

# MT ROUSE News & Views



Community Newsletter



Above and left: The Historical plaque on the Penshurst Courthouse. Have you seen others around town?

Fourteen plaques have previously been placed on historical properties in Penshurst with the help of funding from the Southern Grampians Shire Council during Covid. The Mount Rouse Historical Society has applied for a community grant to continue the project, selecting twenty more sites to complete stage 2 from their booklet 'Exploring Penshurst'. Stage 3 will be the final plaques and a larger tourism booklet highlighting each plaque in the coming years. Newsletter President, Brian O'Brien (above), hopes many more historical plaques will follow on the original fourteen.

Meet

## Alex Dyson

**The guy who's put his hand up to help South-West Victoria get a better deal**

Alex Dyson grew up in Warrnambool. As a national broadcaster, he interviewed everyone from rockstars to prime ministers. He's a small business owner, football fanatic, and wants to make politics work again for the communities he loves. The 2025 federal election will be Alex's third campaign running as a community independent for Wannon. His 2022 people-powered campaign saw Wannon become a marginal electorate for the first time in 67 years.

**Alex, you have two campaigns under your belt, and you're back for a third tilt. What on earth makes you keep doing this?**

It is such a good question. I am running because I can see that politics puts many people off, and it's about doing what I can to help and being the change I want to see. I think decades of Wannon being a safe Liberal seat have seen us neglected by the major parties – I mean, look at the state of our roads! I want to see the people of Wannon get a better deal and I want to see politicians in Canberra work harder to win your vote.

I'm in a place professionally where I have the time and flexibility to commit to a campaign. I care about where I live and the challenges we face living in the region, and I get annoyed at politicians and how they treat everyday Australians. They come down here and talk about the cost of living and the housing crisis, and I think, "You were in charge for years and helped cause these problems, and now you're asking us to trust you to fix them?" The big bonus is that I like meeting people, listening to them, and learning about people's lives. I love people's stories.

**Does it feel different this time around?**

We got so close in 2022. This time there is a real sense we can make history and see Wannon elect an independent for the first time. I'm part of a broad grassroots movement that has around 1,500 supporters, nearly 500 active volunteers and we've just celebrated our 700<sup>th</sup> individual donor. I feel like I have an entire community behind me, ready to work hard to bring it home this election. Together, we're standing up for Wannon, which is a place that means a lot to all of us.

**Do you think you can make a difference as an Independent?** You bet I can make a difference! I can represent the true interests of the electorate without being beholden to party lines or big business that has been pulling strings in politics for many years.



I'll be able to say what I think – not stick to a party line regardless of who's in power. Wearing a suit every day is not my idea of a good time, but I'm not worried about protecting my job in Canberra and not being affiliated with a party means that I can make long-term decisions that are in the best interest of the people of Wannon rather than protect my political career. When communities vote for independent candidates, they don't go back. Whether you look at the original community independent Cathy McGowan and now Helen Haines in north-east Victoria, Jacqui Lambie in Tasmania or David Pocock in the Senate in the ACT – community independents speak the truth, represent their electorate's best interests and get things done. They're accountable to their voters, no one else.

**What do you say to those who have questioned your independence or transparency?** I've never been involved with any political party and I am a genuine community independent. It became evident in my first campaign, where my entire budget was \$5,000, that I'd need more funds to compete with the major parties. None of the 700+ donors to this campaign have a final say in my decisions and all are listed on the community campaign website. I've also accepted funds from crowdfunding groups Regional Voices Fund (supporting independent candidates in rural and regional areas) and Climate200, which supports independents to take greater action on climate change, integrity in politics, and equal opportunity for women. I'd encourage politicians of all persuasions to be as transparent with their funding as our campaign.

**Want to find out more about Alex and the community independent movement?**

[AlexDysonIndependent.com](http://AlexDysonIndependent.com)



Authorised by Alex Dyson  
185 Liebig St, Warrnambool



### Mirror in the sky, what is Love?

Will the child within my heart rise above?  
- Fleetwood Mac



When we look around us we see that we all share the same Sun, we gaze up and the Moon is there doing its thing, on some occasions it shines gloriously on a clear night, hiding at others times and every now and then pretending it's a banana. The Stars, they hold our dreams and wonders, floating on a vast blanket of sky that reaches into Eternity. Regardless of our opinions on shooting stars and the unknown Void, we are all in this together under the vast blue, a bunch of hobbits all going about our very special business. We walk as one humanity, we stumble at times, we pick each other up, every now than we go our own way but we are encapsulated in the network known as Man. Each of the animals have their own idiosyncrasies, tendencies and virtues but Man has an extra little sparkle in the gene-code which is the ability to discriminate. This ability gives Free Will. From Free Will comes the results of actions and from that we can extract the 'Wisdom of Experience', something far greater than 'bookish knowledge'. From personal experience I know that if I wanted to throw a philosophical study circle into chaos, all I have to do is walk in, sit down and ask, "do we have Free Will or not?" and it's game-on, I can then quietly slip out of the room while the dialogue of for and against gets bounced off the walls at all angles and people dodge the arrows of strong opinions. So I won't enter that discussion because oddly enough my world view sees both the for and against as true. The underlying idea here is that we all have our individual approach to life but we are united in life by the world around us, Nature freely shares her gifts, shade from the trees, water for our thirst and an abundance of fruits of the Earth.

Man sees a mirror of himself/herself in others and sometimes doesn't. The 'not seeing himself/herself in others' is the essence of many problems in the world. What happens is when we are focusing on other people's faults or PERCEIVED flaws we are looking away from ourselves. The more we focus in our thoughts on the things about others that we don't approve of, the further we are from that thing called Love. That thing that Plato's Symposium talks of, that thing that the wondrous Being from Nazareth was the embodiment of, that Elixir all humanity seeks to experience in others and 'things'. We can spend our whole life seeking that 'rush' we experienced with our first true love, that flash in the neuronet which if not understood sends people in circles chasing a scaled down version of Love by changing partners regularly like at a barn dance. We say we love our new car or new house and then gradually over time the flip side of the joy arrives as it loses its sparkle, and we end up with the stress of maintaining things and the hidden costs. We all wish to create a future with the things we would love, when we get to that future it looks vaguely familiar but it is slightly different than expected and is not quite the same as what we ordered, we can't send it back and eventually we realise that's what I asked for.

"Mirror in the Sky what is love?" so the song says. It is wise to ask the sky because the sky is not limited by what we know, it holds the hidden potential of worlds yet unborn, the dreams of those who looked up and asked for assistance and those who prayed in anguish and dreamt possibilities far fetched from the agreed upon norms and in time those possibilities appeared,

From the cluttered mind of the Editor

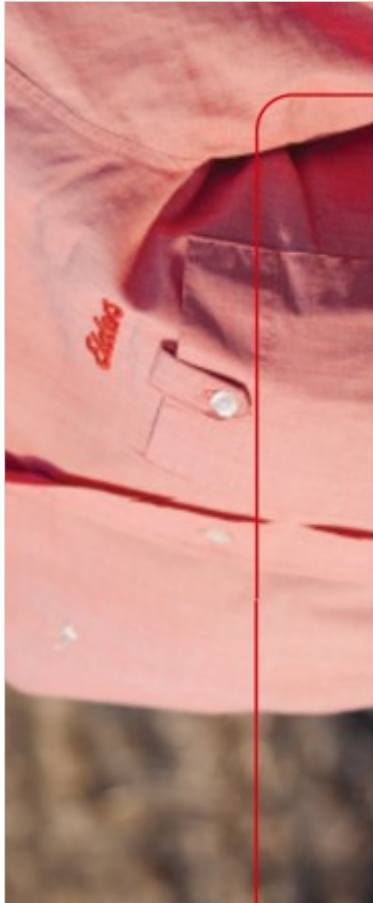
Good morning everyone,

You know its summer around here, not by the weather, which is forever changeable, but by the bunnies across the roads and the wallabies .. or was it a medium sized kangaroo .. that bounced its way across the front of the car and down Watton Street, from the French Street corner, turning swiftly up Scales towards the mountain. He was certainly startled, and so was I. I guess he figured no one would be around after 11pm on Sunday night. I have to agree with him .. or her .. I thought so too, coming home late that evening.

One of my most satisfying feelings comes when I am just putting this newsletter 'to bed'. That can be at any time of day, but it involving scrolling through the pages, thinking about the order of them, what fits where .. what doesn't fit .. how can I rearrange that .. to help people to 'see' the stories and ads, should I move the recipe page to page 2 as I particularly like that 'whatever it is', or to enhance complimentary colours, or themes that suddenly appear. Then there's which page(s) will be colour this issue? It's fun to have colour on the front page, but as each colour page costs \$30 in ink (per issue) it can also be a challenge. We have always run the newsletter on a 'shoestring', so it's lovely when whole pages are sponsored, as some of the newer ads are. And as our newsletter president says, the colour front page adds something special.

Why am I telling you? Because the stories and articles shared with us by the residents of our town and district help to weave us all together. After covid, which created a huge sense of separation among so many people, it's important to know that we all have some things in common, like our connection to this town and our friends and families here - much like the bunnies and bouncies to the mountain.

Have a great fortnight, Ama Cooke, Editor.



# ELDERS HAMILTON

*Proud to be a supporter of local communities*

**BRANCH MANAGER & RURAL**

**REAL ESTATE**

Lachy Patterson 0407 704 684

**WOOL**

Andrew Howells 0418 846 291

Kate Methven 0488 415 883

David Whyte 0407 347 203

**State Wool Manager**

Lachie Brown 0409 645 915

**LIVESTOCK**

Aaron Maiseed 0407 782 286

Jordy Anthony 0407 649 925

Dillon Dawson 0438 054 593

**STUD STOCK**

Ross Milne 0408 057 558

**MERINO STUD STOCK & WOOL**

Kevin Beaton 0455 119 711

**FARM SUPPLIES**

Ryan Gerring 0439 699 110

Damon Hiscock 0439 671 046

Rob Browne 0427 315 793

Rod Evans 0498 750 125

James Whyte 0458 322 094

**AGRONOMY**

Mark Rouse 0473 444 288

Gabby Redpath 0438 903 123

**SALES SUPPORT**

Ann Hiscock 5551 5700

Wendy Kerr 5551 5700

Annaleace Dohle 5551 5700

Maggie Craig 0427 976 179

100 Portland Road,

Hamilton P. 03 5551 5700

E. hamilton@elders.com.au

elders.com.au



**Mirror in the sky, what is Love?**

(continued)

often without a fuss and at other times with great fanfare. This looking up is a wonderful thing because it does not imprison us with the 'known', we are looking away from the anguish of Man, the petty hatreds, the opinions which divide us and the things that at times seem too difficult to face and are far bigger than us. The vastness of the sky makes us forget ourselves, in some moments in that quiet solitude we are timeless, sizeless, thoughtless, outside our 'I-ness'. When we over think and become too self focussed our skin can feel a bit tight, our head is a little oversized for the body and we are a like a stagnant pool of water. In some schools of thought it is said that the best way to get rid of the over fascination of I-ness is to serve the community in some way, this works because we learn that others in the world, even those close to us are in some way suffering. By selflessly serving the community we become too busy to overthink things that may actually be very simple.



So we were talking about Love and 'will the child within my Heart rise above'. The beauty of a childlike Mind is that it is unencumbered, it is seeking and constantly experiencing and fascinated by what is new. An old fuddy-duddy Mind knows too much, it is stuck in what it knows and is so busy going about its very important

Continued page 6

# Emma KEALY MP

NATIONALS MEMBER FOR LOWAN



**“If you have an issue you need a hand to resolve, or a great idea on how we can make our region a better place to live, work, study, and do business, I would love to hear from you.”**



34 Firebrace St, Horsham



5571 9800



emma.kealy@parliament.vic.gov.au

**Penshurst Post Office**

31 Martin Street

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Bank @ Post

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**Penshurst Hair Design**



**Opening Days**

**Tuesday,**

**Thursday**

**Friday &**

**every second**

**Saturday**

**10am - 2pm**

**By Appointment**

For appointments please ring

**Mobile: 0417 511 177**



**Mirror in the sky, what is Love?**

(continued)

***Penshurst Senior  
Citizens Club***



***TUESDAY 25th February***

***At 2pm***

***At the Club Rooms  
(corner of Bell & French Streets)***

***All Welcome***

business and encased in its opinions that it misses the beauty of the world around it, it knows too much and in that over-knowingness it has lost its sparkle. Having a childlike Mind, and that does not mean childish, has a type of purity about, it has not yet gathered its discriminations, its bitterness or the arrogance of self importance, it looks at the world in wonder, it sees the glory in simple things.

Love, although the poets and Seers have spoken and sung of its splendour, its magnificence cannot be captured, in the same way that a bucket cannot hold a raging river; it is something that we move in and underlies the whole the Creation and at the same time beyond it.

May the whole world 'rise above' and live in Love.

*Rumi's First Cousin*

## Caramut and District Garden Club

**Let the Sun weed for you.** In the hot weather we are experiencing, this is a marvellous idea which will take 4 to 12 weeks, probably depending on the heat. I have not tried this myself, so can't vouch for the idea but it makes sense.

Mow any grass and weeds, rake up the debris. Turn over the soil, rake the soil level, and thoroughly wet the soil then place one to four millimetre thick sheets of clear plastic over the area and wait for the hot sun to kill the weeds, soil pests and plant pathogens. The moist soil helps the heat generated by the sun to penetrate deeper which destroys more soil pathogens. Make sure you secure the plastic by burying the corners of the plastic or laying a weight on it to stop the wind blowing the plastic. When the weeds look dead, you are able to start planting in the ground.

I have an area I wish to use as a vegie garden and will be using this method to get rid of the unwanted grass. I think I'll just mow the grass as close to the ground as possible, water and then cover with the plastic. I'll let you know how it all goes.

The next meeting and garden tour is on Tuesday March 11<sup>th</sup> at 10am at the home of Nita Blackwood 16 Koronghah North Rd. Rosebrook. Coming from Warrnambool and turning off the highway into the road is quite dangerous so be careful of oncoming vehicles.

Visitors are always welcome. Ring Marita for further information. 0437 669 839

*Sing a song of apples,  
Peck-holed everyone -  
By four and twenty blackbirds  
Having lots of fun.  
Busy gorging in our tree  
They haven't time to sing.  
I'd gladly bake them in a pie  
and send it to THAT KING!*

"Raise your words, not voice. It is rain  
that grows flowers,  
not thunder." *Rumi*

Let the beauty of what you love  
be what you do. *Rumi*

Out beyond ideas of wrongdoing and  
rightdoing, there is a field.  
I will meet you there. *Rumi*



## Famous Quotes.

I think there is a world market for maybe five computers.

- Thomas Watson chairman of IBM 1943

We don't like their sound and guitar music is on the way out.

- Decca Recording Co. rejecting the Beatles

We don't need you. You haven't gone through college yet.

- Hewlett-Packard's rejection of Steve Jobs, co-founder of Apple Inc.

It doesn't matter what he does, he will never amount to anything.

- Albert Einsteins' teacher talking to his father, 1895

Drill for oil? You mean drill into the ground to try and find oil? You're crazy.

- Friend speaking to Edwin Drake, oil drilling founder

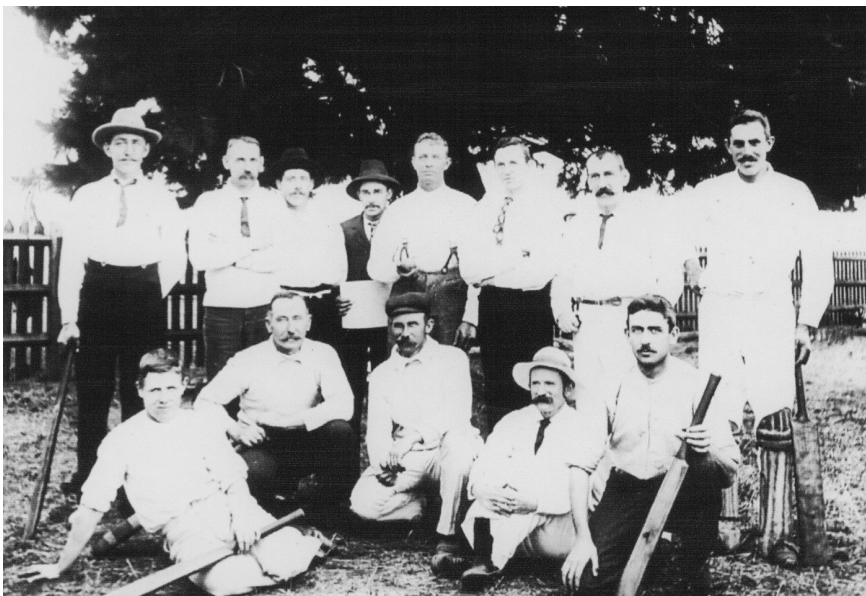
## A Touch of History

Provided by the  
Mount Rouse & District Historical Society Inc

### CRICKET CLUB FORMED

There was a splendid attendance at the meeting held in the Mechanics' supper room on Monday night, with the object of forming a cricket club in Penshurst. Mr T. Madigan presided and explained the objects of the meeting. Although it was a little late in the season, it was just as well to get going in order to be ready for an early start next year. It was decided to form a club, on the motion of Messrs J.G Chesswas and A. McPhee. The membership fee was fixed at 5s. The following offers were appointed: - President, A. McPhee; secretary and treasurer, Mr J.J. Turrell; committee, Messrs J.G. Chesswas, J.R. Williams, A. Collins, I. Gunn, A. Chesswas, O.W. Carr, W.O Gilbert and officers ex officio. A committee meeting was held immediately afterwards at which it was decided to send a for a full outfit of material. It was also resolved to form a local competition of three teams and those who intend to play are requested to hand their names to the secretary. Messrs W.C. Gilbert, A. Collins and J.J. Turrell were appointed the selection committee, and will divided the teams as equally as possible. Letters are to be written to the Caramut, Hawkesdale and Minhamite clubs with reference to arranging matches. A match will be played on the show grounds next Saturday afternoon.

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Above: the article from  
the Penshurst Free Press  
11th February 1925

Left: Some members of  
the club. The photo is  
not dated. Does anyone  
recognise some of  
these people?

Contact the Editor or the  
Historical Society at  
[pensearch@gmail.com](mailto:pensearch@gmail.com).



A blue banner with a sunburst pattern on the left side. The text "MEDIA RELEASE" is in large white capital letters, and "SOUTHERN GRAMPAINS SHIRE COUNCIL" is in smaller white capital letters below it.

**MEDIA RELEASE**  
SOUTHERN GRAMPAINS SHIRE COUNCIL



**14 FEBRUARY 2025**  
**YOUR COUNCIL,**  
**YOUR COMMUNITY**

Southern Grampians residents are invited to contribute and share ideas for the Southern Grampians Shire Council Plan 2025-29.

The Council Plan is an important document that is developed from community feedback and outlines key priorities that drives the new Council's strategic direction over the next four years. The Plan summarises where Council and the community will aspire to be by 2029 and how Council will achieve those outcomes.

Residents will have an opportunity to meet with Councillors and staff at community engagement sessions across the region with feedback opportunities also available online. Southern Grampians Shire Council Mayor Dennis Heslin encourages residents to get involved and participate in the process.

"I would really encourage all those within our communities to participate in the Council Plan development by attending your closest community session or jumping online if you are unable to attend," said Cr Heslin. "By contributing, you have the opportunity to directly impact the future and direction of our region and that of our Council. Each time we put together a new Council Plan, there are a number of community ideas that feed into budgets and are delivered to our residents. "Throughout February and March, we will be coming to you to meet within your own communities and to understand your needs. "Details of these sessions can be found on the Council website and will be shared via Council's Facebook page over the coming weeks."

Key projects that were developed from the 2021 – 25 plan included the development of key strategies to support waste reduction, sustainable practices, opportunities for youth, ongoing steps in reconciliation with first nations, as well as focus on housing, roads, and an increase in capital works. This plan also supported the development of Council's big three community projects of the New Hamilton Gallery, the Community Hub and also the CBD Revitalisation project.

"The Plan will be built on the views and ideas of community members through what will be an extensive engagement process to develop a quality four-year strategic plan for Council and the community," concluded Cr Heslin.

For more information on the engagement process or sessions, please contact Council on 5573 0444.

### **Big Year for Capital Works**

Southern Grampians Shire Council is on track for another significant year of investment in community infrastructure, with the 2024/25 Capital Works Program set to exceed last year's \$18 million expenditure—the highest in six years.

The current forecast for this financial year stands at an ambitious \$23 million, demonstrating a strong commitment to renewal and major projects that will benefit residents now and into the future.

Continued page ...

## MEDIA RELEASE

SOUTHERN GRAMPAINS SHIRE COUNCIL

**Big Year for Capital Works**  
(continued)

Councillors received an update at Wednesday's Council Meeting on progress so far, revealing significant milestones already achieved and exciting developments on the horizon.

Southern Grampians Shire Council Mayor Dennis Heslin welcomed the progress, calling it one of the most productive years in recent memory.

"We're seeing fantastic progress across the board, with essential infrastructure upgrades and long-term projects moving forward at a great pace. These investments will shape the future of our Shire, making it an even better place to live, work, and visit."

Several projects from the 2024/25 budget have been successfully completed, improving facilities and services across the Shire. These include:

- Roof repairs and new heating/cooling at the Coleraine Mechanics Institute
- Carpark upgrade and new footpaths at Pedrina Park
- Drainage improvements at Pedrina Park soccer pitches
- Leak investigation and repairs at the Hamilton Outdoor Pool
- Sewage works at Coleraine's Silvester Oval
- Upgrades to the Hamilton Regional Livestock Exchange
- Parking meter upgrades
- Regional Town Road Safety Audit
- Business case for a road link between Lakes Edge and Mill Road

In addition to tracking progress, Councillors approved further investments using budget savings with \$106,000 allocated for front-of-house or stage lighting at the Hamilton Performing Arts Centre.

Council's capital works program covers a broad range of services, and great strides have been made across multiple sectors:

- Buildings & Facilities – 42% of the budget is already spent on renewals and upgrades
- Plant & Equipment – 70% of expenditure completed
- Library Acquisitions – 50% of scheduled purchases finalized
- Art Collection – 76% of planned acquisitions completed
- Roads & Footpaths – 28% of road works completed, with 64.4% of footpath projects underway
- Parks & Streetscapes – 46% of planned improvements completed

Design works have also been progressing for the New Hamilton Gallery and Hamilton CBD revitalisation. The Melville Oval facilities Upgrade Project is now also 80% complete.

With momentum building and a strong pipeline of works still to come, Council will keep community informed on projects progress.

For more details on Council's projects, visit [sthgrampians.vic.gov.au](https://www.sthgrampians.vic.gov.au). To stay informed, consider subscribing to our newsletter.

(<https://www.sthgrampians.vic.gov.au/About-Council/News-and-Media/Southern-Grampians-Now-eNews>)



### Of revenge and retribution.

This is a story about no one particular funeral.

There were two sides to old Merle's family just as there were two sides to the argument that had been tossed about over the decades. Exactly how long no one could actually say. The cycle of retribution had grown stale and then viciously flared over the years. Perhaps it had started when somebody had eloped with someone they shouldn't have. This was just one incident that was posited as to why there were 'strong feelings'. Allegedly water was stolen, fences 'damaged', the footy shed jacked up in the middle of the night and returned to its 'rightful' resting ground.

When it came to arrange Merle's funeral, delicate negotiations were the order of the day. Clearly no one side was going to 'win' and conversations were not helped by the lack of planning by Merle herself or a will.

Ultimately one side organised "The Church bit" and the other side organised "The Wake bit". It seemed an honourable compromise with both sides having a voice about some of the arrangements. It is hard to get some calming perspective in scenarios like this but what I return to is the prayer that was found by the body of a dead youth (one of an estimated 50,000) in the Ravensbruck concentration camp. Perhaps it would have gone down well at old Merle's funeral?

*"O Lord, remember not only the men and women of goodwill but also those of ill-will. Do not remember all the suffering they inflicted on us; remember the fruits we have borne thanks to this suffering – our comradeship, our loyalty, our humility, our courage, our generosity, our greatness of heart and when they come to judgement let all the fruits that we have borne be their forgiveness."*

### Of our Concrete Pylons

The idea for this little reflection came to me when I had the indulgence of visiting Stonehenge. Huge big chunks of stone in a circle, some capped with more blocks of stone.

It occurred to me that sometimes we are tempted to encircle ourselves with impenetrable lumps of grumpiness and 'hoomphiness'. Sadly I know this to be so, not only because I have seen it in others and myself.

This process is different to just having some time out to be by yourself to recharge, and revitalise because the aim then is always to come back re energised and restored.

When we surround ourselves with an edifice of concrete self pity and anger, the aim is to allow no-one else in and not to come out.. perhaps ever.

This is not a healthy way to exist and while we are hurting and smarting and we might feel self justified and self satisfied we become seriously close to self destructing and we are in fact being selfish.

Outside there are usually others who are concerned, worried and perplexed. 'Was it something I did, something I didn't do, could have, should have?' Where to now? What needs to happen and how can I help?

Some 'S' words that might be useful for the helpers. Sit in Silence. You don't have to say anything. Sometimes the dollop of silence brings its own form of healing and helps to erode, almost imperceptibly, the concrete slabs.

'Sorry' is another 'S' word. It's terrifyingly simple and yet often difficult to utter. Saying it will cost us and hurt us, yet I can think of no more effective way to begin the conversation that needs to happen. There are trained people whose gift is to release others from their Stonehenge and there are people who simply care, worry and pray.



# Penshurst Store



Amanda & Cam Wilson  
0439 941 942

**Pop into the store and try some of our delicious pies, pasties and sausage rolls. Freshly baked bread, cakes and slices.**

**Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.**

**Phone orders and payments are welcome.**

**Monday - CLOSED**

**Tuesday to Friday - 7.30am - 2.00pm**

**Saturday – 8.00am - 2.00pm**

**Sunday - CLOSED**

**Café/Bakery**

**110 Bell Street, Penshurst**

**penshurststore@gmail.com**

## Penshurst Shed

Open

**Saturday & Tuesday  
10am - 4pm**

Another year has quickly passed and it is time to renew your membership at the Shed.

The Membership fee is \$20 plus Individual's Insurance \$28.50.

\$48.50 for a year of fun, interesting conversations and a chance to complete many projects.

Talk to the crew for more information about the Shed and its activities.

We are open for everyone.

**Contact**

Tom Cooke 0488 557 345



*blb*  
**BODY BALANCE**  
on french

Scan QR Code for more details

Leanne Cottrill  
Remedial Massage Therapist  
mobile 0407835479  
13 French Street Penshurst 3289  
36A Thompson Street Hamilton  
3300  
<https://body-balance-on-french.au3.cliniko.com/bookings>



## A PAGE TO SHARE RECIPES

***Moist Lemon Cake with Zingy Icing***

Prep 15 mins    Cook 50 mins    Serves 10

## INGREDIENTS

250g butter, chopped, at room temperature  
 215g (1 cup) caster sugar  
 1 tbsp finely grated lemon rind  
 4 eggs  
 250g (1 2/3 cups) self-raising flour  
 100ml fresh lemon juice

***Icing***

195g (1 1/4 cups) icing sugar mixture  
 1 tbsp lemon juice, plus 1/2 tbsp extra  
 Finely grated lemon rind to sprinkle, optional

**Method**

## · Step 1

Preheat the oven to 180C/160C fan forced. Grease a 20cm (base size) round cake pan. Line the base and side with baking paper.

## · Step 2

Use electric beaters to beat the butter, sugar and lemon rind in a bowl until pale and creamy. Add the eggs, 1 at a time, beating well after each addition until well combined.

## Step 3

Use a spatula to fold the flour into the butter mixture until almost combined. Add the lemon juice and fold into mixture until just combined. Transfer to the prepared pan. Smooth the surface.

## · Step 4

Bake for 50 minutes or until golden and cake springs back when lightly touched. Set aside in pan for 10 minutes to cool slightly before transferring to a wire rack to cool completely.

## · Step 5

To make the icing, sift the icing sugar into a bowl. Add 1 tbsp of the lemon juice and stir until combined. (Add the extra 1/2 tbsp of lemon juice if necessary to reach a smooth, spreadable consistency). Spread over the cooled cake and sprinkle with the lemon rind, if using. Set aside for 2 hours or until icing sets. Serve.

**Classic Cookies**

200g butter, at room temperature  
 155g (3/4 cup, firmly packed) brown sugar  
 2 eggs  
 300g (2 cups) plain flour

Step 1 - Preheat oven to 180C. Grease 2 baking trays with melted butter.

Step 2 - Use an electric beater to beat the butter and sugar in a large bowl until creamy. Add the eggs, 1 at a time, beating well between each addition until combined. Stir in the flour until combined. Use your hands to bring the dough together in the bowl.

Step 3 - Roll 2-teaspoons portions of the mixture into balls. Place, about 5cm apart, on the prepared trays. Use a fork to flatten slightly.

Step 4 - Bake for 8 minutes or until golden and just cooked through. Set aside on the trays for 10 minutes to cool.

5576 5270

Friendly faces and helpful staff ...

**Penshurst Liquor & Grocery Store**

Open 7 days

**Opening Hours:**

**Monday - Friday**

7am - 7pm

**Saturday**

8am - 6pm

**Sunday**

8am - 5pm

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CONSTRUCTIONS**

**Ph: 0417 100 243**

**Fax: 5576 5267**



**HIA Reg CB-U 6214**

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**Western AG Hamilton - T: 03 5579 5900**

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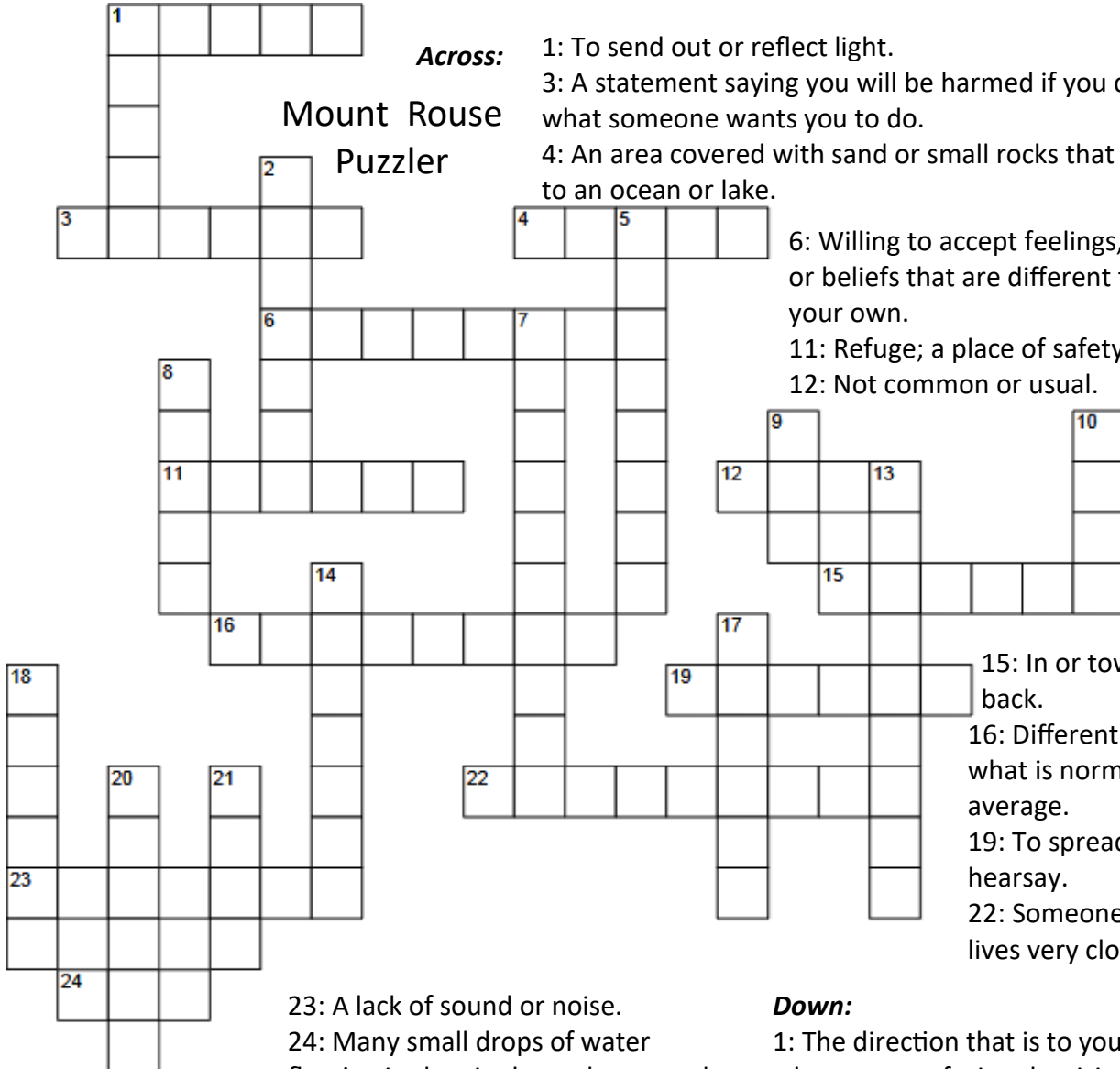
Matt Barber (Senior Agronomist) 0488 298 170

Megan Clothier (Animal Health ) 0498 226 730

Ben Gay (Merchandise & Logistics) 03 5579 5900

Glenn Grey (Willaura) 0439 541 036

**ADDRESS—236 COLERAINE ROAD HAMILTON**



Mount Rouse  
Puzzler

Across:

- 1: To send out or reflect light.
- 3: A statement saying you will be harmed if you do not do what someone wants you to do.
- 4: An area covered with sand or small rocks that is next to an ocean or lake.

6: Willing to accept feelings, habits, or beliefs that are different from your own.

11: Refuge; a place of safety

12: Not common or usual.

15: In or toward the back.

16: Different from what is normal or average.

19: To spread by hearsay.

22: Someone who lives very close to you.

Down:

1: The direction that is to your right when you are facing the rising sun.

2: A building or group of buildings where products are made.

5: The state of being active.

7: The action of consenting to receive or undertake something offered.

8: A type of soft, light-coloured rock.

9: A machine or device that is used to move the air and make people or things cooler.

10: An outdoor area that is next to a house and is usually covered by grass.

13: A woman exercising the functions of an executor.

14: To lie or sit close together in a comfortable position.

17: Something you make using numerals.

18: A state of mental tension and worry caused by problems in your life, work, etc.

20: To vote by ballot.

21: What do these have in common? The side of a creek and a place to drop money.

Crossword answers from last newsletter: **Across:** 3 rollmop, 4 blackout, 7 straight, 10 labourer, 11 middle, 12 settle, 14 clash, 15 exploration, 18 discipline, 21 willpower, 22 emphasis, 23 perfect, 24 split. **Down:** 1 part, 2 constant, 5 patience, 6 trapeze, 9 qualified, 11 middle, 13 historical, 16 deficiency, 17 indirect, 18 march, 20 convict.

## Optical Illusion Hand Drawing

This optical illusion hand drawing is a fun and simple design that you can decorate in endless different ways. Let's explore the steps of how I got to this final product!

**Step 1:** On a sheet of plain sketchbook or printer paper, trace your hand using a pencil. Make sure to add your wrist coming off the bottom of the page.

**Note:** You will most likely want to clean up your drawing a bit by smoothing lines and adjusting proportions. After tracing, I made the fingers a bit thinner and more realistically shaped.

When you are happy with the way the hand looks, take a ruler and draw evenly spaced lines all across the entire page from top to bottom, avoiding the area inside your traced hand.

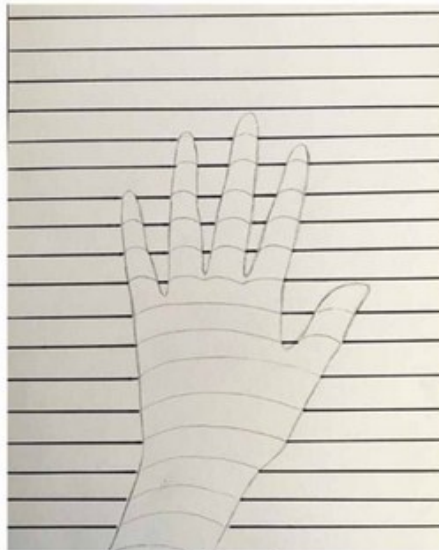
**Step 2:** Using a black coloured marker, trace back over the straight lines with your ruler, including the spots in between the fingers of the hand. I prefer to use a Sharpie.



Be careful not to accidentally draw straight lines through your hand!



Step 1



Step 2



Step 3

<https://contagionmedia.net/blog/visual-arts/how-to-draw-optical-illusions>

*Look, I'm all for colouring books ...  
But dot-to-dots? That's where I draw the line.*

The condition of the man who was mauled at the Teddy bear's picnic is said to be improving but he's not out of the woods yet!

**I enjoyed my first time ever bobbing up and down in the sea yesterday...**

**It's been my dream ever since I was a little buoy...**

I have a lot of growing up to do.

I realized that the other day in my fort.



## Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

## Caramut &amp; District Garden Club

- 2nd Tuesday monthly at 10 am.  
See Garden Notes for venue or contact Marita 0439 669 839

## Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

## Penshurst Social Support Group

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre, - Penshurst Hospital. Please contact the Social Support Group Coordinator on 5551 8381 Or @ WDHS on 55518683

## Mount Rouse &amp; District Historical Society

- Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

## Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

## Lions Club of Penshurst &amp; District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

## Penshurst Progress Association (PPA)

- 3rd Wednesday - February - November 7.00pm Penshurst Memorial Hall

## Penshurst Senior Citizens

- Meets at the club rooms in Bell Street. Bingo 4th Tuesday each month.



**AmbulanceVictoria**

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

<https://www.ambulance.vic.gov.au/careers/become-a-first-responder/>

## Community Meetings

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313

## Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm  
Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

## Penshurst Pony Club Rally

- 1st Sunday each month.  
Contact Jenni 0409 962 969

Penshurst CWA *Next meeting Tuesday 28th January at 7.30pm. Penshurst Senior Citizens Centre. Newcomers are very welcome.*

## Penshurst Church Services

### Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

### Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact  
Fr. David Oulton 0435867040

### St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

### St Joseph's Catholic Church Penshurst

1st Sunday No Service

2nd Sunday Mass 5pm

3rd Sunday Lay Service 8.30am

4th Sunday Mass 5pm

5th Sunday No Service

Mt Rouse News & Views  
Community Newsletter

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Submissions 46 Watton Street.

**DEADLINE FOR CURRENT SUBMISSIONS -  
Saturday 29th February 2025**

The newsletter will be published on  
Wednesday fortnightly and we would  
appreciate submissions at the earliest  
possible time within the fortnight but  
no later than the Saturday immediately  
prior to the Wednesday of publishing.

**Editor : Ama Cooke**

All correspondence to:  
mtrousenewsletter@gmail.com

Also available in colour online at  
[www.penshurstvictoria.com.au/  
Penshurst%20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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**Outside the Hall in Martin St**

Dates for February 27th  
& March 13th & 27th

**Phone: 5573 0470**

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