

# MT ROUSE NEWS & VIEWS



Saying thank you to our volunteers and welcome to our new residents.

Come and join us for brunch in the Penshurst Botanic Gardens this Saturday 12th March at 10.30am.

There will be a barbecue cooked by the Penshurst Lions Club and other goodies to share.

BYO drinks though there will be soft drink and water on the day.

We will be presenting the Penshurst Citizen of the Year award.

Everyone welcome.

To the groups looking for new volunteers, here's a chance for you to explain to everyone what your community group does and why its important. We suggest you bring a flyer of some kind so that the attendees have something to take home with them. To that end PPA will be happy to print them for you, at no cost. Contact Ama.



**Penshurst  
Remedial Myofascial Clinic**

With Covid freed, we now live in a covid floating period, where Covid can be moving invisibly between us, for this reason The Remedial Myofascial Clinic has concerns about how well we can guarantee and manage the clinic as a Covid free space, especially for our chronic and elderly clients.

It has been decided the best approach for the Clinic is to maintain a semi-closed, semi-open status:

Senior practitioner, Eleanor Sheldon will return to university studies that she had commenced at the beginning of Covid 2021. These are studies that will bring new services to the Clinic:

Remedial Myofascial Therapy as well as Physical Rehabilitation & Wellbeing Counselling:

specialising in helping clients achieve greater health through counselling and therapy that is based on client practitioner dialogue. This is achieved through discussing and treating the clients' issues, talking about

the balance of physical, chemical and emotional well-being and then working with them to achieve positive out-come for a better self-managed healthy life.

Please note during the sabbatical study period The Clinic will still be available, initially by telephone contact, consulting on your personal physical concerns, and appointments can be made to fit in with practitioners' study schedule and client requirements.

This worked very well during C19 lockdown over last two years. This new schedule will be reviewed at the end of mid year study semester in June.

Eleanor Sheldon  
Senior Therapist  
M : 0400819408

Once you have glimpsed the world as it might be, as it ought to be, as it's going to be (however that vision appears to you), it is impossible to live compliant and complacent anymore in the world as it is.

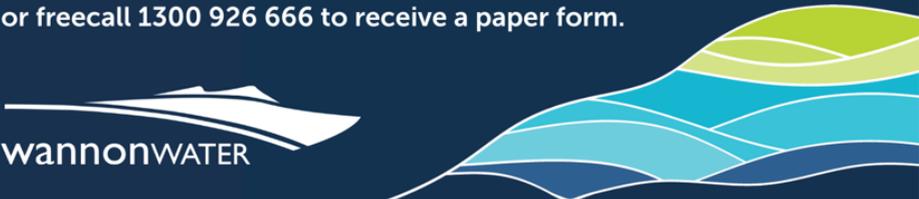
Victoria Safford

**Share your thoughts. Shape our future.**

Join our Community Panel to discuss what projects and services are most important over the next five years.

This is your chance to represent your community so we can make the right decisions for the future.

**Interested?**  
Express your interest at [engageandexplore.wannonwater.com.au](https://engageandexplore.wannonwater.com.au) or freecall 1300 926 666 to receive a paper form.

## Penshurst Progress Association

ABN 35 622 662 815

*COVID rules apply*

president@penshurstprogresss.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke

Josh Hewitt

***Next Meeting - Wednesday 23rd March 2022 Community Meeting***

***7.30pm - Supper Room, Penshurst Hall***

Good evening, I hope you have had a good day.

A few quick updates -

1) A letter, with our petition, has gone into the Council regarding the Penshurst Place of Last Resort being moved to the Hall. Councillor Greg McAdam has become our advocate at their meeting this month. I have given up waiting for a return phone call from anyone else, but I will be keeping an eye on the situation, as will others around me. The sooner this project is sorted the better.

2) Members of the various groups working on the Mervyn Napier Waller Green Space in Bell Street met on Sunday to finalise a plan that we emailed to the Council on Monday morning past and had a great response to. The funding offered by the Council at the beginning of the project has been increased, so we are all very happy with the progress of this project.

### **3) It's the party.**

This Saturday 10.30am come down to the Botanic Gardens and enjoy a barbecue provided by a grant from the Council and cooked for us by the Lions' Club. BYO or there will be drinks there as well. Part of the proceedings will be acknowledging our Penshurst Citizen of the Year, an event that is very important because Volunteers should be recognised and appreciated.

If you have an organisation that is run by volunteers you should be at this gathering to talk to everyone about why your group is important to Penshurst's future and should continue. Covid taught everyone how to stay at home. Getting

out of the house again can be very difficult, but many of our groups will founder without an increase in volunteers .. So please help.

**No one takes care of us like we can take care of ourselves and others.**

Where will you be that day? The brunch commences at 10.30am and will last as long as it does. The date .. Saturday 12th March. Location - the Penshurst Botanic Gardens. God bless our volunteers .. and if you don't believe in God, then wish them all well in your own way. Without volunteers we would not have half of the good things we have right here.

Would you like to be a volunteer? Come to the bbq and ask people of their experiences. I'm hoping they will all want to share.

Speaking of which .. what does the Progress Association actually do? It is an independent community group initiated and established by the community that has a variety of roles from:

- Generating interest and participation in local issues
- Providing a forum for sharing local information, views and priorities
- Facilitating open dialogue within the community and external to the community
- Being an important voice of and advocate for the community
- Leading and driving local projects
- Being consulted by governments where it concerns their township (quoting SGSC website)

And for people like me, its also fun.

Be safe and stay well, see you on the weekend,  
Ama Cooke Chairperson PPA

## Community Grants + Sponsorship

**Hurry.  
Round one  
merchandise  
applications  
close on  
31 March.**



**APPLY  
NOW!**

Community groups can apply for a range of merchandise, free hire of our portable water refill stations, and Community Grants through our *Ripple Effect* program to support local events and initiatives.

[wannonwater.com.au/stronger-communities/sponsorship](http://wannonwater.com.au/stronger-communities/sponsorship)



## Penshurst Art Exhibition 2022

Penshurst Memorial Hall,  
21 Martin Street.

**Opening Night -  
Friday 18<sup>th</sup> March**

Entry \$15.00 per person

Includes a light supper and entry  
all weekend. RSVP 12th March.

**Exhibition Open all weekend**

**\$5 Adults 13 & over \$2 Kids free**

For more information on entering your  
work in the competition go to  
[www.penshurstartexhibition.org.au](http://www.penshurstartexhibition.org.au) or  
phone Tom 0488 557 345 or  
Ama 0402 870 738  
Entries close 12th March



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**31 Martin Street**

## Vaccination Status in Victorian Mens' Sheds

Knowing that this has been a very contentious subject, I got in touch with the Victorian Mens' Shed Association for an update on their rules, the last being in November 2021. This is a copy of their reply:

Formal advice has been received back from the Health Dept at VicGov as follows:

Hi Derek,

My previous advice on mandatory vaccination or official exemption be shown by all patrons who visit a men's shed was in relation to the Open Premises Order No:2, from October 2021. That order has been replaced by successive orders, but the requirement is the same.

The Open Premises Order (No. 5) commenced at 6:00pm on 18 February 2022 and ends at 11:59pm on 12 April 2022. They replaced the Open Premises Order (No. 4).

Section 2 of the document states the requirement for patrons to demonstrate they are fully vaxxed (currently two doses is sufficient to meet that requirement).

<https://www.health.vic.gov.au/covid-19/open-premises-order>

There may be confusion as mask mandates have partially lifted, but vaccine mandates have not.

### **Derek O'Leary**

Chief Executive Officer – VMSA

Mobile 0418 34 8888

173-175 Ordish Rd

Dandenong South 3175

Web [www.vmsa.org.au](http://www.vmsa.org.au)

Email [ceo@vmsa.org.au](mailto:ceo@vmsa.org.au)



## Penshurst Mens Shed Community Meeting & AGM

27th March 2022 - 3pm

at the Shed.

The extension of the Shed has almost been finished and now is the time to reopen. To that end we require a minimum of five people to form a new Committee of Management. If there is no interest the Shed will be returned to its owners.

It would be a great pity not to utilise the Mens Shed after all the money that has been invested extending it. There are a great many tools in there just waiting for creative people, or it could be a good place for coffee and a chat. It is a Community Asset, and the Men's Shed concept is wonderful - guys watching out for each other. True Aussie Mateship.

Are you interested in becoming a Shedder? Come to the meeting. For more information contact Ama 0402 870 738.

See you there.

“Volunteers don't get paid, not because they're worthless, but because they're priceless.” - Sherry Anderson

“Remember that the happiest people are not those getting more, but those giving more.” - H. Jackson Brown Jr.

5576 5270

Friendly faces and helpful staff ...

**Penshurst Liquor & Grocery Store**

Open 7 days

**Opening Hours:**

**Monday - Friday**

7am - 7pm

**Saturday**

8am - 6pm

**Sunday**

8am - 5pm

**80 Bell Street, Penshurst**



Sandwiches & lunch packs available

Order your meat, fresh fruit & vegetables by phone for collection at your convenience

**Groceries - Bread - Frozen Foods**

**Beer - Wine - Spirits**

**Penshurst's News Agency**



- Agronomy Services
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- Seed and Fertiliser Supply
- Crop and Pasture Protection Products
- Animal Health and Nutrition
- General Merchandise
- On Farm Deliveries

**Western AG Hamilton**

T: 03 5579 5900

Tim Wilson - 0429 168 020

**Western AG Willaura**

T: 03 5354 1585

Glen Gray - 0439 541 036

"You don't stop laughing when you grow old, you grow old when you stop laughing." — George Bernard Shaw

**Penshurst Hair Design**



**Opening Days**

**Tuesday,  
Thursday  
Friday &  
every second  
Saturday  
10am - 2pm**

**By Appointment**

For appointments please ring

**Mobile: 0417 511 177**



Caramut and District Garden Club

By the time you read these notes, the Garden Club will have held their March meeting in the Woolsthorpe Hall. The first "real" meeting since covid restrictions have been lifted.

The special for the month was a succulent.

The word **Succulent** means juicy, but when referring to plants it means a plant that is able to withstand long periods of drought without dying. There are three types of succulents. Leaf succulents have leaves that are storage tanks. Stem succulents with thick, fleshy bodies and usually have no leaves. Then there are root succulents with thickened bases or tubers. Cactus are also included as a succulent.



Succulents are able to store large amounts of water and to protect against hot windy weather, have a thick, waxy, evaporation proof skin. In the case of cacti, the breathing pores are grouped together beneath a protective sheaf of hair and spines which in some cases give added protection.

Most succulents prefer to be kept fairly dry in winter but I have found that so long as they have good drainage, cope alright in winter. If base rotting occurs, cleanly cut away the damage tissue, then leave in a cool dry place for a few weeks while the cut callouses. Then plant as a cutting in just damp



Would you like to have your social activities in the newsletter? Email photos and stories to the editor at [mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

LIONS V DISTRICTS CANCER FOUNDATION INC  
 PATRON: MR FRANK COSTA AO  
 AMBASSADOR: MR DAVID MANN AM



**FREE SKIN CANCER SCREENING**

THE LIONS CLUB OF PENSURST & DISTRICT  
*in a joint project with*  
 The Lions V Districts Cancer Foundation Inc.

Trained volunteer dermoscopists (skin screeners) will conduct FREE Skin Cancer Checks

**FRIDAY 6th MAY & SATURDAY 7th MAY, 2022**

At Penshurst Memorial Hall, 21 Martin Street

**To book a free skin check appointment -**  
**Phone: 0418 141 301**  
**Or email: [penshurst.vic@lions.org.au](mailto:penshurst.vic@lions.org.au)**



*Saving lives through skin checks and skin care awareness*

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It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade. Charles Dickens



Greater Hamilton Library

**Mobile Library**  
**Will be visiting Penshurst every Thursday fortnight 3.00 - 4.00pm**

**Outside the Hall in Martin St**  
**Date for March 2022: 17th & 31st**

**Phone: 5573 0470**

**www.sthgrampians.vic.gov.au/library**

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**GREATER HAMILTON LIBRARY**



**DAN TEHAN MP**  
FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:  
190 Gray Street, Hamilton or  
1300 131 692



1300 131 692    dan.tehan.mp@aph.gov.au    dantehan.com.au  
DanTehanWannon    dantehan

Authorised by Dan Tehan MP, Liberal Party of Australia, 190 Gray St, Hamilton VIC 3300.

The last few nights I have been coming home after dark, it struck me that there were plenty of bunnies placing chicken with the cars .. So since we have not had a lot of history stories recently, I dipped into Phil Doherty's second book and drew out this one. Thank you Phil and the Mt Rouse & District Historical Society for gathering the information to entertain the young and old in town.

### RABBIT TRAPPING AROUND PENSURST

*By the late 1920s the rabbit industry in south-eastern Australia was one of the largest employers of labour in the country. Over 20,000 trappers worked full-time trapping for carcasses or skins, or poisoning for skins. People were employed in numerous freezer works located in rural towns and capital cities, grading, sorting, packing, skinning and transporting carcasses by the tens of millions. More were employed by the skin buying firms located throughout rural areas and in capital cities.*

*Trappers were independent suppliers who chose when to work, how long to work, and were able to reside in one location all year. The rabbit industry revolutionised work practices in rural areas and stimulated local businesses like no other industry. Wool remained the nation's major export earner but income from wool ended up in relatively few hands, while the rabbit industry provided cash money on a daily basis to thousands of trappers and workers. This money was spent locally in hundreds of rural businesses, used to buy cars, homes and farms, or saved. Unlike other rural industries, the rabbit industry prospered during war, depression and drought (Eather, W., & Cottle, D. 2015).*

The following is based on an interview with Michael Doherty, a former professional trapper from Penshurst in the Western District of Victoria.

Michael was the first son of Vincent and Millicent (nee Underwood) and born in Hamilton in 1942. He was schooled at St Joseph's Primary, Penshurst. Michael began trapping while still at school. He'd set five rabbit traps at the end of Wallers Lane on the eastern edge of the Penshurst township and was one of a few school boys who had pocket money from the sale of the rabbits. He spent this on lollies.

At the age of 13 Michael left school to work on his uncle Reg Hatherall's soldier settlement farm at Gerrigerrup. This work included trapping rabbits. His uncle paid a weekly wage of three pounds, but after six months Michael had to return home due to illness. He returned in later years to trap rabbits on the block with his father.

A year later when Michael (Mick) was fourteen he purchased a pushbike and commenced a career as a professional rabbit trapper. He modified the bike with an extra bar across the handlebar to enable it to carry 80 traps or 35 pair of rabbits. Riding home through the paddocks was often hazardous as Mick navigated winding sheep tracks and dodged rocks.

The soldier settlement scheme (SSC) set up after World War 2 was a boon to rabbit trappers as the blocks of land, purchased a few years earlier from the big stations, had quickly become over-run with rabbits.

Tom Johnson, Minhamite (Moyne Falls) soldier settler observed that 'the SSC sent in two waves of settlers. The Moyne Falls group began the assault on rabbits on April Fool's Day 1951. They worked for eight months under the direction of the Lands Department, digging and digging and but for the miracle wrought by myxomatosis (Myxo) would never have brought the rabbits under control. The second group of ten (Stonefield) were brought in 1957 making a total of 27 occupying the stones south of Penshurst'.

Tom Johnson's block (570 acres) was so eaten out by rabbits that of a handful of bullocks put on the block by the commission, two starved to death.

Mick said the Johnson block was one of the few properties that he didn't trap as the rabbits were not numerous enough. Tom Johnson, and some of his settler neighbours, were diligent in keeping the rabbits down by a combination of trapping and poisoning.

Continued over the page

**CHRISTOPHER COOK  
CONSTRUCTIONS**

**Ph: 0417 100 243**

**Fax: 5576 5267**



**HIA Reg CB-U 6214  
DB-U 5109**

**112 Bell Street  
Penshurst Vic 3289**

**RABBIT TRAPPING AROUND  
PENSURST** (cont)

The SSC employed their own trappers. These included Mick and Lloyd Smith, who camped in the old Stonefield Station shearer's huts, and Pop Lucas who camped in a hut on Frank Barnes block. Mick recalled how Pop didn't pick up his SSC wages for two years and when he did Pop bought a new car. Jack Cantwell was employed fulltime by the SSC to trap rabbits on the Moyne Falls estate.

Other trappers to work in the Penshurst area included George Uber who worked on Burnbrae and Tom O'Malley. Tom was originally a shearer from Tasmania, and lived in a small caravan or sometimes in the settler's woolsheds. More seasonal trappers were brothers Bill and Tom McDonald, Penshurst and brothers Bill and Charlie Kampman, Minhamite.

Michael also worked as a roustabout in the shearing sheds, travelling as far as NSW and Tasmania where at one shed it snowed in November. In 1963, he took up shearing which he did seasonally for eight years.

See the next newsletter  
for part 2

Answers to Riddles.

**PENSURST SENIOR  
CITIZENS**



Due to the COVID-19 pandemic, curfews, quarantines, and similar restrictions being implemented our Local Senior Citizen's club also came to a halt over the past year.

Now as restrictions have been lifted and there are no longer any limits on having social get togethers, the senior citizen's club is pleased to announce that we are resuming our club activities commencing with **BINGO on Tuesday 22nd February at 2pm.**



**Social Evening at the Clubrooms  
Bell St PENSURST**

**St Patricks Day Thursday 17<sup>th</sup> March 6pm**

**Free BBQ ..... BYO drinks**

**Bring your favourite Irish Joke ..  
you may win a prize.**

Join in Irish Joke Telling, (prize for best)  
Irish music and singing

**NEW MEMBERS WELCOME**

1. It's possible if your birthday is on the 31st December and today is 1st January. The day before yesterday (30th) you were 25, then yesterday (31st) you were 26. This year, on 31st December, you will be 27, then you will be 28 next year. 2. A road. 3. A smile. 4. A broom. 5. A watermelon. 6. A glove. 7. Pawns.



### Mutterings and mumblings from Fr. David.

Did you know that books have personalities? Oh yes, dear reader. They stand on shelves spic and span, ordered, ready and hopeful that you will be their new friend. We are to treat them with respect because no book likes to be defaced, devalued or denigrated. Every book has something to tell us. Often they inform us and we learn things. Important things. Sometimes they are just frivolous and want to entertain us. Some books have sorrowful tales to tell, whilst others will want to allure us to places near and far. They lead us on to new adventures.

Our 30th Annual Anglican Book Fair is now open for business in the Hub. The Fair runs through until Easter and you can purchase good quality pre - enjoyed books at a very sensible price. Thanks to the generosity of previous years we are not looking for donations at this early stage. It is surprising what you find and or is it .. who you find. If you listen closely the books will whisper to you. Some will speak to you of feeling neglected, a bit care worn and in need of attention. Some have looked after themselves and are trim and shiny. Some are like famous people you have heard about. It's an easy decision to pay the poultry price in order to get to know this book better. New friends are made with new books and if we are honest we can never be quite the same again. Our new friend will nudge us along a bit. They will challenge us, surprise us, and yes, sometimes enrage us. But when that verve is distilled and assimilated, we are a little bit wiser and more rounded for having gone through this experience.

Some come and make a new friend.... Or two. Fr. David Oulton [droulton72@gmail.com](mailto:droulton72@gmail.com)

#### Opening Hours:

**Monday - CLOSED**

**Tuesday to Friday - 7.30am - 2.00pm**

**Saturday – 8.00am - 2.00pm**

**Sunday - CLOSED**



## Penshurst Store

**Pop into the store and try some of our delicious pies, pasties, and sausage rolls. Freshly baked bread, cakes and slices.**

**Treat yourself to a ROX coffee or Hot Chocolate and browse our everchanging giftware and local produce.**

**Phone orders and payments most welcome.**



**Amanda & Cam Wilson**

**0439 941 942**

**Café/Bakery 110 Bell Street, Penshurst [penshurststore@gmail.com](mailto:penshurststore@gmail.com)**

## Something for the children to think about

Sometimes, when I am sitting at my desk, I hear the wind trying to sneak through the windows .. And other times, like today, it dances and whistles through that gap that I purposefully leave, because I love the sound of the wind. Do you?

**What is wind?** Wind is air in motion. It is produced by the uneven heating of the earth's surface by the sun. Since the earth's surface is made of various land and water formations, it absorbs the sun's radiation unevenly. Two factors are necessary to specify wind: speed and direction.



**What causes the wind to blow?** As the sun warms the Earth's surface, the atmosphere warms too. Some parts of the Earth receive direct rays from the sun all year and are always warm. Other places receive indirect rays, so the climate is colder. Warm air, which weighs less than cold air, rises. Then cool air moves in and replaces the rising warm air. This movement of air is what makes the wind blow.

**What is a windstorm?** A windstorm is a storm with high winds or violent gusts but little or no rain.

**What is a gust front?** A gust front is the leading edge of cool air rushing down and out from a thunderstorm. There are two main reasons why the air flows out of some thunderstorms so rapidly. The primary reason is the presence of relatively dry air in the lower atmosphere. This dry air causes some of the rain falling through it to evaporate, which cools the air. Since cool air sinks (just as warm air rises), this causes a down-rush of air that spreads out at the ground. The edge of this rapidly spreading cool pool of air is the gust front. The second reason is that the falling precipitation produces a drag on the air, forcing it downward. If the wind following the gust front is intense and damaging, the windstorm is known as a downburst.

**What is a downburst?** A downburst is created by an area of significantly rain-cooled air that, after hitting ground level, spreads out in all directions producing strong winds. Unlike winds in a tornado, winds in a downburst are directed outwards from the point where it hits land or water. Dry downbursts are associated with thunderstorms with very little rain, while wet downbursts are created by thunderstorms with high amounts of rainfall.

**What is a derecho?** A derecho is a widespread and long-lived windstorm that is associated with a fast-moving band of severe thunderstorms. They can produce significant damage to property and pose a serious threat life, primarily by downburst winds. To be classified as a derecho, the path length of the storm has to be at least 280 miles long. Widths may vary from 50-300 miles. Derechos are usually not associated with a cold front, but a stationary front. They occur mostly in July (northern hemisphere), but can occur at anytime during the spring and summer.

**What is the jet stream?** The jet stream is a fast flowing, river of air found in the atmosphere at around 12 km above the surface of the Earth just under the tropopause. They form at the boundaries of adjacent air masses with significant differences in temperature, such as of the polar region and the warmer air to the south. Because of the effect of the Earth's rotation the streams flow west to east, propagating in a serpentine or wave-like manner at lower speeds than that of the actual wind within the flow.

(More next fortnight)

I don't know about you, but right now we are still drowning in zucchinis ... so here are a couple of recipes to share.

## A PAGE TO SHARE RECIPES

# Zucchini fries with tahini dipping sauce

Prep Time 15 mins - Cooking Time 15 mins Serves 4

### INGREDIENTS

1/4 cup polenta  
1/4 cup finely grated parmesan  
1/2 tsp lemon rind  
1 egg  
500g zucchini, cut into fries

1 tbsp tahini  
1 1/2 tbsp lemon juice  
1 tbsp extra virgin olive oil  
2 tbsp Tamar Valley Greek Style Yoghurt  
1 garlic clove, crushed

### METHOD

#### Step 1

Preheat Philips Air fryer to 180C.

#### Step 2

Combine polenta, parmesan, and rind in a large bowl. Season with salt and pepper. Lightly beat egg in another large bowl.

#### Step 3

Add zucchini to egg and toss until well coated. Transfer zucchini to polenta mixture, leaving excess egg in base of bowl. Toss zucchini until completely covered with polenta mixture. Place zucchini in the basket, leaving excess polenta in base of bowl. Insert the basket into the Airfryer. Cook for 10 minutes, shaking basket halfway through, or until golden and tender.

#### Step 4

Meanwhile, whisk tahini and lemon juice with a fork in a medium bowl until smooth. Whisk in 1 tablespoon water. Whisk in oil, then yoghurt and garlic. Season with salt and pepper.

#### Step 5

Serve zucchini fries with tahini dipping sauce.



# Zucchini slice

Preparation Time: 15 mins Cooking Time: 40 mins 12 slices

### INGREDIENTS

3 zucchinis grated  
1 carrot grated  
1 cup self-raising flour  
3 bacon rashers diced  
6 eggs lightly beaten  
1 1/2 cups cheese grated  
1 onion diced large  
1 pinch salt and pepper to taste



### METHOD

1. Add all ingredients to the one bowl and mix well.
2. Pour into a well greased 16cm x 26cm lamington tray and bake at 180C for 30-40 minutes, or until browned.
3. Slice into fingers once cool.
4. Serve hot or cold.

## Community Meetings

### Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

### Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.
- Penshurst Social Support Group - WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Sheppard Centre - **COVID Permitting**. Western District Health Service – PENSURST Campus. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

### Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250.

### Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February 2021 at Volcano Centre 7.30 pm. New members welcome.

### Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, Ritchie Street. penshurstlions@gmail.com

### Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.



**AmbulanceVictoria**

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email [penshurst.teamleader@ambulance.vic.gov.au](mailto:penshurst.teamleader@ambulance.vic.gov.au)

### Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

### Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

Penshurst Book Club - Meets 2nd Tuesday each month at 2pm at Senior Citizen club rooms (Winter) and Rurik's Shed (Summer). Contact Ruth Pihl 0490418313

## Penshurst Church Services

### Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

### Penshurst Anglican Church

4pm Mass 4th Sunday each month

For further details contact Janet Kelly on 5576 5247

### St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

### St Joseph's Catholic Church Penshurst

1st Sunday No Service

2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am

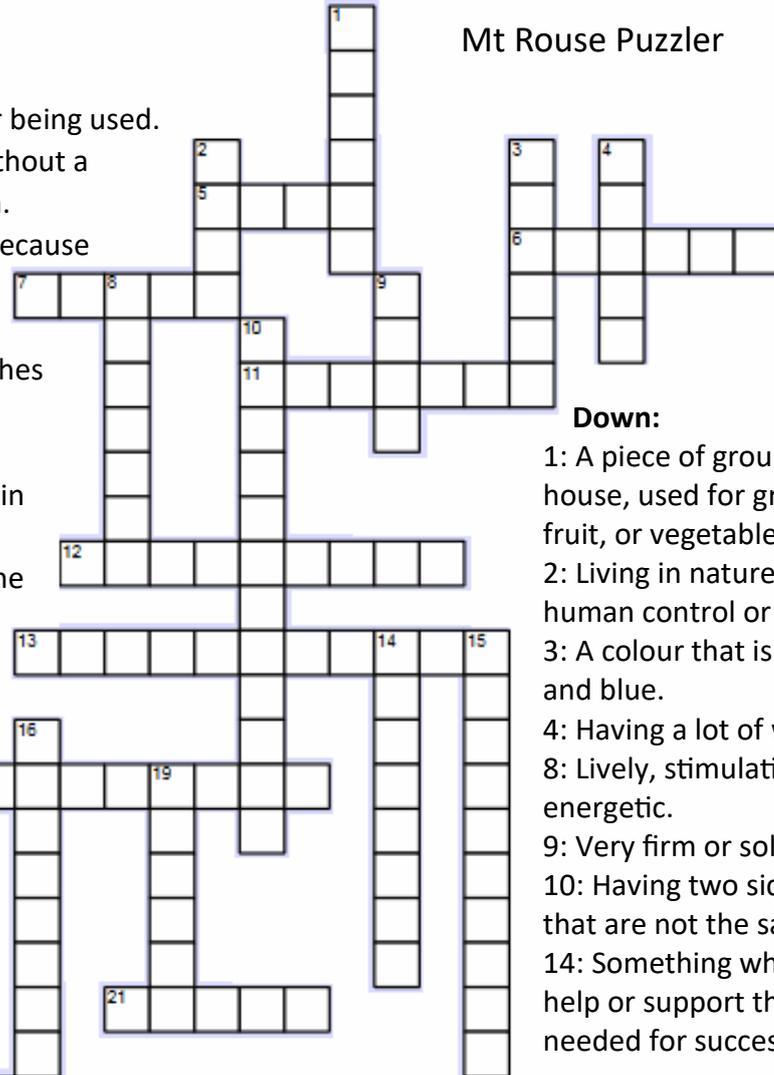
Mt Rouse Puzzler

**Across:**

- 5: Not working, active, or being used.
- 6: Chosen, done, etc., without a particular plan or pattern.
- 7: Seeming like real life because it is very clear, bright, or detailed.
- 11: To produce small flashes of light.
- 12: A definite or clear expression of something in writing or speech.
- 13: A large, heavy machine that is used for making a road or other surface flat.
- 17: Very strange and not able to be explained by what scientists know about nature and the world.

**Down:**

- 1: A piece of ground, often near a house, used for growing flowers, fruit, or vegetables.
- 2: Living in nature without human control or care.
- 3: A colour that is between red and blue.
- 4: Having a lot of wind.
- 8: Lively, stimulating, exciting, energetic.
- 9: Very firm or solid.
- 10: Having two sides or halves that are not the same.
- 14: Something which provides help or support that is needed for success or survival.



- 21: An area of activity, interest, or knowledge.
- 22: Uncertain or not sure.
- 23: To move or become near or nearer to something or someone.

- 15: A worker in an oil field, at a circus, etc., whose job requires strength but little skill.
- 16: A type of Italian vinegar that has a dark colour and a sweet taste.
- 18: Ruling with absolute authority; extremely bossy.
- 19: Deep muffled sound, as thunder.
- 20: To break apart or into pieces especially along a straight line

Just as dogs love to chew bones, the mind loves to get its teeth into problems. That's why it does crossword puzzles and builds atom bombs.  
Eckhart Tolle

**THE NICE THING ABOUT DOING A CROSSWORD PUZZLE IS, YOU KNOW THERE IS A SOLUTION**

Stephen Sondheim

**Last fortnight's crossword answers - Across:** 3 adding, 5 laugh, 5 snooze, 7 space, 11 numbers, 13 triplet, 14 mushroom, 17 afternoon, 20 struggle, 21 decagon, 22 pair, 24 nonagon.  
**Down:** 1 circus, 2 Balloon, 4 Oxygen, 8 Amazement, 9 venetian, 10 heptagon, 12 pentagon, 15 octagon, 16 nowhere, 18 hexagon, 19 quad, 20 silly, 23 one.

**Riddles**

1. The day before yesterday I was 25 years old, and next year I will turn 28. How is it possible?
2. From house to house he goes, a messenger small and slight. And whether it rains or snow, he sleeps outside at night.? What am I?
3. I beam, I shine, I sparkle white. I'll brighten the day with a single light. I'll charm and enchant all. I'll bring the best in you all. What am I?
4. I have a hundred legs, but cannot stand. I have a long neck, but no head. I cannot see, and I help keep your house neat and tidy. What am I?
5. When it comes to me, you go on red and stop on green? What am I?
6. When filled I can point the way, but when empty unmoving I stay. What am I?
7. The eight of us go forth not back to protect our king from a foes attack. What are we?

**Penshurst's Website**

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email [president@penshurstprogress.org.au](mailto:president@penshurstprogress.org.au)

Visit our site

**[www.penshurstvictoria.com.au](http://www.penshurstvictoria.com.au)  
and let us know if you have  
any comments.**

**Editor**

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**DEADLINE FOR SUBMISSIONS – 19 March 2022**

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

**Editor : Mark Dalla Costa**

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