

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

Success - the Management team of the Penshurst Rec Reserve take delivery of their tractor.

After years of paying the Council to mow the Penshurst Recreation Reserve, the Management team got together with the Department of Environment, Land, Water and Planning (DELWP) and the Bendigo Bank to buy their own mower. Peter Brown said that Agrimac Warrnambool gave them a great price, and it was obvious that everyone present was delighted with their purchase.

Here, designated driver, Norman Rentsch is explaining the finer points of adjusting height and cut.



More on page 3

PENSHURST SENIOR CITIZENS

At the clubrooms Bell Street
Social & Fun Day
Sunday April 11
12m Light Lunch



NEW MEMBERS WELCOME

**PLACES OF INTEREST
IN PENSHURST**

Volcanoes Discovery Centre
www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve
Ritchie Street, Penhurst

Botanic Gardens
Chesswas Street, Penhurst

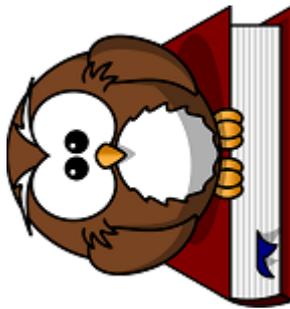
Penhurst Caravan Park
Cox Street, Penhurst
For Bookings phone (03) 5576 5220

24 Hr Fuel

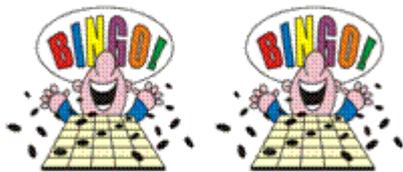
91A Bell Street Penhurst

Mount Rouse Lookout

Waller Road, Penhurst



**Penshurst Senior
Citizens**



Tuesday April 27th 2pm
Eyes Down 2.15pm

Afternoon Tea
At clubrooms Bell street

Volcanoes Discovery Centre



OPEN DAY

Sunday, April 18

FREE ENTRY

TALKS ON VOLCANOES

11am, 2pm

Everyone Welcome

PENSHURST MEMORIAL HALL - Notice is given of a PUBLIC MEETING

- to be held in the Supper Room on Thursday 22nd APRIL 2021 commencing at 7.30pm.

The purpose of the meeting is to nominate no less than three (3) or more than nine (9) persons as the Committee of Management for the Peshurst Memorial Hall for a term of three years. The current committee's term will expire on 25th May 2021. All positions will be declared



open and nominations will be accepted prior to or on the night. Nominations from women, Aboriginal people, people with disabilities, young people and people from culturally diverse backgrounds are encouraged. Further information, nomination forms and nominee declaration forms may be obtained by contacting your local Department of Environment, Land, Water and Planning office or at the meeting. For further enquiries please contact the Secretary, Ama Cooke on 0402 870 738 or email peshurstmemorialhall@gmail.com.

Success (continued from page 1)



... before flying across the grass.

The mower cost \$24,500. DELWP provided \$17,500 and the Bendigo Bank \$3,000.

Pictured: Glenis Linke, Kevin Holian, Barry King, Peter Brown, John King, Brenden Cottrill, Fraser McKenzie and Norman Rentsch.

Penshurst Hair Design



Opening Days
Tuesday,
Thursday
Friday &
every second
Saturday
10am - 2pm
By Appointment

For appointments please ring

Mobile: 0417 511 177



Meriweather, the owl, wonders,

“Who would like to share their news with us?”

As you’ve learned over the past 2+ years (we’ll be three in August), there’s more than enough room in our newsletter to share the important, and light-hearted, events from the town and district. We look forward to hearing from you.



The Newsletter Crew



Penshurst
Remedial Myofascial Clinic

Senior Therapist Eleanor Sheldon offers a clean nurturing environment to support your physical well-being needs. She identifies injuries and impingements that could be blocking and creating an ‘out of balance’ feeling within your body and works with you for the best outcome. The service includes counselling on lifestyle, gut well-being and assisted guidance for your natural good health and self promoted health plans.

They are also a registered NDIS provider.

91b Bell Street
Penshurst Victoria 3289
M : 0400819408

Penshurst Progress Association

ABN 35 622 662 815

COVID rules apply

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary Don Adamson

Tom Cooke - Vice President Gillian Jacobs

Josh Hewitt - Treasurer Judy Brennan

Mary Stewart Amanda Cameron

Next Meeting: 28th April 2021 7.30pm in the Supper Room, Penshurst Hall.

Good afternoon everyone,

Here are some of the comments from the SGSC's visit our town 22nd March. They are the ideas that people thought important enough to ask the Council to help with, and many of them can be addressed by us as a community. We can't expect them to be handed to us on a plate. The headings are the Council's.

Health & Wellbeing

Meals on Wheels – can we get it started again?

How well do you know your neighbour? A project to bring to the town.

Environment & Sustainability

Environment & Biodiversity audit – flora & fauna
Streetscape and landscape our streets and art space!

Streetscape and Artscape wide streets

Street beautification

- Ornamental trees on Bell down to the Bakery –
2041 project with council.

Mt Rouse Environmental Plan – Landcare group?
Management Plan update

Botanic Gardens Masterplan reassessment and acted upon

- Walking tracks – more around town and on the Mount.

Emergency

preparedness

responsiveness

capacity and capability to recover - CFA & PPA

Community

Lower tip fees – PPA & SGSC

Better police attendance in town

Childcare – before and after school care

Facilities for children (in and outdoors)
activities for after school, weekends and holidays

Playgroup/music groups for 0-5 years.

Social activities for children – ie. Movies, dances & music

Audio history/podcasts for tourist drivers, capture stories out elders. (PPA Grant with SGSC)

An arts festival in summer, including music festival. (We already have the Art Exhibition in March and a Photographic Competition coming in September.)

Music in the park once a month

Cabins in Caravan Park

Create a tourism identity - absolutely important. Penshurst has enormous tourism potential being on road before Great Ocean Road and Grampians – volcanic region strategy

Support & promote Yatmerone Nature Reserve

Disabled parking spaces in town. At present only in front of Kelly's business.

More BBQ's in gardens.

Recycling weekly

(continued page 6)

Penshurst Progress Association - continued from page 5

Community (continued)

Caravan park amenities block MUST be replaced as not suitable for aged and disabled

In Botanic Gardens we need – herbarium, rotunda (gazebo) and replace the current bbq building to include undercover seating (this makes the park a botanic gardens rather than an arboretum).

Camp kitchen in gardens

Update storyboards and signage (being done in Gardens, must be done on Mt Rouse)

Sewerage system, now available, ASAP

Research Tree replacement policy

Public toilets better cleaned and maintained

Yellow dust road & rocks terrible.

Hard waste pickup

Replace Picnic tables on Mt Rouse and with seating on viewing stand. Clear the undergrowth, grass & ferns.

Bluestone entrances at five roads entering Penshurst.

More to come next newsletter ...

What is important to you? What do you want to add?

Have great fortnight and be safe,
Ama Cooke Chairperson,
PPA 0402 870 738

Riddles

1. What flowers can be found between the nose and the chin?
2. If someone were to write a biography about us, the following could be reported:
#1 - A golfer faces many of us when playing 18 holes. #2 - we are frequently served with fish.
#3 - On T. V., from 1977 to 1983, we enforced the law --- but only in California. #4 - Some of us have ridges, but we are not associated with mountain ranges. #5 - Gamblers love getting their hands on us as often as possible. Based on the biographical information above -- Who/what are we?
3. What exists when one person has it but ceases to exist when another person gets it?
4. What has a ring but no finger?
5. My little circle of friends here, getting bumped off one-by-one, reminds me of Agatha Christie's famous murder mystery "Ten Little Indians", where a small group of people are knocked off, one at a time, until only the killer and one person is left. The main difference is that in Christie's novel, the last survivor was to die by hanging, but in my situation, the sole survivor will be given "The Chair"! Should this person call the police? Is there a life-and-death scenario going on here, or is everyone's safety assured? What exactly is happening?
6. I am present on a winter's day, Surprise me and I am taken away. The faster you run, the harder I am to catch, Try all you can, I am not easy to snatch. I am always with you, somewhere in the background, You wouldn't know it though, for I hardly make a sound. Keep your head cool and you will finally see, That I am inside you. What could I be?
7. I am hollow, I die if you touch me. What am I?

A PAGE TO SHARE RECIPES

A traditional dessert with a delicious twist

Golden Syrup ANZAC tart

Prep Time 25mins - Cooking Time 40 mins

INGREDIENTS - 12 servings

1 cup plain flour	1/2 teaspoon bicarbonate of soda
1 cup traditional rolled oats	SWEETENED CONDENSED MILK
3/4 cup Desiccated Coconut	CARAMEL
1/3 cup brown sugar	395g can condensed milk
1 1/3 cups caster sugar	1/4 cup brown sugar
125g butter, chopped	40g butter
2 tablespoons golden syrup	2 tablespoons golden syrup

METHOD

Step 1 Preheat oven to 180C/160C fan-forced. Grease a 3cm-deep, 23cm (base) round loose-based fluted tart pan. Place prepared pan on a baking tray.

Step 2 Combine flour, oats, coconut, brown sugar and 1/3 cup caster sugar in a large bowl. Make a well in the centre. Place butter, golden syrup and 2 tablespoons cold water in a saucepan over low heat. Cook, stirring occasionally, for 4 to 5 minutes or until butter has melted. Remove from heat. Stir in bicarbonate of soda. Stir butter mixture into oat mixture until combined. Spoon 3/4 of the oat mixture into prepared pan. Press evenly over base and sides. Bake for 20 minutes or until lightly golden. Stand for 20 to 25 minutes to cool slightly.



Step 3

Meanwhile, make Sweetened Condensed Milk Caramel. Combine condensed milk, brown sugar, butter and golden syrup in a medium saucepan over medium-low heat. Cook, stirring constantly, for 8 to 10 minutes or until mixture thickens and is golden. Pour into tart case. Use the back of a spoon to smooth surface. Sprinkle with remaining oat mixture. Bake for 10 minutes or until firm. Stand for 30 minutes to cool. Refrigerate for 2 hours or until set.

Step 4 Place tart on a serving plate. Place remaining 1 cup caster sugar and 1/2 cup hot water in a saucepan over low heat. Cook, stirring, for 3 minutes or until sugar is dissolved. Increase heat to high. Bring to the boil. Boil, without stirring, for 8 minutes or until mixture turns golden. Set aside for 30 seconds for bubbles to subside. Drizzle toffee over tart. Stand for 15 minutes or until set. Serve.



Penshurst Store



Amanda & Cam Wilson

0439 941 942

New Hours:

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Saturday 8.00am to 2.00pm

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Family Pies now available to order
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or Curry, Chicken Kiev or Butter Chicken,
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Café/Bakery 110 Bell Street, Penshurst penshurststore@gmail.com

CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267



HIA Reg CB-U 6214

DB-U 5109

112 Bell Street
Penshurst Vic 3289



Greater Hamilton Library

Mobile Library

**Will be visiting Penshurst
every Thursday fortnight**

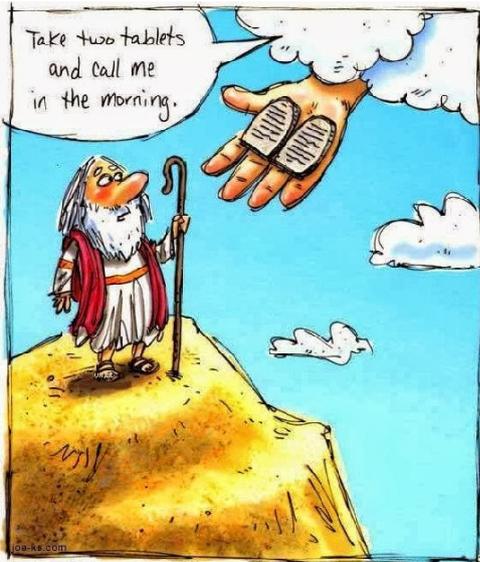
**3.00 - 4.00pm Outside the Hall
in Martin St**

**Dates for April are: 1st, 15th
& 29th**

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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GREATER HAMILTON LIBRARY**



Around the Churches

Lesson Learned the Hard way

This lesson was learned the hard way on Cradle Mountain. The views were amazing and the path was long. We walked at a brisk pace for over two hours. It was an invigorating experience and we felt honoured to be on holidays in this amazing part of the world. Frequently steps found us. The longer we walked the more arduous and bewildering these steps seemed to become. Almost as if they had a taunting life of their own... daring us to try and conquer them. As we neared the end of our trek (a part of me not really wanting the experience to be over) a particularly challenging set of steps sneered wickedly down at us.

I sighed, looked up and in one of those rare moments that only happens every 2,865 days, I thought 'Well there is only one way to do this and that is 'one step at a time'. Trying to do any more than one step at time would be as foolish as jumping off a wardrobe. I thought of this rare and precious insight as I looked at my list on the desk this morning. The list seemed long and inexpungable. And then Cradle Mountain and those steps came back to me.

"OK" I muttered, fruitlessly trying to inject some determination into my soul. "We're just going to do this one step at a time." It did not make the list go away, just as those monstrous steps did not vanish at Cradle Mountain. But at least there was a way forward, a methodology, a plan of attack.

Perhaps, like me you too have those moments or days where the task bewilders and befuddles you. If so, remember that you are not alone and together we're just going to do this one... step... at... a... time.

Fr. David Oulton - droulton72@gmail.com

"He has not learned the first lesson of life who does not every day surmount a fear. "

John Dryden

Penshurst Post Office



Is proud to announce our new role of 'Newsagency'
and will be the official supplier of all Newspapers in Penshurst

Starting from April 1st, 2021

Town delivery will be offered for all papers 7 days a week

Rural delivery will be available 5 days a week with weekend papers available for collection

- Fees will apply -

Papers available include –



The Age
Herald Sun
Sunday Herald Sun
The Standard
The Spectator
The Weekly Times
Farmer
Stock & Land
Financial Review



And we are happy to source other papers on request

Come and see us to place orders, arrange delivery or discuss other papers you are
interested in purchasing

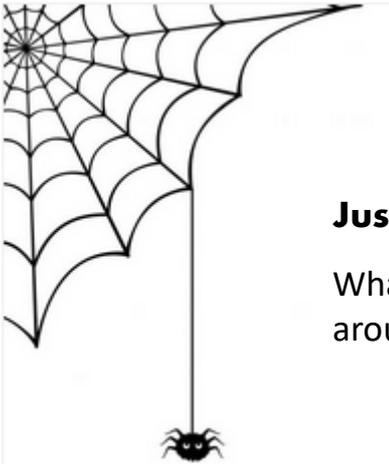
Penshurst Post, Gifts & Newsagency

John, Judith & Nicole

31 Martin Street, Penshurst 3289

Telephone: (03) 5576 5220

A Page for the Children to enjoy



Just hanging around

What sort of things hang around your house?

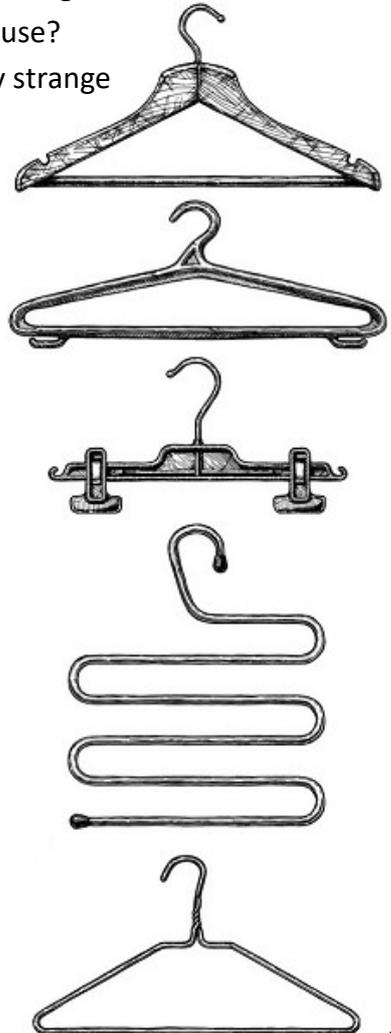
At our house we have
Possums



Can you draw a spider's web?

B	Four wheels & carries people (3)	
U	Keep for a rainy day (8)	
S	Slithering serpent (5)	
H	Golf award (4)	---- in one
R	Feel the beat (6)	
A	The country we live in (9)	
T	Farm equipment for many tasks (7)	

Do you have any of these coat hangers at your house?
How every strange they look.



The Australian bush rat is a small Australian nocturnal animal. It is an omnivore and one of the most common indigenous species of rat on the continent, found in many heathland areas of Victoria and New South Wales. To tell the difference between a black rat and a native bush rat, look at the tail. The black rat's tail is twice as long as its body and is nearly naked – almost segmented like a very skinny earthworm. The bush rat's tail is shorter than its body and quite furry.

Community Meetings

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone 557 12145.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February 2021 at Volcano Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st & 3rd Tuesday each month at 8 pm at RSL Hall, Ritchie Street.
penshurstlions@gmail.com

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb -



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

Nov at 2.15 pm.

- Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Book Club, 2nd Tuesday each month at Senior Citizen club rooms. 2.00pm

Penshurst Urban Fire Brigade

- 2nd Monday monthly at fire station.

RSL Penshurst

- meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact Janet Kelly
on 5576 5247

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

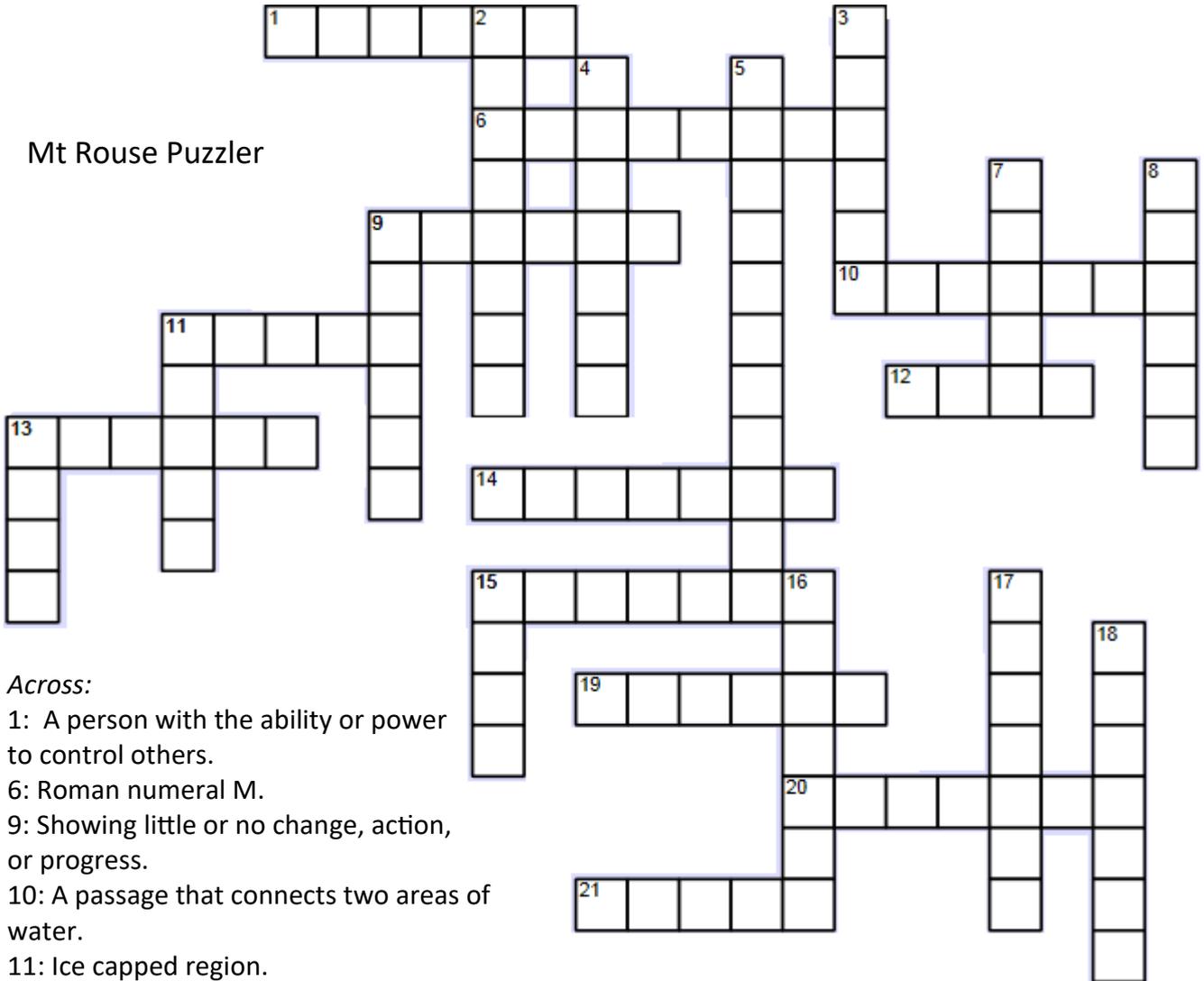
2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am

Mt Rouse Puzzler



Across:

- 1: A person with the ability or power to control others.
- 6: Roman numeral M.
- 9: Showing little or no change, action, or progress.
- 10: A passage that connects two areas of water.
- 11: Ice capped region.
- 12: To be aware of.
- 13: A hole to live in.
- 14: Landscape not good for long landings.
- 15: Acrobatic feats.
- 19: A cloud of gas or dust in space.
- 20: Number.
- 21: The act of following and trying to catch something.

Down:

- 2: Captivate the eye or doorway.
- 3: Current.
- 4: Someone or something that has been chosen.

- 5: To be involved with others in doing something.
- 7: A short period of time when you do a lot of something.
- 8: To create or develop something.
- 9: Shellfish.
- 11: Fish or sit.
- 13: Rhythm.
- 15: A strong, sharp taste or smell.
- 16: A lack of sound or noise.
- 17: To watch and sometimes also listen to carefully.
- 18: To look at something in a careful way.

Across: 3 stew, 4 sober, 6 harvest, 9 utensil, 11 deduce, 13 rain, 15 live, 18 belladonna, 19 lapse, 21 puzzling, 22 praise, 24 basic. Down: 1 shot, 2 mice, 3 slant, 5 barbeque, 7 yard, 8 steepchase, 10 tornado, 12 funnel, 14 taciturn, 16 exact, 17 custard, 20 hive, 23 spray.

5576 5270

Friendly faces and helpful staff ...

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Open 7 days

Opening Hours:

Monday - Friday

7am - 8pm

Saturday

9am - 7pm

Sunday

10am - 6pm

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Answers to Riddles: 1. tulips (two lips),
2. chips, 3. a secret, 4. a telephone, 5. they
are playing musical chairs, 6. your breath,
7. a bubble.

PENSHURST MENS SHED

Update

While the Men's Shed is closed during the COVID-19 pandemic, there has been a little movement on the build project.

The external building has been completed and now the internal work must be done. Have patience, we will be open again very soon.

Newsletter: If you have any stories you would like to share events, stories and ideas, please contact Mark or Ama by phone or email.

Mark Dalla Costa

mtrousenewsletter@gmail.com

Ama Cooke 0402 870 738

Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

**www.penshurstvictoria.com.au
and let us know if you have
any comments.**

Editor

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DEADLINE FOR SUBMISSIONS – 17th April 2021

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

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FORTNIGHT**

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<http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html>

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1/4 page \$5 + GST **Business Card** \$3 + GST

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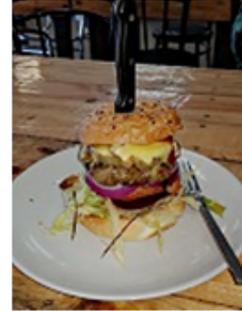
Specials -

\$9 Past of the Day/Fried Rice

\$10 Fish, Chips & Salad

\$12 Lasagna, Chips & Salad

\$14 Chicken Parmi, Chips & Salad



Opening hours

Monday 6 am - 7 pm Tuesday 6 am - 5 pm

Wednesday & Thursday 6 am - 7 pm

Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm

Please phone late orders 15 minutes prior to closing, thank you



DAN TEHAN MP

FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:

190 Gray Street, Hamilton or
1300 131 692



📞 1300 131 692 📧 dan.tehan.mp@aph.gov.au 🌐 dantehan.com.au

📘 DanTehanWannon 📷 dantehan

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