

# MT ROUSE News & Views

Community Newsletter

## Thank you CFA

We've had two fires come close to town.

Are you ready for the fire season?

Is your plan in place? There's more information to help you prepare in this newsletter - pages 3 & 4.

The Mt Rouse Message Board



### Penshurst Memorial Hall - the new Informal Unmanned Bushfire Place of Last Resort (BPLR)

The **land beside the Hall is the FORMAL BPLR.** It can be used when all other plans have failed. It is an area that provides separation distance from vegetation and protection from direct flame contact and excessive life-threatening levels of radiant heat – but does not guarantee safety.

**Leaving before a crisis  
should be your first choice.**

Below: a beautiful menace. No fruit tree is safe from this invasion.



## Australia Day

Reflect. Respect. Celebrate.

**Sunday 26th January 2025**

**8.00am**

**Penshurst Botanic Gardens**

**BBQ breakfast to follow**

**Everyone welcome. See you there.**

*Thank you Florence Collins for sponsoring this colour front page.*

Friends and families celebrating the New Year.  
“Out with the old, and in with the news”.



The Mt Rouse News & Views Management Committee 2025 (and friend)  
Yes, the newsletter has become its own Not-for-Profit Association.

Emma **KEALY MP**

NATIONALS MEMBER FOR LOWAN



**“If you have an issue you need a hand to resolve, or a great idea on how we can make our region a better place to live, work, study, and do business, I would love to hear from you.”**



34 Firebrace St, Horsham



5571 9800



[emma.kealy@parliament.vic.gov.au](mailto:emma.kealy@parliament.vic.gov.au)



**TOTAL FIRE BANS**

Total Fire Bans are declared by CFA on days when fires are likely to spread rapidly and be difficult to control.

On days of Total Fire Ban there are legal restrictions in force to reduce the likelihood of fires starting.

Victoria is divided into nine Total Fire Ban districts. Total Fire Bans are declared by district and you must know which district you live in. A list of municipalities that are located in each of the districts is shown in the coloured boxes.

For more information on Total Fire Bans and fire restrictions please call the VicEmergency Hotline on **1800 226 226** or via National Relay Service on **1800 555 677** or visit [cfa.vic.gov.au](http://cfa.vic.gov.au)

**Your Emergency Kit**



- Pack an Emergency Kit with essential items and keep it in a handy place.
- Scan important documents and photos onto a memory stick.
- Save important contact numbers in your mobile phone. Include family, friends and the VicEmergency Hotline. Keep a fully charged portable charger handy for emergencies. Download the VicEmergency app if you have a smartphone.
- Set aside protective clothing (long-sleeved, made from natural material such as cotton, and sturdy footwear such as leather boots) for each member of the family.
- Buy a battery-operated radio, powerful torch and extra batteries.
- Put pure wool blankets in your car for protection in case you get caught on the road.
- Practise packing your car so you know how long it will take.
- Mark your main routes, including back-up routes and petrol stations on hard copy maps and store in your glove box.
- Make arrangements with anyone you plan to visit or stay with when you leave early.
- Talk to neighbours or nearby friends about ways you can help each other.
- Don't forget pets. Make sure pet containers are in your Emergency Kit or packed in the car. If you have horses, make sure you can move them somewhere else if they won't be safe on your property.
- Follow the tips on pages 6 and 7 to prepare your property.



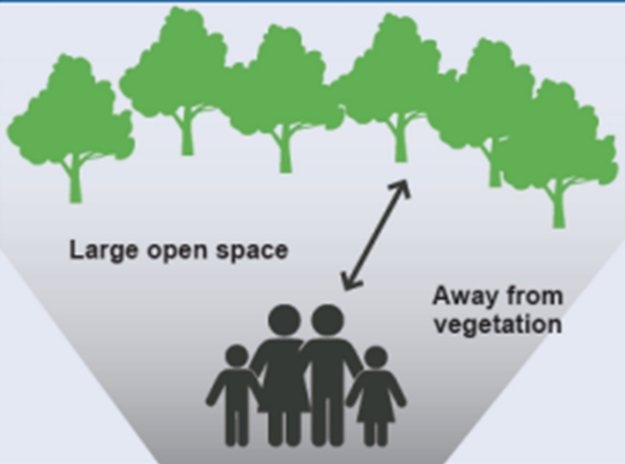
**Remember to prepare for your pets as well. Make sure your pet is wearing an identification tag and add the following items to your Emergency Kit:**

- › suitable transport carriers or leash
- › any medications
- › dietary supplements
- › food and drinking water
- › a familiar item (toy, bed, treats) to help reduce stress.

**Before summer**

What is a Bushfire Place of Last Resort?

Leaving early is always the safest option - don't leave it too late



Last minute car travel is extremely dangerous



Sheltering in a water tank is NOT safe



Sheltering in a swimming pool has a high risk of trauma, injury or death

It will NOT provide:



Catering



Medical services



Emergency services



First Aid and medication



Pets' needs



You may be on your own

IT'S UP TO YOU TO STAY INFORMED



LOCAL NEWS

Listen to ABC local radio, commercial and designated community radio stations and watch Sky News TV.



1800 226 226 (freecall) VicEmergency hotline



ONLINE

VicEmergency website: emergency.vic.gov.au



SOCIAL MEDIA

facebook.com/vicemergency  
twitter.com/vicemergency



VICEMERGENCY APP for Apple & Android

KEEP AN EYE ON THE WEATHER AND FORECASTS AT THE AUSTRALIAN GOVERNMENT BUREAU OF METEOROLOGY. WWW.BOM.GOV.AU. TO REPORT A FIRE (OR OTHER EMERGENCY) PHONE 000.



### Caramut and District Garden Club



**Composting** is a boring subject but most beneficial for the health of the garden. My first compost bin on the farm was made from sheets of unwanted corrugated iron placed like the photo on the left but it had no front. I put weeds, kitchen waste, egg shells, sometimes sheep manure, and the deep litter from the chook pen when cleaned out each year. The chook pen was in the old pig sty with a cement floor. Each year, a fresh bale of hay was placed in the pen. The chooks received a bucket of weeds each day for green feed. Naturally not all eaten, but after being scratched around for a year, it all ended up as a friable mix. Whenever we killed a sheep, fat scraps went on the heap which the birds or dogs usually ate. I also included meat bones and when the dogs were left off for the day, they made a bee line for the compost heap. The three bins meant I had a filling bin, a “cooking” bin and a using bin. The drawback was that it took about 12 months to be properly composted. To hasten the composting, the heap could be turned regularly but for me, I was too lazy and it was hard work.

Another form of composting an uncle uses is a tumbler. This needs to be turned nearly daily. All the same type of things which I included in my heap can also be used. This would be useful for small garden areas.

I have downsized now that Maurice is in residential care and the garden needs to be renovated so I am using “trench” composting my father used in the vegie garden. A trench is dug about a spade deep, as long as desired, and about two spades wide. Kitchen scraps are best cut into a small size for quicker composting. Weeds, without the seed heads, can be used, as well as leaves. I’m using lawn clippings. I’m also experimenting with the compostable plastic bags from the supermarkets, cutting them up as well. Cover the trench with the soil. I have pumpkins growing from the first trench I dug. I think every seed grew so I had to thin out the seedlings. My uncle said his garden was covered with plants, so he couldn’t do trench composting. I have sometimes just dug a hole to put a small quantity of kitchen scraps in and ended up growing potatoes. One year I even grew a cantaloupe and was able to harvest fruit.



There are many other ways of composting so google up the information if you wish to know more.

The next meeting of the Garden Club is on Tuesday the 11<sup>th</sup> Feb meeting at the Hamilton Botanic Gardens at 10am where we will have morning tea. Please bring your own mug and a fold up chair. A short meeting will follow (usually to discuss where the next meeting will be). Members of the garden will meet us there and give a small talk and a guided tour of the gardens. Following this we will then go onto the garden of Robyn Brader.

For more information, please contact the secretary, Marita 0439 669 839.  
Visitors are always welcome.

*Enjoy what you have rather than  
desiring what you don't have.  
Just dreaming about nice things is  
meaningless – like chasing the wind.*

From the Bible – Ecclesiastes 6:9

Penshurst can be an incredibly busy place.  
What are you planning for this year? Are  
you ready for all the challenges, and joys,  
that 2025 will bring? While we generally  
take care of our bodies, we also need to take  
care of our mental health.

# From the cluttered desk of the Editor

(It will probably never be uncluttered)

People keep asking me what I am doing with my spare time? I didn't realise that the Progress Association was all that time-consuming. I counted it as a hobby. Mostly I found it fun and interesting, as I travelled the many paths and shadowed wanderings of businesses, Councils and other Not-for-Profits. I will miss it to some degree. In the meantime, I wish the new committee a great deal of success and joy.

That being said, a few things I have noticed that are important -

**Australia Day is starting half an hour early.**

**Sunday 26<sup>th</sup> January. 8am**

**The Lions Club are providing their usual great bbq brunch. Thank you Lions!**

The next Progress Association meeting is **Wednesday 26<sup>th</sup> February 7pm .. also half an hour early.**

While the wildfires have been burning their way through the Grampians and California, I have been thinking how lucky we are to have so many CFA units around our region. There's still some communication issues, so it would be wise to download the VicEmergency app to your I-phone, if you haven't already done so. The radio station to tune to is 774AM. The Hall will be open on days of Total Fire Bans, and Extreme and Catastrophic days, but don't expect to have any staff there. As the CFA reminded me recently, the first choice should be to leave, if you do not feel safe. **Don't leave it to the last minute to decide.**

Have a great fortnight, Ama Cooke 0402 870 738



## ELDERS HAMILTON

*Proud to be a supporter of local communities*

### BRANCH MANAGER & RURAL

#### REAL ESTATE

Lachy Patterson 0407 704 684

#### WOOL

Andrew Howells 0418 846 291

Kate Methven 0488 415 883

David Whyte 0407 347 203

#### State Wool Manager

Lachie Brown 0409 645 915

#### LIVESTOCK

Aaron Malseed 0407 782 286

Jordy Anthony 0407 649 925

Dillon Dawson 0438 054 593

#### STUD STOCK

Ross Milne 0408 057 558

#### MERINO STUD STOCK & WOOL

Kevin Beaton 0455 119 711

### FARM SUPPLIES

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Damon Hiscock 0439 671 046

Rob Browne 0427 315 793

Rod Evans 0498 750 125

James Whyte 0458 322 094

### AGRONOMY

Mark Rouse 0473 444 288

Gabby Redpath 0438 903 123

### SALES SUPPORT

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Wendy Kerr 5551 5700

Annaleace Dohle 5551 5700

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100 Portland Road,

Hamilton P. 03 5551 5700

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## TALL TALE OR TRUE?

Two with one shot.

Farmer Bill had to cull some rabbits on his farm near Penshurst before the powers that be fined him for having too many rabbits in warrens and rock piles on his property.

He enlisted two old poachers, (semi-retired vermin control experts), to help.


Early one afternoon, as early mornings were no more for these two, old Joe and Wal went to meet Bill expecting to have three shooters but instead found Bill on an excavator ready for a big haul. Once they realised Bill was fair dinkum about getting heaps of rabbits they found a high point with the ute and set up on the back so they could see the rabbits come out in the long grass, while Bill dug up the warrens and moved the rock piles.

They shot many rabbits and then, low and behold, as the bucket of the excavator came up with some rocks, out popped two foxes. This explains the loss of Bill's lambs and chickens!

Old Joe got a shot at one and the other headed straight for the ute. Neither Wal nor Joe could shoot as it was in a direct line to Bill. At first they thought they could jump out and land on it when it got close enough but it turned and ran in a different direction. Joe got that fox too. Wal decided he would go and retrieve the foxes. When he went back to the first one he was amazed to find two dead foxes, not one. No-one could believe Joe had got two with the one shot!!

Needless to say, farmer Bill was extremely happy with the afternoon's result. Three foxes and lots of rabbits.

"Fresh air is as good for the mind as for the body. Nature always seems trying to talk to us as if she had some great secret to tell. And so she has." –John Lubbock



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## Jokes from nature

*What do you call a flower that runs on electricity? **A power plant.***

*What garden plant is always cold?*

**A chilli.**

*What kind of flower grows on your face? **Tulips.***

*What does seaweed say when it's trapped under a shell? **'Kelp! Kelp!'***

*How do you grow the best flowers?*

**Through trowel and error.**

*What did the flower say after it told a joke?*

**I was just pollen your leg.**

*Where does seaweed look for a job?*

**In the 'kelp wanted' section.**

*I wasn't all that interested in flowers... **but I planted a few seeds, and they grew on me.***

*What type of plant sneaks up on you?*

**An ambush.**

**MEDIA RELEASE**

SOUTHERN GRAMPPIANS SHIRE COUNCIL

**Post Bushfire Business  
Impact Survey**

Following the feedback received through the recent Business and Community engagement; Southern Grampians Shire Council has partnered with Northern Grampians Shire and Ararat City Council to launch a comprehensive business impact survey.

Your responses will directly shape our recovery strategy and future emergency management planning. The survey can be accessed at the link below and will remain open until January 31 2025.

The survey should take no longer than 15 minutes and will influence resource allocation and support programs in the future.

We would love to hear from as many people as possible so that we can form the most accurate understanding of the wants and needs of the community. We appreciate that this is an incredibly busy time and we are appreciative to anyone who can find a few moments to participate. If you could forward this on to any impacted businesses that you are aware of, we would be grateful.

<https://www.surveymonkey.com/r/CQR3RCW>

### 13 January 2025 - Southern Grampians Community Recognition Awards: Celebrate Our Everyday Heroes this Australia Day

Southern Grampians Shire Council warmly invites residents to the Southern Grampians Community Recognition Awards, a highlight of the Australia Day celebrations. This year, the official event will take place at the stunning Hamilton Botanic Gardens, commencing at 10:30 am on Australia Day, Sunday 26 January 2025.

Townships across the Shire will host their own Australia Day celebrations with the official event in Hamilton where winners will be announced, and new Australian citizens will be proudly welcomed.

#### Event Details:

- When: 10:30am, Sunday 26 January 2025
- Where: Hamilton Botanic Gardens (wet weather venue: Hamilton Performing Arts Centre)

Southern Grampians Shire Council Mayor Dennis Heslin expressed pride in the remarkable community spirit that defines the Southern Grampians region.

“Every year, we receive an incredible number of nominations showcasing the extraordinary individuals who make our community what it is,” said Cr Heslin. “These are people who go above and beyond, whether by organising events that bring us joy, inspiring others through their selflessness, or embodying a camaraderie that uplifts everyone around them. “Last year’s event drew huge crowds, and we’re excited to welcome everyone again this year. The Lions Club will be on hand to provide catering, and we will have live music on the day.

“It’s always a special day, made even more meaningful by the chance to celebrate new citizens. It’s such a pleasure to see new faces choosing our community to put down roots and call the Southern Grampians home,” concluded Cr Heslin.

Continued page ....



## MEDIA RELEASE

SOUTHERN GRAMPIANS SHIRE COUNCIL

Southern Grampians  
Community Recognition  
Awards (continued)

The Community Recognition Awards will honour achievements across four categories:

- Young Citizen of the Year: Recognising outstanding contributions by residents under 25.
- Citizen of the Year: Celebrating those over 25 who've made a difference.
- Community Event of the Year: Acknowledging the most exceptional community event.
- Community Recognition Award: Honouring individuals or groups for significant contributions in the past year or over many years.

This year's Australia Day celebrations are proudly supported by the Australian Government through the National Australia Day Council.

For those attending outer township celebrations, event details will be shared on the Southern Grampians Shire Council website and Facebook page in the coming weeks.

### 14 January 2025 - Grants up to \$15,000 Available as Council Opens Second Round of Community Grants

Southern Grampians Shire Council has launched the second round of its successful Community Partnership Grants program, offering local groups up to \$15,000 to bring their community-building ideas to life.

The program, which distributed \$121,436 in its first round for 2024-25, supports initiatives that strengthen the fabric of local communities across arts and culture, community development, heritage preservation, community events and infrastructure improvements.

By helping to fund projects that enhance community life, Council aims to foster collaboration and create lasting benefits for residents.

Southern Grampians Shire Council Mayor Dennis Heslin highlighted the program's impact through recent success stories.

"We've already seen some fantastic projects funded through our first round," Mayor Heslin said. "From Hamilton Rotary's important 'Say No to Domestic Violence' education campaign to critical infrastructure upgrades like the Branxholme Recreation Reserve drainage project and the HIRL Mud Gallery lighting improvements."

"These grants transform community ideas into reality, creating lasting benefits for our residents."

#### Free Support Available for Applicants

To help community groups develop strong applications, Council's Community Development Team will provide free support through:

- Weekly drop-in sessions at Greater Hamilton Library (Fridays from January 17 to February 14, 10:00 AM - 2:00 PM)

- **Outer township roadshow visits** – please visit our website at [www.sthgrampians.vic.gov.au](http://www.sthgrampians.vic.gov.au) for more details.

**Penshurst Roadshow at the  
Hall - Wednesday  
5th February 1pm – 3pm**

Continued page 10



Council Opens Second Round of Community Grants

- One-on-one consultation with Grants Officers offering application guidance and project development support

Key Information: Applications open: January 13, 2025, 9:00 AM

- Applications close: February 17, 2025, 4:00 PM
- Maximum grant: \$15,000
- Eligible projects: New or expanding initiatives, events, and projects benefiting Southern Grampians communities

"Whether you're planning an arts project, community event, or infrastructure upgrade, our team is ready to help you develop your application," Mayor Heslin said. "We're particularly excited to see innovative ideas that will create vibrant, inclusive, and resilient communities across our Shire."

Further information about the initiative can be found on the Southern Grampians Shire Council Website or call our customer service team on 03 5573 0444. Subscribe to our Enews and never miss a story.

Media enquiries: Jeff Greene – [jgreene@sthgrampians.vic.gov.au](mailto:jgreene@sthgrampians.vic.gov.au)

*"When you teach a child to garden, you show them how to grow their own future."*  
– Unknown

**Penshurst Hair Design**



**Opening Days**  
**Tuesday,**  
**Thursday**  
**Friday &**  
**every second**  
**Saturday**  
**10am - 2pm**  
**By Appointment**

For appointments please ring

**Mobile: 0417 511 177**



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### The difference between doing and being.

Someone once asked me if I had ever done anything else apart from being a priest. The answer is 'Yes'. I had a very wise bishop who strongly encouraged me to go and get a regular 9 to 5 job so that I might have some sense as to how the secular world ticks and turns.

At 17 years of age, I successfully applied for a job as a tour guide in a winery. It was a marvellous opportunity to learn about the wine industry and it taught me a lot about people. I stayed 4 years and remember my time fondly.

Then off I toddled to college and now here we are several decades later. My inquirer made an incisive observation, perhaps without realising it, and the observation is this.

That there is a big difference between doing and being. I *did* the job at the winery but that is not the same as *being* a priest. A priest is something you are and is not necessarily defined by how a cleric fills their days. There are actually a tiny minimum of things that I am licensed to do that unlicensed folk are not permitted to do. In fact, if you add up the amount of time that I spend doing exclusively 'priestly things' it's less than a day a week. Everything else could easily and competently be done with much more alacrity than someone other than me.

And this difference between doing and being, this sense of vocation is not limited to clerical collar wearing folk. I strongly believe that farmers, medical people and those who work in the funeral industry, (to name but a few) all know the difference between 'doing' and 'being'. It's a subtle but important difference and one that I rejoice in everyday.

Today I shamelessly pinch some words from the guru Nick Cave.

"You are right to be worried about your growing feelings of cynicism and you need to take action to protect yourself and those around you, especially your child. Cynicism is not a neutral position - and although it asks almost nothing of us, it is highly infectious and unbelievably destructive. In my view, it is the most common and easy of evils. I know this because much of my early life was spent holding the world and the people in it in contempt. It was a position both seductive and indulgent. The truth is, I was young and had no idea what was coming down the line. I lacked the knowledge, the foresight, the self-awareness. I just didn't know. It took a devastation to teach me the preciousness of life and the essential goodness of people. It took a devastation to reveal the precariousness of the world, of its very soul, to understand that it was crying out for help. It took a devastation to understand the idea of mortal value, and it took a devastation to find hope. Unlike cynicism, hopefulness is hard-earned, makes demands upon us, and can often feel like the most indefensible and lonely place on Earth. Hopefulness is not a neutral position either. It is adversarial. It is the warrior emotion that can lay waste to cynicism. Each redemptive or loving act, as small as you like, Valerio, such as reading to your little boy, or showing him a thing you love, or singing him a song, or putting on his shoes, keeps the devil down in the hole. It says the world and its inhabitants have value and are worth defending. It says the world is worth believing in. In time, we come to find that it is so."

~Nick Cave's



# Penshurst Store



Amanda & Cam Wilson  
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**Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.**

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**Monday - CLOSED**

**Tuesday to Friday - 7.30am - 2.00pm**

**Saturday – 8.00am - 2.00pm**

**Sunday - CLOSED**

**Café/Bakery**

**110 Bell Street, Penshurst**

**penshurststore@gmail.com**

## Penshurst Shed

Open

**Saturday & Tuesday  
10am - 4pm**

I'm dreaming of some wooden pallets transformed into useful items around the home and garden. It's great how they clean up once run through the thicknesser. Some great conversations around the fire, or on the front verandah, and there you have the Shed.

Talk to the crew for more information about the Shed and its activities.

We are open for everyone.

### Contact

Tom Cooke 0488 557 345



**Muscle Dysfunction?**



Scan QR Code for more details

Leanne Cottrill  
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13 French Street Penshurst 3289  
36A Thompson Street Hamilton  
3300  
<https://body-balance-on-french.au3.cliniko.com/bookings>





## A PAGE TO SHARE RECIPES

**Potato, pea & mint salad**

Prep 5 mins    Cook 5 mins    Serves 8

## INGREDIENTS

2 x 500g packets microwave-ready chat potatoes	200g smooth feta, crumbled
380g (2 1/2 cups) frozen peas	2 bunches mint, leaves picked
365g (2 1/2 cups) frozen podded edamame	1/3 cup Coles Pistachios, to serve
	250ml (1 cup) Birch & Waite Greek Style Yoghurt, Feta & Dill dressing

**Method**

Step 1 - Cook the potatoes following packet directions. Cool.

Step 2 - Meanwhile, bring a saucepan of salted water to the boil. Add peas and edamame. Cook for 2-3 minutes or until just tender. Drain and refresh under cold water. Drain.

Step 3 - Cut the potatoes into thick slices. Arrange on a large platter with the peas, edamame, feta, mint leaves and pistachios. Season well and drizzle the dressing over.

**Crispy Potato and Salmon Salad**

Prep 10 mins    Cook 20 mins    Serves 4

500g baby coliban (chat) potatoes	<b>Salsa Verde</b>
1 bunch asparagus, trimmed	1 cup fresh continental parsley leaves
60g baby rocket	1/2 cup fresh basil leaves
2 x 150g hot smoked salmon fillets, skin removed, flaked	1 tbsp baby capers
2 tbsp sliced small gherkins (cornichons)	60ml (1/4 cup) olive oil
	1 tbsp white wine vinegar

Step 1 - Place the potatoes in a saucepan. Cover with water and lid. Bring to the boil over high heat. Remove lid and cook for 10 minutes or until tender when pierced with a small sharp knife. Drain. Set aside to cool slightly. Preheat a barbecue flat plate or large heavy-based frying pan over medium-high heat. Cut potatoes crossways into 4 slices. Spray with olive oil spray. Cook on barbecue, turning occasionally, for about 10 minutes or until crisp and golden.

Step 2 - Meanwhile, to make the salsa verde, finely chop parsley and basil, and coarsely chop capers. Combine in a bowl with the oil and vinegar.

Step 3 - Place the asparagus in a heatproof bowl and fill a separate bowl with iced water. Cover asparagus with boiling water. Set aside for 1 minute then use tongs to transfer asparagus to iced water. Drain and pat dry. Cut in half lengthways. Place the rocket on a serving platter. Top with potatoes, asparagus and salmon. Sprinkle with cornichons and drizzle over some of the salsa verde. Serve with remaining salsa verde on the side.



5576 5270

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**Penshurst's News Agency**

*Cheers to a new year and another chance for us to get it right.*

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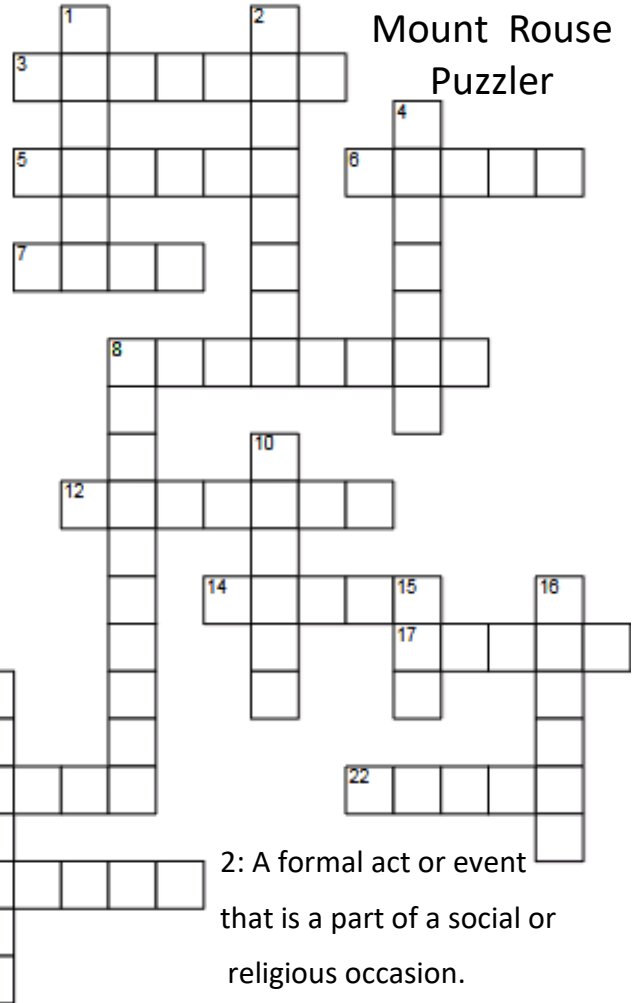
Meg Todd (Animal Health ) 0437 772 861

**Western AG Willaura - T: 03 5354 1585**

Glen Gray - 0439 541 036



Mount Rouse  
Puzzler



- Across: 3: Nose-twitching illuminators.  
 5: To make changes especially to correct or improve something.  
 6: To fill something so that there is little or no room for anyone or anything else.  
 7: Equipment that is used for a particular purpose.  
 8: A companion in play.  
 11: One of the eight small pieces that have the least value in the game of chess.

12: A state of very great happiness.

13: A game played on a large field by two teams of nine players who try to score runs by hitting a small ball with a bat and then running to each of the four bases without being put out.

14: To make something wide or wider.

17: Not involved with or friendly.

18: A member of a police force.

21: The organic process of synthesizing and releasing some substance.

22: The organs of an animal that are used for food.

23: One of the round parts underneath a car, wagon, etc., that rolls and allows something to move.

24: The power or process of remembering what has been learned.

Down:

1: The part of a shirt, jacket, etc., that covers all or part of your arm.

2: A formal act or event that is a part of a social or religious occasion.

4: Something that you say, give, or do to show respect or affection for someone.

8: The way you think about or understand someone or something.

9: The power to change or affect someone or something.

10: Born in a particular place.

15: A short period of sleep especially during the day.

16: A reoccurring measure of time.

19: A measure of being healthy.

20: A way of raising money for a government, charity, etc., in which many tickets are sold but few are chosen.

Crossword answers from last newsletter: **Across:** 2 park, 3 fibre, 4 jacket, 7 celebration, 8 scenario, 10 drum, 11 tail, 14 transport, 15 childish, 16 experiment, 17 insight, 21 river, 22 average, 23 attach, 24 form. **Down:** 1 breathe, 2 proportion, 5 cooperative, 6 definite, 9 allocation, 12 bullet, 13 magnitude, 18 glare, 19 drama, 20 random.

### How to make a paper-mache volcano

#### WACKY SCIENCE EXPERIMENTS

Paper Mache Volcano! With a Baking Soda and Vinegar Explosion!

What you will need to properly conduct the experiment! For Volcano – You will need:

Mixing Bowl	thick cardboard)	Modge Podge (not necessary if volcano is meant to only erupt once.
Flour & Water	2L bottle	
Newspaper and 4 Pieces of Wooden Planks (or	Various Paint Colours	

For Explosion – You will need:

Mixing Bowl and Cup	6 tbsp of Water
3 tbsp of Baking Soda	1 ½ cup of Vinegar
3 tbsp of Dish Soap	Red Food Colouring



#### Instructions

How to make the Volcano and the Base:

- 1) Cut off the top of the 2L bottle to create a larger opening.
- 2) Tape 4 pieces of wood to the 2L bottle, this will create a pyramid like structure.
- 3) In the spaces between the bottle and the pieces of wood crumple up pieces of newspaper to fill the gaps.
- 4) Cut up the remainder of the newspaper into 2-inch-thick strips.
- 5) Mix the flour and water in a ratio of 1 part flour for every 2 parts water. This creates the Paper Mache mix.
- 6) One at a time, dip the strips of newspaper into the Paper Mache mix, and place the around the wooden pieces.
- 7) Continue step 6 until the entire volcano structure is covered.
- 8) Leave the volcano to dry for at least 24 hours! It should be dry and hard to the touch!
- 9) Once the Paper Mache is hard to the touch, use the paints of your choice to paint your desired design.
- 10) Leave until the paint is dry.
- 11) If you want to use the volcano for multiple occasions use Modge Podge to create a waterproof barrier. Paint on at least 2 layers and leave for 12 hours to dry in between each layer.

How to make the Volcanic Explosion:

- 1) In a mixing bowl, mix the baking soda, water, dish soap, and the desired amount of red food colouring. Ensure everything is mixed together.
- 2) Pour the mixture into the volcano. Make sure that there is nothing left over in the mixing bowl.
- 3) Move the volcano outside.
- 4) Once ready, pour the vinegar into the volcano, the eruption will start very quickly!
- 5) Enjoy your explosion!

From <https://ilovecamp.ca/wp-content/uploads/2021/07/Wacky-Science-Week-1-Instructions-Google-Docs.pdf>



## Community Meetings

### Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

### Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue or contact Marita 0439 669 839

### Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

### Penshurst Social Support Group

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre, - Penshurst Hospital. Please contact the Social Support Group Coordinator on 5551 8381 Or @ WDHS on 55518683

### Mount Rouse & District Historical Society

- Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

### Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

### Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

### Penshurst Progress Association (PPA)

- 3rd Wednesday - February - November 7.00pm Penshurst Memorial Hall



**AmbulanceVictoria**

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

<https://www.ambulance.vic.gov.au/careers/become-a-first-responder/>

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313

### Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

### Penshurst Pony Club Rally

- 1st Sunday each month. Contact Jenni 0409 962 969

Penshurst CWA *Next meeting Tuesday 28th January at 7.30pm. Penshurst Senior Citizens Centre. Newcomers are very welcome.*

### Penshurst Senior Citizens

- Meets at the club rooms in Bell Street.

## Penshurst Church Services

### Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

### Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact Fr. David Oulton 0435867040

### St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

### St Joseph's Catholic Church Penshurst

1st Sunday No Service

2nd Sunday Mass 5pm

3rd Sunday Lay Service 8.30am

4th Sunday Mass 5pm

5th Sunday No Service

Mt Rouse News & Views  
Community Newsletter

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**DEADLINE FOR CURRENT SUBMISSIONS -  
Saturday 1st February 2025**

The newsletter will be published on  
Wednesday fortnightly and we would  
appreciate submissions at the earliest  
possible time within the fortnight but  
no later than the Saturday immediately  
prior to the Wednesday of publishing.

**Editor : Ama Cooke**

All correspondence to:  
mtrousenewsletter@gmail.com

Also available in colour online at  
[www.penshurstvictoria.com.au/  
Penshurst%20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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**Mobile Library**

Will be visiting Penshurst  
every Thursday fortnight  
3.00 - 4.00pm

**Outside the Hall in Martin St**

Dates for  
January 16th  
February 13th & 27th

**Phone: 5573 0470**

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