a prize.



Life's battles don't always go
To the stronger or faster man;
But soon or late the one who wins,
Is the one who thinks he can.

"Thinking" by Walter D Wintle

\* cognitive - of, relating to, being, or involving conscious intellectual activity (such as thinking, reasoning, or remembering)

https://www.discovermagazine.com/planet-earth/how-similar-are-humans-and-monkeys

#### PAGE 19 MT ROUSE NEWS & VIEWS

#### **Boram Boram Cemetery Trust**

 Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

#### Caramut & District Garden Club

2nd Tuesday monthly at 10 am.
 See Garden Notes for venue or contact
 Marita 0439 669 839

#### Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

#### Penshurst Social Support Group

WDHS meets every Thursday; for Exercise,
 Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre,
 Penshurst Hospital. Please contact the Social Support Group Coordinator on 5551 8381 Or @ WDHS on 55518683

#### Mount Rouse & District Historical Society

 Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

#### Friends Yatmerone Reserve

 Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

#### Lions Club of Penshurst & District

 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

#### Penshurst Progress Association (PPA)

3rd Wednesday - February - November
 7.00pm Penshurst Memorial Hall

#### **Penshurst Senior Citizens**

Meets at the club rooms in Bell Street.
 Bingo 4th Tuesday each month.



The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below. <a href="https://www.ambulance.vic.gov.au/careers/become-a-first-responder/">https://www.ambulance.vic.gov.au/careers/become-a-first-responder/</a>

#### **Community Meetings**

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313

#### Penshurst Bowls Club

- Pennant Season (October February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

#### Penshurst Pony Club Rally

1st Sunday each month.
 Contact Jenni 0409 962 969

Penshurst CWA Next meeting Tuesday 28th January at 7.30pm. Penshurst Senior Citizens Centre. Newcomers are very welcome.

#### **Penshurst Church Services**

#### **Bethlehem Lutheran Church Tabor**

Service every Sunday 10.00am

#### **Penshurst Anglican Church**

5pm Mass 4th Sunday each month For further details contact Fr. David Oulton 0435867040

#### St Andrew's Uniting Church Penshurst

2nd & 4th Sunday 11am Service

#### St Joseph's Catholic Church Penshurst

1st Sunday No Service 2nd Sunday Mass 5pm 3rd Sunday Lay Service 8.30am 4th Sunday Mass 5pm 5th Sunday No Service

#### PAGE 20 MT ROUSE NEWS & VIEWS

Mt Rouse News & Views Community Newsletter

Published by Mt Rouse Community Newsletter Inc

ABN 95 801 619 635

"Mt Rouse News & Views Community Newsletter" is the registered business name of the Mt Rouse Community Newsletter

Registered Address: 103 Cobb Street, Penshurst 3289

Submissions 46 Watton Street.

#### DEADLINE FOR CURRENT SUBMISSIONS - Saturday 15th March 2025

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor: Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

Also available in colour online at www.penshurstvictoria.com.au/
Penshurst%20Newsletter.html

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Mt Rouse News & Views
Community Newsletter

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> For more information contact the Editor Ama Cooke 0402 870 738



#### **Mobile Library**

Will be visiting <u>Penshurst</u> every Thursday fortnight 3.00 - 4.00pm

#### **Outside the Hall in Martin St**

March 13th & 27th

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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