Year 6 Edition 17 17th April 2024

Mt Rouse News & Views



Community Newsletter

Penshurst

ANZAC DAY

Dawn Service

25th April 2024

We welcome you to gather on the SE corner of Martin & Bell Streets Penshurst for a Dawn Service.

The Dawn Service will commence at 6am with silent, personal reflection from 5:45am.

"In the early morning, just before sun-up and while the sky is still grey, we silently remember the fallen and the wounded on ANZAC Day."

An excerpt from Trish Reeves' poem 'We Remember Those on ANZAC Day

We encourage you to bring floral tributes to lay on the cenotaph.

A community BBQ breakfast will follow.

All residents and visitors to Penshurst are welcome and encouraged to attend.



With thanks to Florence Collins for sponsoring our colour front page

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Penshurst Progress **Association**

ABN 35 622 662 815

president@penshurstprogresss.org.au

Committee of Management: Ama Cooke - Chairperson 0402 870 738 Brian O'Brien - Secretary Don Adamson - Treasurer

Next Meeting - Wednesday 24th April 7.30pm Penshurst Memorial Hall

Good afternoon everyone,

There's a few projects on the move. We are in discussion with the Council to complete the Napier Waller Green Space with both gardens Additional information in an unfolding and information boards. The Penshurst 3289 emergency (A number of trusted/verified Business & Tourism subcommittee are having information sources are to be considered for another market on the 28th April. At the next decision making). PPA meeting we are coming together to create Another option to consider as part of your a new Community Plan. There's a lovely Anzac Day Service being created for the 25th. The Council is installing meter boxes on the hall, to disconnect their public toilets from the Hall's electricity and water. This is long overdue and the committee there are delighted. PO Box 66 Penshurst is no longer the property of the Progress Association, and PO Box 111 is not the Hall's. Instead a letterbox will be affixed to the building. You will have noted that I included the notification from Council that Glenthompson Pool has been closed in this become a very newsletter. This has contentious issue in their town, and spills out into any of the small towns that also have pools, because we might be next on the list. Yes, pools are grossly expensive to maintain, but they can also be very important to the small town experience. How do you feel about the possible loss of ours? Something to think about for the I know you'll have many questions, and you can future.

Talking about important things, the Penshurst Emergency Management Committee is having a town gathering on the 23rd April to talk to people about our two and a half year project which has led to the decision to create an "Informal Place of Shelter".

Quoting from the information brochure that has been created by the group -

The 'Informal Place of Shelter' in an emergency MAY provide:

A potential 'safer place' to shelter than homes closer to the northern and western fringes of town or in the direction of an approaching fire.

Tom Cooke & Jeff Jellie

individual plan.

The Hall and the grounds immediately outside were assessed in 2022 by CFA in accordance with Bushfire Place of Last Resort Requirements. This assessment concluded a sufficiently low radiant heat impact that allows the hall to be further considered as a shelter option. The Hall has a large indoor space with amenities, including disability access. It is in a central location away from the fringe of town and on the main tourist thoroughfare. The Hall has been used successfully in significant past emergency events (1977 fires) for the community to gather, assist one another and provide support. Lastly, the majority of the community believe it to be the most appropriate community space to gather in the event of an emergency.

find out your answers at the gathering -

Public Gathering Information about the Hall becoming an Informal Place of Shelter

Have your questions answered.

Tuesday 23rd April 5.30 - 7.30pm

Penshurst Memorial Hall

There will be a free sausage sizzle and soup.

Have a great fortnight, Ama Cooke PPA

MT ROUSE NEWS & VIEWS

The Mount Rouse & District Historical Society Inc.

We preserve and celebrate our local History

Last weekend two of our members, Brian O'Brien and Joy Doherty, attended the Western Victoria Association of Historical Societies (WVAHS) Southern Zone AGM hosted by Nhill Silo Heritage Project in Nhill. A most interesting and enjoyable meeting and tour of historical sites in Nhill. One of the projects undertaken by a member of NSHP has been a 2024 calendar of wedding dresses worn at local weddings from 1874 to 1974. Beautifully done and so much recorded about the bride and groom and their families. Perhaps a project for us, Ladies?

At the moment research is being carried out for Penhurst's Anzac Day Service. We will be putting up a display of Red Poppies at the Penshurst Court House. If anyone has some crocheted/knitted/paper or drawings of Red Poppies they would like to donate to our display, please contact me on: Mobile 0408 360 801. We would love to hear from you.



Above: crocheted Anzac Poppy

If a member of the Historical Society and/or a community member would like to help arrange the display, please let me know on the above phone number.

Joy Doherty, MRDHS Researcher/ Secretary.

Lest We Forget.

Caramut and District Garden Club

Sedums have grown very well this year with the summer rains. There are over 400 different types of Sedums. This one comes from China and Korea and does very well in the heat, sun and dryer conditions of the garden.

The plant dies down once flowering has finished in late Autumn with new shoots growing from the base. These can be divided and replanted if required.

Old flower heads on roses should be removed to encourage extra vigour for the autumn flush of blooms. It is suggested that the roses are fed with a rose fertiliser to encourage bud formation and large healthy flowers. I find a mulch with sheep manure does an excellent job and as one

garden club member once said, "It's a slow release fertilizer". As we haven't had much rain, a good soaking would also benefit.

As colder evening temperatures are coming, reduce water to indoor plants. Most go dormant in winter and need less fertiliser and water.

Perennials such as shasta daisy, phlox, Easter daisy should be divided and replanted. Select the strongest growing stems for extra vigour next season. I find that if the soil is dry, give the ground a good watering before planting, but water after replanting as this makes sure the soil is well compacted around the roots and there are no air pockets.



Continued on page 10

ROUSE NEWS & VIEWS





PENSHURST

Proud to be a supporter of local communities

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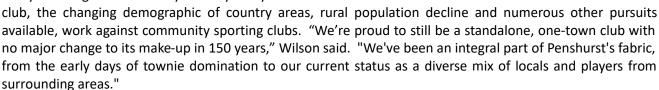
MT ROUSE NEWS & VIEWS

150 year of Sporting Legacy

The Penshurst Football Netball Club (PFNC) is gearing up to celebrate a momentous milestone: its 150th anniversary. As the club prepares for a year of festivities, President Tim Wilson reflects on the club's rich history and shares his vision for its future.

Reflecting on the club's illustrious past, Wilson highlights some of the significant achievements that have shaped its legacy. "Over the past century and a half, the PFNC has proudly claimed 18 senior premierships, nine reserve premierships, and numerous junior football and netball successes, as well as hosting a string of women's social games in the 1950s and 60s," he said. The Bombers were one of the early adopters to merge football and netball clubs, forming the one club in 2000.

As well as its successes, the club has also withstood many challenges. As with any country footy and netball



Despite the club's steadfastness, it has undoubtedly witnessed change over its 150 years, being part of 12 league's, staying in the Mininera and District Football League since 1970. In the early days, players and supporters would go by train or troop carrier to games, then in the 1950s the Lutheran community got on board. Nowadays the club is a mix of locals and district farmers, as well as travelling players from Hamilton and further afield.

Fundraising has evolved from hare drives, haycarting and dances to the club's formation as a licenced club, with social rooms, cattle trading, lamb marking and sponsor partnership with local businesses. "The club has a strong membership base, but beyond that the majority of folk within the town and district show an interest in how the club performs, and if the club is up and about the town buzzes, much like Geelong," Wilson said.

In recent years, the club has continued to prosper, achieving success both on and off the field and court. "We've seen senior premierships in 2009 and 2012, as well as notable accomplishments in netball, including a four-peat in A grade from 2010-2013 and a three-peat in B grade from 2010 -2012. Out of the last 22 junior grand finals we have been in 16 and won 11, and more proudly, we are now seeing the majority of our senior/reserves teams are players that have progressed from junior to senior football.

"Beyond trophies, our proudest moments include saving a player's life during a cardiac arrest incident at training and fostering a sense of community that transcends wins and losses." Wilson, who has himself been involved with the club for two decades, acknowledged the club had successfully created an environment that welcomed people, and had developed values and a community spirit that stands young people in good stead in all aspects of life. "It's certainly been the case for our club that it is the role of each generation to pass the baton to the next to continue living the club values," he said.

As the PFNC prepares to celebrate its 150th anniversary, Wilson outlines the club's plans for the year ahead. "We're organising a series of events to honour our history, including a Retro Round, an Indigenous Round, and a fundraising campaign," he said. "But the highlight will undoubtedly be our Gala



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MT ROUSE NEWS & VIEWS

150 year of Sporting Legacy (continued)

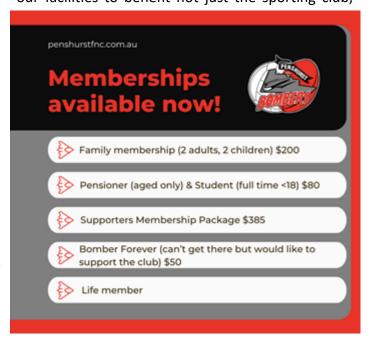
Ball on May 11, featuring presentations on football and netball history, a special auction, and entertainment. No doubt it will be an evening filled with nostalgia, camaraderie, and celebration.

Looking to the future, Wilson emphasises the club's commitment to its core values of sporting excellence and community engagement. "Our goal is to continue offering a pathway for players from juniors to seniors, while also enhancing our facilities to benefit not just the sporting club,

but the wider community," he says.

Wilson recognised the importance of the club's supporters and sponsors in reaching such a historic milestone. "Supporters are the lifeblood of any sporting club," he said. "Without their generosity we would struggle to fund the day-to-day running of the club; sports administration has become very in depth and costly. They'll be honoured guests at our anniversary celebrations and integral partners in our future endeavours."

As the PFNC embarks on the next phase of its journey, Wilson reflects on the significance of reaching this milestone. "Surviving and thriving for 150 years is no small feat," he said. "It's a testament to the dedication and resilience of everyone involved."

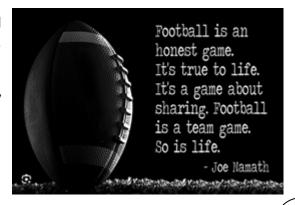


As the Bombers celebrate such a momentous achievement, Wilson said the club is urging the Penshurst community to join them in shaping the club's future. "Whether as players, volunteers, or supporters, there's a place for everyone at the club," he said. The fund-raising campaign that will launch in the upcoming MDFL/MDNA season will be dedicated to the upgrade of the club's existing change rooms and social facilities. "The club wants to build a facility that can be used for functions & meetings by the whole Penshurst community, not just the club," he said. "The aim is for the Rec Reserve to be a multipurpose community hub for the town and district."

For those interested in joining or supporting the club, Wilson extends a warm invitation. "Whether you're a player, coach, volunteer, member, supporter, or sponsor, you'll be welcomed with open arms," he assured. "Visit our website or social media channels to learn more, or simply drop by a training night or game day."

For more information about the Penshurst Football Netball Club visit penshurstfnc.com.au, or call President, Tim Wilson on 0429 168 020 or email pfnc.president@gmail.com. You can also follow the club's 150th Anniversary celebrations on Facebook (Facebook/Penshurst Football Netball Club Public Page) or Instagram (@penshurstbombersfnc).

Book into the Gala Ball, see page 8.



MT ROUSE NEWS & VIEWS



11th April 2024 COUNCIL RESOLVES TO CLOSE GLENTHOMPSON POOL

The Glenthompson Swimming Pool will be closed and decommissioned following the decision at last nights' April Council meeting.

Mayor, Councillor David Robertson, acknowledged that the decision to close the pool is a difficult one and is not taken lightly by Councillors or Council Officers.

"Council acknowledges this is a difficult decision for the Glenthompson community, which hasn't been arrived at easily by Council. We recognise the advocacy work undertaken by some residents to keep the pool open," Cr Robertson said.

Council owns and operates seven pools in the Southern Grampians Shire, by far the most of any council in the region and unfortunately many of the pools are nearing the end of life and require significant capital investment.

The current asset utilisation (based on people swimming within the pool) of Glenthompson is the lowest of Council's six outdoor pools. Significant capital investment would be required to address critical structural issues, leakage problems, and outdated plumbing systems. This doesn't include any updates to the existing changerooms or swimming pool surrounds.

Low usage rates, combined with these ongoing maintenance costs make the operation of the pool unsustainable.

Cr Robertson added, "Council has undertaken a review of all pools to ensure their ongoing viability and value for money. This review has looked at operating costs per visitor, cost of capital investment required at each pool, and distance to alternate pools.

"An important factor in Council's consideration was the proximity of other pools within a 15 minute travel time in Southern Grampians Shire and a neighbouring Shire.

"While the cost per visit to Council of the Glenthompson Pool reduced in 23/24, at \$65.25, it's still the highest of all the shire's outdoor pools, and significantly above the statewide average for equivalent sized rural Council pools of \$17.50. Prior to this season, the cost to ratepayers had been as high as \$109.95 per swim. This is almost ten times the average statewide cost and just isn't sustainable," Cr Robertson said.

"We held several community engagement sessions with the Glenthompson community and met with the Glenthompson and District Development Association in the lead up to this decision. Through these sessions, many ideas and alternative operating models were discussed, including the reintroduction of fees and handing ownership back to the Glenthompson community," Cr Robertson said.

With the pool only being open three months of the year, and following discussion with the community, Council believes there are better investments it can make in Glenthompson to support social connectedness and health and wellbeing. Learn to swim programs are provided locally at the Dunkeld swimming pool.

MT ROUSE NEWS & VIEWS

150th Gala Ball

Join us to commemorate a remarkable 150 years of the Penshurst Football Netball Club. This evening is a tribute to the legacy of Bomber football and netball, bringing together past and present players, members, supporters, and sponsors. Revel in the rich history of our club, catch up with old friends, regale with stories of old and hear how the club has evolved over 150 years. Round out the night with live music in a one-off event not to be missed! Come together in celebration of 150 years of sporting excellence and camaraderie.



Date: Saturday, May 11, 2024 from 6.30pm

Location: Penshurst Memorial Hall (21 Martin Street, Penshurst Vic 3300)

Dress code: Smart Casual

Tickets: \$75 per person (includes substantial cocktail style catering by

Cafe Gray and drinks at bar prices).

Scan the QR code on the right to book your tickets.

(Note: The Supporters Membership Package: Family Membership (2 adults & 2 children) includes acknowledgement in club rooms & PFNC Burble, 2 x meal & refreshment vouchers, BONUS PFNC supporter beanie. All club membership packages come with a 2024 season member sticker & Bombers stubby holder).







Amanda & Cam Wilson 0439 941 942

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Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.

> Phone orders and payments are welcome.

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday - 8.00am - 2.00pm

Sunday - CLOSED

Café/Bakery

110 Bell Street, Penshurst

penshurststore@gmail.com

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To paths not taken...

It was a quick line on TV. The high level police having solved a particularly heinous case are reflecting over some tumblers of beverage. One of them turns wistfully to his colleague and asks. 'So George... if you hadn't been a detective what would you have been?' George replies "I come from an Italian heritage and I would have set up my own little Italian restaurant using Mama's recipes with lashings of Chianti, garlic and pizza."

A few others reminisce and ponder... Run a Hotel, become a surgeon... a child care worker. There is much bonhomie, more beverage and a percolation of thoughts.

Someone makes the salient point that if any one of them had pursued these other paths, then they would not have met, friendships would not have been formed and to really push the envelope out.. Then it might be that the recently captured felon would still be out there committing monstrous crimes and slaying people.

When I was quite young I aspired to be a doctor. Nothing fancy like a specialist or epidemiologist, just your average, coughs and colds GP. I'm not really sure what happened; perhaps I realised early on that I did not have the academic prowess to accomplish this noble profession.

The flip side is also true. That if I had become your white coated, stethoscope slinging GP, I would not be writing this post. I would not have broken bread, celebrated weddings, sent souls on their way and thrilled in the baptisms of the quite young and somewhat more mature. I would not have met so many amazing people including you.

The folk on the TV raise and chink their glasses. 'To paths not taken!' I join them in this toast, swiftly and with joy. 'To paths not taken.'

3 cheers for our Doctors.

Each year I go and see a gentleman who I refer to as my 'Big Doctor'. We have known each other for decades and we do the whole shooting match. Bloods, diet, state of mind, anything and everything. All the numbers and counts are ticked off. He has seen me in good health and some pretty icky patches.

There's a lot going on with this consultation. It's not just about the science and readings and scans. My doctor walks that delicate tightrope between being compassionate as well as being a very straight shooter. He kindly tells it exactly as it is. There is no chocolate sauce dolloped on top and if he thinks my weight is not good, or my blood pressure too high, then he will let me know. I have always been grateful for his skill, integrity and bedside manner.

We desperately need more GP's and we need more like my 'Big Doctor.' Our population is not getting any less or younger and our bodies are hard wired for mortality. It is inevitable that the bits start wearing out and falling off as we age. How do we engender the sense of vocation to become a doctor and just as importantly how do you sum up this undeserved privilege we call a medical consolation?

I found some words in Singapore recently which say it far better

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COUNCIL RESOLVES TO CLOSE GLENTHOMPSON POOL (continued)

A number of ideas were put forward by the community including purchase of the former Primary School site for community use; upgrade of the Lions Park including improved amenities such as toilets, undercover all-weather table and chairs, accessible splash/play equipment, exercise equipment; develop a community garden; create a caravan park, allowing people to stop and stay; guided walking track, around town; Mural on hall; interactive path for walking and bike riding around town; or riding/walking track between Glenthompson and Dunkeld.

"Council is looking forward to exploring these options with Glenthompson community," Cr Robertson said.

Works will be undertaken regarding repurposing the pool site following this consultation with the community.

Jeff Greene - Communications Officer Southern Grampians Shire Council

Caramut and District Garden Club (continued)

Competition Winners from the April meeting:

Bloom 1st. Marita Smith 2nd Mary Underwood/ Gill Hiscock Special – Geranium or Pelargonium: 1st. Jan Madden 2nd Ann Walter Produce: 1st Gill Hiscock 2nd Robyn Wood

The next meeting of the Garden Club will be on **Tuesday 14th May** at **10.30.** Note the later time

as there will be no meeting or competition. We will meet at Perry Cho's home at 7 Johnstone Rd. Warrnambool to enjoy her garden then go on to the "City Memorial Bowls Club" for lunch. There will be no competition.

Visitors are <u>always</u> very welcome.

What's worse that finding a worm in your apple?

Pain makes people think.
Thought makes people wise.
Wisdom makes pain endurable.
John Patrick

One word frees us of all the weight and pain of life. That word is Love."

Sophocles

When we long for life without difficulties, remind us that oaks grow strong in contrary winds and diamonds are made under pressure.

Peter Marshall



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A PAGE TO SHARE RECIPES

Melt-in-the-mouth Osso Bucco

Prep Time 15mins Cook time 6hours Serves 4

INGREDIENTS

From taste.com.au

4 (900g) veal shanks (for osso buco)

2 tbsp plain flour

1 tbsp olive oil

2 medium red onions, coarsely chopped

2 garlic cloves, crushed

3 medium carrots, thickly sliced

2 sticks celery, thickly sliced

410g can crushed tomatoes

2/3 cup (165ml) dry white wine (or red)

1 cup (250ml) beef stock

2 tsp dried Italian herbs

2 tbsp tomato paste

Cooked polenta, to serve

Gremolata

1 garlic clove, crushed

2 tbsp chopped fresh flat-leaf parsley

1 tbsp finely grated lemon rind

METHOD

Step 1

Place 4 (900g) veal shanks (for osso buco) and 2 tbsp plain flour in a bowl. Toss to coat. Heat 1 tbsp olive oil in a frying pan over medium-high heat. Cook veal for 5 minutes each side until browned. Transfer to a plate.



Add 2 medium red onions, coarsely chopped, 2 garlic cloves,

crushed, 3 medium carrots, thickly sliced and 2 sticks celery, thickly sliced to pan. Cook, stirring for 3-5 minutes or until vegetables start to brown. Transfer to bowl of slow cooker.

Step 3

Add veal. Pour over combined 410g can crushed tomatoes, 2/3 cup (165ml) dry white wine, 1 cup (250ml) Massel beef stock, 2 tsp dried Italian herbs and 2 tbsp tomato paste. Season. Turn slow cooker onto low and cook, covered for 6-7 hours.

Step 4

Combine gremolata 1 garlic clove, crushed | 2 tbsp chopped fresh flat-leaf parsley | 1 tbsp finely grated lemon rind in a bowl. Serve osso buco on Cooked polenta, to serve, sprinkled with gremolata.

"Taste as you go. When you taste the food throughout the cooking process, you can make adjustments as you go." Anne Burrell

"No one is born a great cook, one learns by doing." Julia Child

"Calories? I think you mean delicious points." Anonymouse





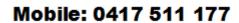
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Penshurst Hair Design



Opening Days
Tuesday,
Thursday
Friday &
every second
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10am - 2pm
By Appointment

For appointments please ring







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Authorised by Dan Tehan, Liberal Party of Australia, 190 Gray St Hamilton VIC 3300

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3 cheers for our Doctors

(continued)

than I ever can. I offer them to you.

"The practice of medicine is a calling. It is a calling in which your heart will be exercised as much as your mind. Your call is to be with those who suffer. Your call is to help heal the ill and the disease ridden, mend broken bones and touch wounded spirits."

Dr. Balaji Sadasivan
The Singapore Medical Council
Physicians Pledge Affirmation Ceremony,
7 May 2005

Fr. David Oulton p. 0435 867 040 droulton72@gmail.com

Jokes to think about

What do you call a can opener that doesn't work?

A can't opener!

There are three types of people in the world: Those who can count and those who can't.

I sold my vacuum the other day. All it was doing was collecting dust.

Did you hear about the guy who invented the knock-knock joke?

He won the "no-bell" prize.

Two windmills are standing on a wind farm. One asks, "What's your favourite type of music?" The other says, "I'm a big metal fan."

What kind of tea is hard to swallow? Reality.

Why can't a nose be 12 inches long? Because then it'd be a foot.

What did the Buddhist say to the hot dog vendor?

Make me one with everything.

Did you hear about the first restaurant to open on the moon?

It had great food, but no atmosphere.

Hospital Ladies Auxiliary needs your help

"We are a small group of ladies that cater for funerals, birthday parties and other small events. Over the years our team has become smaller and we are seeking new members.

To all the newcomers in town, why not join us ladies. If you are interested just phone Judy on 0437 702 619".

Penshurst Shed

Continues to be open

Saturday & Tuesday 10am - 4pm

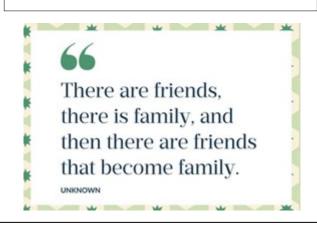


Talk to the crew for more information about the Shed and its activities.

We are open for everyone.

Contact

Tom Cooke 0488 557 345



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5576 5270

Friendly faces and helpful staff ...

Penshurst Liquor & Grocery Store

Open 7 days

Opening Hours:

Monday · Friday

7am - 7pm

Saturday

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Sunday

8am - 5pm

80 Bell Street, Penshurst



Sandwiches & lunch packs available Order your meat, fresh fruit & vegetables by phone for collection at your convenience

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Penshurst's News Agency

"Perseverance is the hard work that you do after you get tired of doing the hard work you already did." Newt Gingrich USA

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Matt Barber (Senior Agronomist) 0488 298 170 Damien Goodman (Agronomist) 0427 159 462

Geordie Elliott (Nutrition & Production) 0438 874 587

Meg Todd (Animal Health) 0437 772 861 Western AG Willaura - T: 03 5354 1585

Glen Gray - 0439 541 036

PAGE 15 MT ROUSE NEWS & VIEWS 4: To see, find, or become aware of something for Mount Rouse the first time. **Puzzler** 7: A particular point or period in the growth or development of something, or to dance upon. 9: The help provided to a customer by someone who works in esp. a restaurant or store. 10: A subject that someone speaks about or complains about often. 13: To join or connect two or more things, places, etc. together. 16: A box for holding missives. 17: A large area of land covered with trees and plants 18: To become aware of. 20: Adhering to accepted standards or taste established by accepted usage. 22: The cost was way too high. 23: The order in which things happen.

- Down:
- 1: A tool that has a heavy metal head attached to a handle.
- 2: A disturbed or uneasy state.
- 3: A system of lines, wires, or people etc that are connected to each other.
- 4: To give or deliver something to people.
- 5: A long, thin piece of rope, chain, etc that is used for holding a dog or other animal.
- 6: An activity in which someone shows, describes, or explains something to a group of people.
- 8: Something that has been done through effort.
- 11: A quick announcement from an official source about an important piece of news.

- 24: Having parts that connect or go together in complicated ways.
- 12: A division of a country that elects a representative to a parliament.
- 14: A lack of knowledge, understanding, or education.
- 15: A large animal that is raised by people.
- 19: Holds around the throat.
- 21: Able to be done.

20 smooth.

Answers from last fortnight: **Across**3 runny, 5 mousse, 6 melted, 11 snappy, 12 rich, 16 porcupine, 17 chewable, 28 swallows, 19 bittersweet, 21 milky, 22 decorate, 23 white. Down: 1 plain, 2 creamy, 4 delicious, 7 drizzled, 8 bothersome, 9 darkness, 10 hardhearted, 13 mixture, 14 mouldy, 15 scoop, 19 brown, 13 mixture, 14 mouldy, 15 scoop, 19 brown,

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Community Meetings

Boram Boram Cemetery Trust

 Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

2nd Tuesday monthly at 10 am.
 See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Penshurst Social Support Group

WDHS meets every Thursday; for Exercise,
 Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre,
 Penshurst Hospital. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mount Rouse & District Historical Society

- Meetings 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact Joy Doherty 0408 360 801.
- The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

Friends Yatmerone Reserve

 Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313



The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

https://www.ambulance.vic.gov.au/careers/become-a-first-responder/

Penshurst Bowls Club

- Pennant Season (October February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- Meets at the club rooms in Bell Street.
- Bingo.

Contact Helen Brown 0409 934 495

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact Janet Kelly on 0475685946 & Fr. David Oulton 0435867040

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday 11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am

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Mythical Creatures - Hippocampus



In Greek mythology, hippocampi were sea monsters, similar to aquatic horses: with the head and front legs of a horse but the winding tail of a fish or dolphin. Poseidon, God of the Sea, was carried

across the oceans in a chariot pulled by hippocampi, who something took him out of the water. He was the God of horses, earthquakes and seas. It is said that a temple to Poseidon was built thousands of years ago on a city on the Greek coast called Helike. After an earthquake, the city was submerged, and with it the temple of the God of the Sea, surrounded by his loyal, marble hippocampi. For the Phoenicians, the hippocampus held the combination of commerce, represented by the horse, and seafaring, represented by the dolphin. Their coins bore hippocampi: swimming horses, some of them winged.



Phoenicia, c. 425 - 310 B.C.

The world is full of stories - can you write one about him? How magical would it be if your horse suddenly grew a tail and fins and took you surfing. Where would you go?

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Mobile Library

Will be visiting <u>Penshurst</u> every Thursday fortnight 3.00 - 4.00pm

Outside the Hall in Martin St

Dates for May 9th & 23rd

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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DEADLINE FOR SUBMISSIONS — Saturday 27th April 2024

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor: Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

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