

MT ROUSE NEWS & VIEWS



LIONS CLUB OF PENSURST & DISTRICT

Caring for the Community



(L-R) Anna Watson; Col King – admin; Judy Drane; Dermoscopists - Maureen Noonan, Fiona Kates , Bev King; Don Adamson; Ralph Kelly – driver and Sue Jellie.



Hello

You are invited to our Australia's Biggest Morning Tea. Let's get together and enjoy some tasty treats so we can support those impacted by cancer.

- Host** Community Bank Dunkeld & District
- Where** 92-94 Parker Street, Dunkeld
- Date** Thursday 19th May 2022
- Time** 10.30am - 11am
- Details** Pop in and spend the morning sipping, nibbling and supporting a great cause!
- RSVP by** Wednesday 18th May 2022
- Phone/Email** 55772488



Equipment Finance

For your business to grow, having the right equipment matters. Our lending specialists can tailor equipment finance solutions for your business.



Equipment finance from 4.99% p.a.*

Need new equipment to keep your business growing? Or is your old equipment running out of steam? If so, it's time to talk with a business specialist. If reliable equipment matters to you, call Anna on 5577 2488 or search 'Bendigo Bank Equipment Finance'.

Community Bank - Dunkeld & District



*Terms, conditions, fees, charges and lending criteria apply. All information is correct as at 1 May 2022 and is subject to change. Individual circumstances may vary. You should consult your taxation advisor and read the relevant Terms and Conditions available at bendigo.bank.com.au before making a decision. This offer is only available to Business customers for business purposes loans and only for selected new vehicles and equipment (Demonstrators accepted). Not available in conjunction with any other discounts or package offers. Only available for transactions that settle prior to 30 June 2022. Bendigo and Adelaide Bank Limited, ABN 11 068 048 176 AFSL, Australian Credit Licence 231819, (1619614-120176) (5222) OUT, 1628655, 12052022

Cavendish Red Gum Festival was an extremely successful event both for the local community groups and the visitors. **\$3,500** was invested by the bank to help run and for promotion of the event.





LIONS CLUB OF PENSURST & DISTRICT

Caring for the Community

We were very pleased with the outcome of the Skin Checks held in Penshurst by the Lions Skin and Awareness Van. The weather wasn't the best but we had shelter and the rooms in the van were warm which kept everyone happy. One hundred and ten people were checked with about 40 per cent referred to doctors for further checks. If you are unsure of a spot or mole or have any suspect or 'different' looking areas on your skin make sure you go to your GP and have it checked as soon as possible. It doesn't pay to leave these things as they could turn into something nasty.



Ralph Kelly and Jeff Jellie keeping an eye on the generator so everyone can keep warm in the van.

The van and vehicle cost near to \$500,000 with an anticipated \$100,000 per year to cover the costs incurred in running it. All the money raised to begin this fabulous venture was from donations from either private means, philanthropists and Lions clubs. It is manned by trained volunteers and has a volunteer driver. The van is hosted by Lions Clubs in regional and rural communities of which all are volunteers. Any donations given on the day go directly to the upkeep of the van and were very much appreciated.

While the main aspect of the day was of a serious nature, a lot of happy banter and chatter went on both days. It was good to catch up with people we haven't seen for quite a while. A very social occasion as it turned out.

We would like to thank the Penshurst and surrounding district community for their support, it was very much appreciated and we hope you had a good outcome.

The changing face of Penshurst

Now you see it



DAN TEHAN

FEDERAL MEMBER FOR WANNON



My plan for WANNON

✔ Working hard ✔ Delivering

-  **Better roads and rail** with more federal funding for our local roads, highways and rail networks.
-  **Securing our economic recovery**, creating jobs by supporting small businesses and farmers and cutting the cost of living for families and individuals.
-  **Delivering regional services** so we can all benefit from better health, education, aged and disability care, and communications.
-  **Protecting our environment** and delivering sensible and practical policies to enhance our land, coast, and waterway management.
-  **Delivering community projects** and supporting our volunteers so we build strong local communities.



Hamilton Office:

 190 Gray Street, Hamilton VIC 3300  03 5572 1100

 1300 131692  dan.tehan.mp@aph.gov.au

Warrnambool Office:

 73 Kepler Street, Warrnambool VIC 3280  03 5561 6405

 dan.tehan.com.au  DanTehanWannon  DanTehan

Authorised by Dan Tehan MP, Liberal Party of Australia, 190 Gray Street, Hamilton VIC 3300

ADVERTISEMENT



GILBERT WILSON IS OUR CANDIDATE Labor **FOR WANNON**

Gilbert's priorities in Wannon are:

- ✔ Protecting medicare
- ✔ Expanding educational opportunities
- ✔ Creating Australian renewable energy jobs
- ✔ Strengthening actions to address climate change

Gilbert invites any Wannon resident to contact him on:

-  0432 594 975
-  gilbert.wilson@vic.alp.org.au
-  WannonLaborParty
-  **wilsonforwannon.com.au**

WILSON 4 WANNON Labor 

Authorised by Chris Ford, Australian Labor Party, Victorian Branch, 438 Docklands Drive, Docklands 3008.

Notice Board relocated to cemetery

by Brian O'Brien

A notice board displaying information on 12 historical plaques in Penshurst township has been removed from the front of the Volcanoes Discovery Centre.

Cemetery Trust members, Jeff Jellie and John Page removed the display board on Saturday and will relocate it to the Boram Boram cemetery.

The information about the 12 plaques that was on the board will be a centrepiece of the new \$15,000 tourism development planned for the Napier Waller Green Space in Bell St. The fence and shelter next to the former Methodist Church had to be removed before development at the site commences.

Two seats at the VDC have also been removed to clear the site ready for the start of the centre's \$330,000 redevelopment.

The plan for the outside works at the VDC, including a rock garden, are close to being finalised. Suitable rocks for the garden will be sourced from quarries locally, including Kolor, commencing in two weeks.

** In a third exciting development for the town, the Penshurst Progress Association has received a \$3000 grant to replace all 12 historical plaques around the town because they have significantly deteriorated. Quotes have been received for the stands and the plaques, and the historical society will provide updated information for the plaques.



Jeff Jellie and John Page remove the display board at the VDC and will relocate it to Boram Boram cemetery.

Now you don't

Thank you to the
Lions Club -

First steps in the
Mervyn Napier Waller
Green Space project





Community Support & Home Assistance

0426 127 221

Our Services

- Lawn Mowing Hedging
- Edging Pruning
- Weeding Pressure Washing
- Gutter Cleaning ABN and insured



COMMUNITY SUPPORT AND HOME ASSISTANCE

ABN: 48629251937

You're not alone, we are here to help you. We have Support Workers to help you with:

- Personal Care & Assistance in the home
- Clothes Washing, Drying and Ironing
- Shopping and Transportation
- Lawn mowing, Tree Maintenance and Gutter Cleaning

LISA GRAHAM | 0426 127 221 | lmkbrg@gmail.com



Your patience is your power - *k. tolnoe*

RAM SHEARING

Providing a specialised Mobile Ram Shearing Service using the latest livestock handling systems.

Phone Allan 0434 505 409

BOOK NOW



Sheartech
livestock handling solutions

www.sheartech.com.au

Riddles to amuse the kids

- 1) Which month has 28 days?
- 2) What number goes up and doesn't come back down?
- 3) How did the soccer fan know before the game that the score would be 0-0?
- 4) How many sides does a circle have?
- 5) If you buy a rooster for the purpose of laying eggs and you expect to get three eggs each day for breakfast, how many eggs will you have after three weeks?
- 6) If it took 6 people 9 hours to build a barn, how long would it take 12 people to build the same barn?
- 7) A farmer has 17 sheep and all but 9 die. How many are left?
- 8) What is the maximum possible number of times you can subtract number 5 from number 25?

CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267



**HIA Reg CB-U 6214
DB-U 5109**

**112 Bell Street
Penshurst Vic 3289**

Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogress.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke & Josh Hewitt

Next Meeting - Wednesday 25th May 2022 Community Meeting

7.30pm - Supper Room, Penshurst Hall

Good afternoon, the weather on my phone suggested we might get a gale, but so far, only gusty winds have arrived, thankfully. I hope you are having a good day. It's Sunday and I've been reading a book.

As you will have noticed, a few things have been happening around the town, and with good fortune there will be many more. The PPA will be applying for a grant for a shade sail over the children's playground in the Gardens. We didn't succeed last year, so here's hoping for this one. Would you like to write a letter of support for the project? The more the town shows support, the more likely the various funding groups will look favourably upon our applications.

This one is found at: www.health.vic.gov.au/preventive-health/shade-grants-program
Contact me. The next question is 'what else do we want?' If you read through the Council's media release, they are set on completing the Small Towns Strategy, first shared with us four years ago, hence the question. We look forward to that. And lastly an update from our project to move the Bushfire Place of Last Resort from behind the Senior Citizens building to the Hall. The BPLR committee has received notice that the Council has requested the CFA do their assessment of the building. Very good. Watch this spot.

Wishing everyone a wonderful fortnight,
Ama Cooke, Chair, PPA



Have you ever wondered:

- 💧 Why does my tap water taste like this?
- 💧 Why do I have to save water?
- 💧 Why is my water treated?

Become water wise at
wannonwater.com.au



HAVE YOU REGISTERED YET?

Manage your account and pay your bills online when it suits you using our *myWannonWater* customer portal.

It's free, easy and can be accessed using your phone, tablet or computer.

With myWannonWater you can:

- Make a payment
- View your past bills and payments
- Set up direct debit
- Update your name or address
- Request a payment extension
- Check your water use history

Plus a whole lot more...

Register now at
wannonwater.com.au/myWannonWater



5576 5270

Friendly faces and helpful staff ...

Penshurst Liquor & Grocery Store

Open 7 days

Opening Hours:

Monday - Friday

7am - 7pm

Saturday

8am - 6pm

Sunday

8am - 5pm

80 Bell Street, Penshurst



Sandwiches & lunch packs available

Order your meat, fresh fruit & vegetables
by phone for collection at your convenience

Groceries - Bread - Frozen Foods

Beer - Wine - Spirits

Penshurst's News Agency



DAN TEHAN MP

FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:

190 Gray Street, Hamilton or
1300 131 692



1300 131 692 dan.tehan.mp@aph.gov.au dantehan.com.au

DanTehanWannon dantehan

Authorised by Dan Tehan MP, Liberal Party of Australia, 190 Gray St, Hamilton VIC 3300.

MEDIA RELEASE

SOUTHERN GRAMPIANS SHIRE COUNCIL

**13 May 2022 - GREATER HAMILTON LIBRARY CELEBRATING 150 YEARS OF PUBLIC EDUCATION**

The Greater Hamilton Library will celebrate Education Week from 22 – 28 May 2022 with this year's theme '150 Years of Public Education'. The theme commemorates the past, celebrates the present and imagines the future of education for students of any age to showcase their part in Victoria's education Story. Southern Grampians Shire Council Library Services Coordinator Kelly Pitt-Lancaster said libraries around the state like the Greater Hamilton Library provide access for students to resources and information to help support education within the community.

"Free public libraries and public education were both formed around 150 years ago in Victoria with a shared belief that every child deserves a high-quality education both at school and in our community," said Ms Pitt-Lancaster. "In order to celebrate this special milestone, we have planned some great activities that continue to acknowledge the vital part the Greater Hamilton Library plays in providing educational access for the Southern Grampians community," concluded Ms Pitt-Lancaster. Southern Grampians Shire Council Senior Library Officer Jenny Poynton said the library will host local schools with a range of interactive activities. "We've been overwhelmed with the response from school groups, with over 150 students now booked in filling registrations. "On 23 May, we will host a data show "Life....Then and Now" run by The History Box Ballarat which will deliver a show where students will be immersed in interactive story-telling and focuses on what life was like in our more recent past. "The second opportunity is a workshop where students will be provided with toys and games from the past to experience something unique from our region's history. "We are looking forward to opening the doors to the regions current students to reflect upon those of the past," concluded Ms Poynton. In 1872 Victoria became one of the first jurisdictions across the world to create a central school system offering free, secular, compulsory education to its children.

This program is supported by the Victorian State Government Department of Education and Training. For more information contact the Greater Hamilton Library on 5573 0470.

12 MAY 2022 - PLANNING FOR THE FUTURE OF SOUTHERN GRAMPIANS

Residents are invited to provide feedback on Council's Draft 2022-23 Budget, 2022-32 Long Term Financial Plan (LTFP) and 2022-32 Asset Plan, released at last night's ordinary Council meeting. The Budget, LTFP and Asset Plan are important strategic documents that support Council to sustainably manage its assets and finances over the next 10 years. Southern Grampians Shire Council Mayor Bruach Colliton said each of the documents provide guidance for Council to identify and address community needs in both the immediate and long-term. "The Asset Plan is a new requirement in the Local Government Act 2020. It outlines the management and maintenance plan for a diverse range of Council assets such as roads, playgrounds, transfer stations, signage, caravan parks, sport and recreation grounds, public toilets, Council facilities and more," said Cr Colliton. "The LTFP is a 10 year plan which identifies Council's current and projected

Continued page 10

Media Releases - Southern Grampians Shire Council - continued

financial capacity to continue to deliver high quality services, facilities and infrastructure for our residents, while living within our means. "The Budget is our 12 month outline of the financial and non-financial resources that Council needs to achieve the strategies of the 2021-25 Council Plan. "These documents have been developed together to support Council's long-term visions and aspirations for the community and we are now seeking feedback from the public on the drafts," said Cr Colliton.

BUDGET 2022-23

In the 2022-23 budget, Council has continued to focus on delivering high quality services for the community while remaining conscious of the longer term financial impacts.

"Council understands the community has high expectations so it's important that we continue to identify efficiencies and review all activities against community identified priorities," said Cr Colliton. The 2022-23 budget includes a number of key initiatives as identified in the Council

Plan 2021-2025:

- Complete construction of the serviced industrial land on Port Fairy Road and commence sales.
- Develop a new Cultural Arts Strategy for the Shire to direct Council investment and deliver integrated programming across all townships and enrich community and civic life.
- Complete a Small Towns Strategy to provide clear direction on future planning and infrastructure priorities in each of the smaller towns within the Shire.
- Progress the new Hamilton Art Gallery Project.
- Complete detailed design of CBD as per adopted masterplan (2020) to enable construction in future years (subject to funding).

The total Capital Works program of over \$29.4 million is a significant investment in roads, bridges, footpaths and associated infrastructure works. The program includes Government investment into projects which must be delivered to meet community and funding objectives.

Highlights of the Capital Works Program include:

- Continued investment into local roads, bridges and other Council owned infrastructure.
- Progress with the construction of an Intergenerational Playground at the Hamilton Botanic Gardens.
- Progress the redevelopment of the Melville Oval Precinct.
- Implement works associated with Council Buildings Asset Management Strategy.

For the 2022-23 year, the State Government has set the rate cap at 1.75% with the cap applying to both general rates and municipal charges. Council's draft Budget for 2022-23 proposes to increase rates in line with the State Government rate cap of 1.75%. The municipal charge will increase from \$206 to \$209. Services charges will not increase this year.

Residents are encouraged to provide feedback on the draft documents and must do so in writing via the online survey before 12:00pm on 1 June 2022. Feedback can also be addressed to the Chief Executive Officer, Southern Grampians Shire Council, Locked Bag 685, Hamilton 3300 or council@sthgrampians.vic.gov.au. Adoption of the Draft 2022-23 Budget, Long Term Financial Plan and Asset Plan will be considered on Wednesday 22 June 2022, taking into account feedback received. The documents as well as the online survey can be viewed online at Council's website www.sthgrampians.vic.gov.au/haveyoursay. Alternatively, a copy can be emailed or printed and posted if required by calling customer service on 5573 0444.



Question. What's tougher than being a parish priest?

Answer. Being a Bishop

Question. What's tougher than being a Bishop?

Answer. Being a Prison Chaplain.

Question: What's tougher than being a Prison Chaplain?

Answer. Being God.

I well remember following a wise priest around Ararat prison after completing my first year of theological college. I don't think I have ever been so scared in all my life. This was the stuff of a living nightmare and all I wanted to do was to get out as quickly and as safely as possible.

We are fortunate in this diocese to have one Fr. Rob Ferguson who thrives on this ministry. By all accounts from his clients he is popular and does a really good job. I want to ask him 'how' and I really want to ask him 'Why?'

My opportunity to play this question and answer will come on Sunday May 29th at 10:30am. Fr. Rob will be our special guest superstar preacher. He will also be with us for our '5th Sunday, Bring and share luncheon' where he will take all questions and be available for banter. He may even have some amusing anecdotes like the time when...

All are welcome to come and meet this amazing man who ministers to crims as did the Master in days of yore. It is a vital ministry and I think that if I was on the inside I would ache for a friendly face that was part of the system, but not in the system. An objective confidante.

It's been 40 years since I first 'went inside'. I don't think I'm quite as naive or as easily 'boggled' but for all that I still wouldn't want his job. Only God has a tougher gig.

Fr. David Oulton p. 0435 867 040 droulton72@gmail.com

Penshurst Men's Shed

Are you interested in becoming a Shedder?

Come and meet the new management team.

Thomas Cooke, Gerry Van Ekeren & David Goulter.

At present the Shed is open to men only.

Membership is \$25 + insurance. The first 10 men to sign up will get free personal accident insurance for the year (value \$30).

For more information contact Tom Cooke on 0488 557 345. See you there, Tuesday & Saturday.

News: The final fit up of the electricity goes into the Shed on 17th May. The wait is worth it.



Riddle Answers: 1) All of them. 2) Your age. 3) The score is always 0-0 before the game. 4) Two – the inside and the outside. 5) None, because roosters do not lay eggs. 6) None, because the barn is already built. 7) Nine. 8) Only once, is because when you subtract 5 from 25, it becomes number 20, then 15, etc.



PENSHURST POST OFFICE

BANK@POST/ BILL PAY@POST
WORKING WITH CHILDREN &
PASSPORT/ TAX FILE APPLICATIONS
STATIONERY, CARDS, WRAP
WESTERN UNION
TOYS/GIFTS & GIFT CARDS

Ph/Fax **5576 5220**

31 Martin Street

“We have to let go of who we think we should be and embrace what is.” — **Achea Redd**

Opening Hours:

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday – 8.00am - 2.00pm

Sunday - CLOSED



Penshurst Store

Pop into the store and try some of our
delicious pies, pasties, and sausage rolls.
Freshly baked bread, cakes and slices.

Treat yourself to a
ROX coffee or Hot Chocolate
and browse our everchanging
giftware and local produce.

Phone orders and payments most welcome.



Amanda & Cam Wilson

0439 941 942

Café/Bakery 110 Bell Street, Penshurst penshurststore@gmail.com

A PAGE TO SHARE RECIPES

Vegetarian Minestrone Soup

Prep Time 20 mins Cooking Time 6 h 45 mins Serves 6

INGREDIENTS

2 tbsp olive oil	1 parmesan rind, (or vegetarian hard cheese) (optional)
1 red onion, finely chopped	145g (1 cup) small, dried macaroni
3 celery sticks, finely chopped	160g (4 cups) chopped Kale
3 carrots, peeled, finely chopped	Basil pesto, to serve
1 fennel bulb, trimmed, core removed, finely chopped	Fresh purple basil leaves, to serve
3 garlic cloves, crushed	Finely grated parmesan (or vegetarian hard cheese), to serve
2.5L (10 cups) vegetable liquid stock	Bread, to serve
Finely Chopped Tomatoes 400g	
400g can borlotti beans, rinsed, drained	

METHOD

Step 1

Heat the oil in a large frying pan over medium-high heat. Add the onion, celery, carrot and fennel and cook, stirring often, for 10 minutes or until the vegetables are soft and lightly golden. Add garlic. Cook, stirring, for 1 minute or until aromatic. Transfer to a 6L slow cooker. Stir in stock, tomato, beans and parmesan rind (or vegetarian hard cheese), if using. Cover and cook on Low for 6 hours.

Step 2

Add pasta to the slow cooker. Stir to combine. Cover. Cook for a further 30 minutes or until pasta is al dente. Remove the parmesan rind (or vegetarian hard cheese). Stir in 2 cups of the chopped kale leaves.



Step 3

Divide the soup among serving bowls. Top with a few dollops of pesto and sprinkle with the basil, grated parmesan (or vegetarian hard cheese) and remaining 2 cups of chopped kale. Serve with bread.

With Covid freed, we now live in a covid floating period, where Covid can be moving invisibly between us, for this reason The Remedial Myofascial Clinic has concerns about how well we can guarantee and manage the clinic as a Covid free space, especially for our chronic and elderly clients.

It has been decided the best approach for the Clinic is to maintain a semi-closed, semi-open status.

Senior practitioner, Eleanor Sheldon specializes in helping clients achieve greater health through counselling and therapy that is based on client practitioner dialogue. This is achieved through discussing and treating the clients' issues, talking about the balance of physical, chemical and emotional well-being and then working with them to achieve positive out-come for a better self-managed healthy life.

For an appointment contact -
Eleanor Sheldon Senior Therapist M : 0400819408



**Penshurst
Remedial Myofascial Clinic**

“You are today where your thoughts have brought you; you will be tomorrow where your thoughts take you.” – James Allen



- Agronomy Services
- Farm Production and Planning Management
- Seed and Fertiliser Supply
- Crop and Pasture Protection Products
- Animal Health and Nutrition
- General Merchandise
- On Farm Deliveries

Western AG Hamilton

T: 03 5579 5900
Tim Wilson - 0429 168 020

Western AG Willaura

T: 03 5354 1585
Glen Gray - 0439 541 036

Penshurst Hair Design



Opening Days

**Tuesday,
Thursday
Friday &
every second
Saturday
10am - 2pm**

By Appointment

For appointments please ring

Mobile: 0417 511 177



Penshurst Portraits - Timelines (continued from last newsletter)

1867 - Victoria Hotel. Originally contained eleven rooms and a billiard room. A butcher and baker shop were nearby. After ceasing as a hotel in 1912, it was a haberdashery, grocery and hairdresser, and finally a plumber's establishment.

1867 - The Old Manse adjoining the above church was built. It cost £650.

1867 - St Joseph's Catholic Church. Built of bluestone with a slate roof. The Transepts (wings), Sacristy and new Sanctuary were added in 1897. The church used to have a choir loft at the rear, and a magnificent marble altar. A Presbytery next door was added in 1925.

1868 - Mt View Hotel opened by Angus Cameron and closed in 1876.

1868 - National Bank built and opened. Ceased trading in 1998.

1868 - The original Police buildings and stables on the Police Reserve were rented to Mr James Murray for the sum of £2/12 per annum.

1868 - Penshurst Free Press commenced but was permanently published from 1901. This weekly newspaper ran until 1980 when publication was suspended. It later resumed and its final issue was on December 16th, 1981. Its offices up to 1930 were in Martin Street (near the current Madigan's) but following it being burned out, it was published (apart from 1941 - 1945) by the Ross Family in its Bell Street offices.

1869 - A 'beershop' at Lake Linlithgow opened with F Hanneberg as Licensee.

1870 - Mt Rouse Reserve was created and the first trees planted two years later.

1871 - Cricketers Arms Hotel built. Also known as Moyne Inn from 1910. Adjacent to 'never failing' spring, which used to be the town's water supply. The spring is now part of the Wetlands Gardens and the Cricketer's Arms is a private home.

Ca 1871 - Bills Horse Trough placed in gardens. Ardent members of the RSPCA, Annis & George Bills, in their compassion for horses, donated thousands of concrete water troughs to many countries worldwide. Some, such as the Penshurst trough, had a small end section for thirsty dogs.

1872 - Temperance Hall built, later used as a Masonic Lodge from 1914 to 1987.

Ca 1972 - The Mount Rouse Steam Flour Mill was being operated by A L Deutscher using wheat grown mainly by farmers in the Lake Linlithgow district.

1873 - The Bushman's Inn opened in Burchett Street. It was the first of its kind in Victoria and provided lodgings for shearers and travelling workmen. There were 30 beds, and men were charged six pence a night, with candles and a fire provided. It was pulled down early in the 20th century.

1875 - The Australian Handbook said the population was 600.

1876 - 14 acres facing the corner of Cox and Martin Streets be applied for as a reserve for Public Gardens.

Continued page 16

The Mt Rouse & District Historical Society is open the first Saturday of every month, 9.30am - 12.30pm at the Penshurst Courthouse next to the Post Office. Meetings 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250. For research questions email: pensearch@gmail.com

Penshurst Portraits - Timelines

Continued from page 15

1876 - Bank of Victoria operated. Weatherboard house at rear, ca.

1860. Became the Commercial Banking Co of Sydney, closing in 1942.

Ca 1876 - Catholic School in original wooden building operated. Later a new brick school (St Joseph's) was built in 1956, in Martin Street, where it remains today.

1878 - Courthouse and Post Office. In 1864, the newly - installed Mt Rouse Shire lobbied for a courthouse to hold sittings of Petty Sessions, and it was finally opened in May 1878. The adjoining Post Office was opened the same year. Mt Rouse & District Historical Society is now situated in the former Courthouse, where it meets, acts as custodians of the building and is open to the public monthly.

1878 - Police occupied a timber and stone house with stables and a single cell on the eastern side of Scales Street between Cobb St and Watt St. The police station remained on this site until 1914, when it was moved to its current site in Martin Street. The original police cell and stables were transported by C Cook & Sons that year and located behind the police residence.

1879 - Mt Rouse Shire President, John Mackiehan of 'Yalungah', Penshurst, advocates the establishment of an umbrella body for Victorian councils. He became the inaugural president of the Municipal Association of Victoria and remained president until 1885, when he left Penshurst to establish the first vineyard in the Hamilton region at Yalungah.

Ca 1880x - Catholic Convent build in 1990s. Between 1945 and 1975, it was home for Sisters of Mercy nuns.

1881 - The Union Hotel at Croxton East opened with Timothy O'Farrell as licensee. It closed in 1889.

1885 - N M Gash in her "Footprints from the Past" (2007) states that .. "The local Health Officer, Dr Tulford, recommended in January 1885, that with the further outbreak of diseases, a permanent structure suitable as a cottage hospital should be built in preference to the previous system of erecting a tent.

1890 - The railway line from Koroit to Hamilton - stopping at Penshurst - was opened. A railway service from Dunkeld to Penshurst commenced on the same day as the Hamilton/Koroit line. There was a daily service but it lasted only seven months - it's claimed, to be the shortest - lived railway in the world. It was formally closed in February, 1898.

Ca 1890 - Rouse Restaurant, begun by Chinese greengrocers. In later years it was used as a fruit shop, hairdresser and also contained a billiard room.

1890 - Seven railway workers were killed near Penshurst while building a section of the Hamilton - Koroit line (March 1). The workers' rail carriage overturned after striking a bullock three kms east of Penshurst.

Continued next fortnight ...

Something for the children

**Sneezing 101 - what is a sneeze,
why do we sneeze**

Having a good sneeze can feel great, but what is the point of sneezing? You know it's coming; you feel the tickle, your eyes start to water, your nose wrinkles up, and then it happens... ah choo! You sneeze! Whether it's an allergic reaction, a viral infection, a change in temperature or a sudden bright light, your nose becomes agitated. When this happens, your body does what it needs to do to get rid of the pesky irritant — it causes you to sneeze, also known as sternutation.



What happens when I sneeze? When something does enter your nose, like germs, dust or pollen, a message is sent to a part of your brain called the sneeze centre. The sneeze centre sends signals to the parts of your body that need to work together to help you sneeze. Your chest muscles, diaphragm, abdominals, vocal cords and the muscles in the back of your throat all work together to help you expel the irritant.

Why do we always close our eyes when we sneeze? Have you ever tried to keep your eyes open when you sneeze? You'll find it's virtually impossible to do so. It's not known why this happens, but scientists think that when we sneeze, our brain sends a message to close our eyes (as well as the other signals mentioned above). It's an involuntary reflex — like when the doctor taps your knee and your knee jerks. It is possible to sneeze with your eyes open if you try really hard. But the urge to close your eyes when you sneeze is very strong, and you are fighting against your body's natural reflex. The body is putting as much effort into clearing out its airway as it can, so keeping them closed is a way to do this. Some people think it's your body's way to stop the irritant from entering through your eyes.

Why do I sneeze more than once? We all know that one person who sneezes, not once, not twice, but three times. Why do these people sneeze multiple times? It's thought that sometimes, the sneeze is just not powerful enough to get rid of whatever causes you to sneeze in the first place. It might take a few goes for your nose to get out the irritant. It could also be a result of allergies and ongoing inflammation that means you must sneeze more than once. But what about those "mega-sneezers" — you know the ones — you can hear them sneeze a block away. It's likely because of the person's lung capacity and how much air they breathe in pre-sneeze. The more air, the bigger the sneeze!

Why is it so important to sneeze correctly? When you sneeze, droplets are expelled from your nose and mouth which can travel up to two metres away. These droplets may land on surfaces, such as tables, benches, doorknobs and other frequently touched items. When you have a respiratory virus, someone may then touch these surfaces or items and the virus is transferred to their hands. They can then become sick if they touch their mouth, nose or eyes.

Is it bad to hold in a sneeze? If you do feel a sneeze coming on, it's important not to hold it in or try to stop it from happening. Sneezes are powerful. If you hold one in, it could lead to increased pressure in your nasal passages and damage blood vessels in your eyes, nose, or eardrums.

What is the best way to sneeze? You might have used to think it was acceptable to sneeze into your hands. But with diseases like the flu and the common cold, not to mention this year's COVID-19 pandemic, we all now know that there are better ways to sneeze.

Remember to use a tissue and cover your nose and mouth when you sneeze, or tuck it in your elbow and then wash your hands. Taking care of yourself is taking care of others.

Mt Rouse
Puzzler

Across: 2: A thick and spicy yellow or brownish-yellow sauce that is usually eaten with meat.

5: Able to return to an original shape or size after being stretched, squeezed, etc.

8: A soft, red berry that is sweet and juicy.

9: To get or receive something from someone with the intention of giving it back after a period of time.

10: Liquid that is forced out of a container in a stream of very small drops.

14: A plant that grows very quickly where it is not wanted and covers or kills more desirable plants.

15: A piece of rope or a wire that people hang wet clothes on to dry.

16: A curved shaped farming tool.

18: Somebody who does not want to do anything.

Down: 1: Losing mine, or a child's game.

3: A type of firework that you hold in your hand that throws off very bright sparks as it burns.

4: Blowing loudly and violently.

6: A hard substance that comes from the ground and is used for building, carving, etc.

7: A wrong or mistaken idea.

20: Coloured liquid that is used for writing or printing.

21: To rise or make something rise into the air in a way that appears to be magical.

22: To close and then open your eyes very quickly.

23: Thrice.

9: Producing a lot of light.

11: Makes fire burn faster.

12: A difficult question that is asked as a game and that has a surprising or funny answer.

13: Having a substance (such as glue or honey on it that things easily attach to.

17: A cold feeling.

19: To complain in an annoying way.

Across: 2 valuable, 3 gobsmacked, 6 lumberjack, 8 plank, 10 ballast, 11 matchbox, 12 pickled, 15 crocus, 16 flippan, 18 hamster, 19 personality, 22 storyteller, 24 ignominious, 25 inception. **Down:** 1 juggernaut, 4 dalmatian, 5 blistering, 7 mollycoddle, 9 noodles, 12 emphatically, 14 knight, 17 flowers, 20 restituted, 21 perfumed, 23 obligation.

"The nice thing about doing a crossword puzzle is, you know there is a solution." - Stephen Sondheim

Community Meetings

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.
- Penshurst Social Support Group - WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Sheppard Centre - **COVID Permitting**. Western District Health Service – PENSURST Campus. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February 2021 at Volcano Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurstlions@gmail.com



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

4pm Mass 4th Sunday each month

For further details contact Janet Kelly on 5576 5247

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

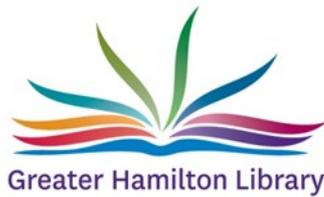
1st Sunday No Service

2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am



Mobile Library
Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm

Outside the Hall in Martin St

Dates for May 26
June 9 & 23

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

LIKE US ON FACEBOOK
GREATER HAMILTON LIBRARY

Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

www.penshurstvictoria.com.au and let us know if you have any comments.

Editor

Published by **Penshurst Progress Association Incorporated**

ABN 35 622 662 815

"Mt Rouse News & Views Community Newsletter"

Is the registered business name of the Penshurst Community Newsletter

Registered Address: 46 Watton Street, Penshurst 3289

DEADLINE FOR SUBMISSIONS – Saturday 28 May 2022

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R F O R T N I G H T

Also available in colour online at

<http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html>

Newsletter Advertising Rates (Per Issue)

Full page \$20 + GST **1/2 page** \$10 + GST **1/3 page** \$7.50 + GST
1/4 page \$5 + GST **Business Card** \$3 + GST