

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

What is Happening Around Town during the Lockdown



The Self Serve Petrol Station on Bell Street is being redeveloped with a view to making it more convenient for visitors and locals to use.

The buildings have been demolished to make way for a covered drive in area and new petrol pumps.

The new corner wall on Chesswas street to delineate the edge of the Botanical Gardens is growing in size daily and is currently around 50% complete.



The Caravan Park in the Botanical Gardens remains closed to visitors. The roof of the Amenities building has been replaced and plumbing is being upgraded inside.



The raised beds for the Community Garden are in place next to the Primary School in Ritchie Street and mulch has been delivered

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While taking important precautions due to COVID-19 as service critical to Public Health.
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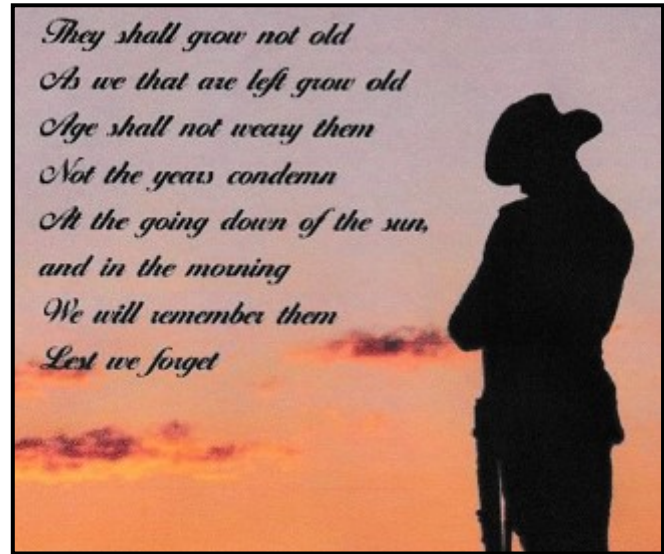
Phone: 55765220

JP Service Available

LEST WE FORGET

As you are probably aware, this year there are restrictions on the public attending Anzac Day Services, in an attempt to stop the spread of Covid-19. Therefore, unfortunately, the Penshurst RSL Sub-branch will not be conducting a community service this year.

As custodians of the commemoration, the RSL will still honour the service and sacrifice of our brave service men and women. In these challenging times, we will remember them.



This year, on April 25, when you can't go to our local dawn service, we're asking people, in their own private way to pay respects to our servicing and ex-service members. Members of the public are invited to lay a wreath at the cenotaph if they wish to do so.

Alternatively, you can tune in via radio, social media or television, and take a moment to reflect on the service and sacrifice of our veterans and those who are still serving today.



Penshurst Church Services

All church services are cancelled for the foreseeable future. If you have information about online services that you would like to share with the community, please contact the editor to share details.

mtrousenewsletter@gmail.com

Hamilton Uniting Church is Live Streaming their services. Find it here:

<https://www.facebook.com/HAMILTONUNITINGCHURCHLIVESTREAMING>



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Caramut and District Garden Club

When we think of bulbs, we invariably think of Spring flowering bulbs but a walk around the garden will show that there are a large variety of bulbs flowering now.

Amaryllis belladonna better known as Belladonnas or Naked Ladies. These come from South Africa and are very suitable for our climate.

The sturdy stems appear about the time of the first autumn rains and can be in dark or light pink and white. The flowers appear before the leaves which appear as the flowers dies off.

They can be left undisturbed for many years and prefer good light. No need to water over summer.



Another popular flower is the **Nerine** also from South Africa. They come in red, white, and various shades of pink with similar growing habits to the belladonnas.

Crocus, Tree Dahlia, Cyclamen, Crinum, are some other Autumn flowering bulbs. Tree Dahlias come out in May, Sadly the frost affects these.

The Blood, Paintbrush, or Ox Tongue Lily, again from South Africa. It is an unusually big bulb that doesn't seem to mind the shade or no summer water.



No need to practice social distancing in your garden, so enjoy.

“Belladonna, n.: In Italian a beautiful lady; in English a deadly poison.
A striking example of the essential identity of the two tongues. “

Ambrose Bierce

“He who hunts for flowers will find flowers; and he who loves weeds will find weeds. “

Henry Ward Beecher

Dunkeld & District Community Bank Branch



Dunkeld & District
Community Bank Branch



Art Show Success

Prior to the current Covid-19 restrictions, we were fortunate to sponsor another very successful Peshurst Art and Photography Exhibition. Despite a smaller than usual attendance, organisers were thrilled with the calibre of the art work on display. The Art Show highlights the creative endeavours of artists in the region.

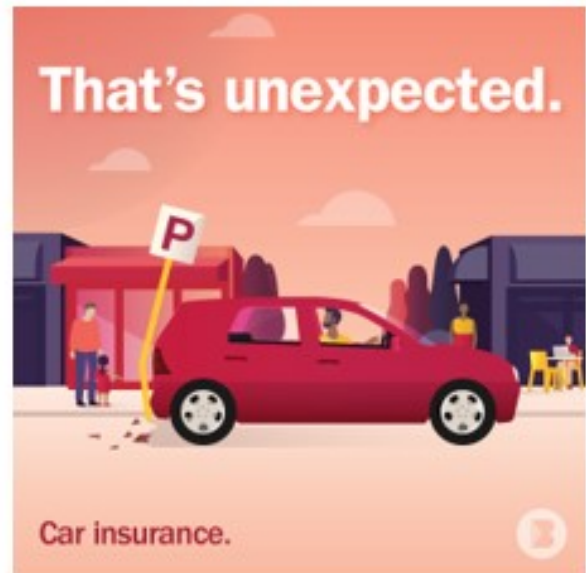
Judges, John Graham and Shane Crumpton (pictured), praised the wonderful exhibits on display.

Our sponsorship of \$500 was used to assist with the prize money awarded in various sections. This included best watercolour, best oil and best acrylic. All looks favourable for another show in the coming year.



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Covid-19 (Coronavirus) update

Bendigo Bank takes the health of our customers, employees, visitors and community seriously.

In the interest of public health, we ask that you please not enter our branch if:

- You have returned from overseas within the last 14 days
- You have knowingly been in contact with someone who has been diagnosed with Coronavirus (Covid-19) or has returned from overseas within the last 14 days
- You are displaying flu-like symptoms

Our hours of operation will continue as normal - Monday to Friday 10am to 4pm.

The health, safety and wellbeing of our customers, staff and community is very important and we thank you for your co-operation.



Sammy Scribe and the Way it Was.

Someone asked the other day, 'What was your favourite 'fast food' when you were growing up?' 'We didn't have fast food when I was growing up,' I informed him.

'All the food was slow.'

'C'mon, seriously.. Where did you eat?'

'It was a place called 'home,'" I explained.

'Mum cooked every day and when Dad got home from work, we sat down together at the dining room table, and if I didn't like what she put on my plate, I was allowed to sit there until I did like it.'

By this time, the lad was laughing so hard I was afraid he was going to suffer serious internal damage, so I didn't tell him the part about how I had to have permission to leave the table.

But here are some other things I would have told him about my childhood if I'd figured his system could have handled it:

Some parents NEVER owned their own house, wore jeans, set foot on a golf course, travelled out of the country or had a credit card.

My parents never drove me to school ... I had a bicycle that weighed probably 50 pounds, and only had one speed (slow).

We didn't have a television in our house until I was 10. It was, of course, black and white, and the station went off the air at 10 PM, after playing the national anthem and epilogue; it came back on the air at about 6 am. And there was usually a locally produced news and farm show on, featuring local people...

Pizzas were not delivered to our home ... but milk was.

All newspapers were delivered by boys and all boys delivered newspapers -- My brother delivered a newspaper, seven days a week. He had to get up at 6 every morning.

Film stars kissed with their mouths shut. At least, they did in the films. There were no movie ratings because all movies were responsibly produced for everyone to enjoy viewing, without profanity or violence or almost anything offensive.

If you grew up in a generation before there was fast food, you may want to share some of these memories with your children or grandchildren. Just don't blame me if they bust a gut laughing.

Growing up isn't what it used to be, is it?

Koji Suzuki, a Japanese Horror Novelist best known for writing 'The Ring', had an entire novel printed on a single roll of toilet paper. The novel takes place in a public bathroom and the entire story takes up three feet (approx. one metre) of the roll.

'Like when I'm in the bathroom looking at my toilet paper, I'm like 'Wow! That's toilet paper?'
I don't know if we appreciate how much we have. '

Alicia Silverstone

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Thought for every day

What would you like to see in our newsletter? Do you have pictures, a poem, a story, a memory, photos, something to laugh at? Contact the Editor.

Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Tom Cooke - Vice President

Nigel Pyne

Josh Hewitt - Treasurer

Don Adamson

Next Meeting: Wednesday 23rd September, 7.30pm in the Supper Room, Penshurst Hall.

This is a tentative date which will be confirmed when circumstances allow us to have meetings again.

Remember to Shop Locally

We all have businesses that are important to us and we would not like to see close their doors forever just because of the current Covid-19 pandemic? We all have our favourite shops, many of which are not in Penshurst. I haven't shopped for winter clothes yet, but the season is already closing in. Where do you go to shop when we are not supposed to travel more than 30kms without a very good reason?

We are in the lucky position of being a small town isolated by many kilometres from other larger towns, and blessed by residents who are prepared to keep running their businesses, which puts them in jeopardy from those people who do not obey the current restrictions. Without them we would be travelling into Hamilton more often, and residents who do not have transport could end up with greater problems. It is wonderful to know that so many people in town are looking after each other, and supporting our local businesses is another way we can show our appreciation of those who provide the basics of life including food and fuel.

Part of the income our shops normally receive is from passing travellers and so this trade has decreased remarkably. While we can't bridge the gap completely, we can choose to do some of our shopping at the Supermarket, as well as

getting other snacks and meals from the Takeaway and Café. This might be an unusual activity for you, but its worth keeping in mind that helping others in this way, will, in the long term, help to keep our town and businesses alive .. so that we can go back to the new normal when this crisis is over.

Wishing you all safe & well .. Ama Cooke

When one door closes, another opens; but we often look so long and so regretfully upon the closed door that we do not see the one that has opened for us.

Alexander Graham Bell

Here's your opportunity to contribute to your town newsletter.

While activities are quieter than usual during this lockdown, the newsletter is looking for contributions from our readers about events, memories, history and mysteries that you might like to share with us. If you can't email them, write them down and then ring Ama and we'll arrange to receive them. You might have interesting or funny photos, a favourite book or movie to recommend?

Mark mtrousenewsletter@gmail.com

Ama 0402 870 738



The Mobile Library Service has been suspended until the end of the Covid-19 lockdown.

If you have any questions relating to any of Southern Grampians Shire Council's other facilities or services, please contact Council directly on 5573 0444.

We look forward to our return.



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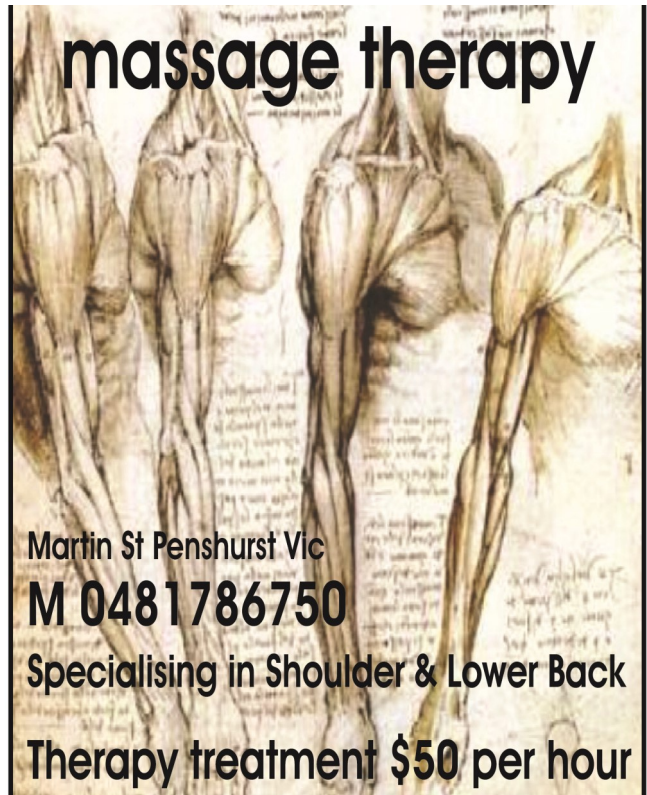
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A PAGE TO SHARE RECIPES

Loaded with beans, this hearty dish is high in fibre

Smoky Aussie Beans

Prep time 10 mins - Cooking Time 25 mins

INGREDIENTS - 4 Servings

1 tablespoon extra virgin olive oil	400g can cannellini beans, drained, rinsed
1 red onion, finely chopped	
125g middle bacon rashers, trimmed, chopped	555g can baked beans in bbq sauce
300g beef mince	2 teaspoons Dijon mustard
1/4 teaspoon dried chilli flakes	2 teaspoons brown sugar
1 teaspoon smoked paprika	1/3 cup finely chopped fresh flat-leaf parsley

METHOD

Step 1 Heat oil in a large saucepan over medium-high heat. Add onion and bacon. Cook, stirring, for 5 minutes or until onion is tender. Add mince. Cook, breaking up mince with a wooden spoon, for 7 to 8 minutes or until browned.

Step 2 Add chilli and paprika. Cook, stirring, for 1 minute or until fragrant. Add cannellini beans, baked beans, 1/2 cup water, sugar and mustard. Bring to the boil. Reduce heat to low. Simmer for 5 to 7 minutes or until thickened. Stir in half the parsley.

Step 3 Sprinkle beans with remaining parsley. Serve with toast.

Notes: Thickly sliced bread, toasted, to serve (sour dough is best)



“A recipe is not an exact formula, but it does need a certain structure.

When the bones are right, you can dress it in many ways. “

- Bee Wilson

“All you need is love. But a little chocolate now and then doesn't hurt.”

- Charles M. Schulz

PLACES OF INTEREST IN PENSURST

Volcanoes Discovery Centre

www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve

Ritchie Street, Penshurst

Botanic Gardens

Chesswas Street, Penshurst

Penshurst Caravan Park

Cox Street, Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

Mount Rouse Lookout

Waller Road, Penshurst

We all have two lives. The second one starts when we realize we only have one.

Tom Hiddleston

Life is inherently risky. There is only one big risk you should avoid at all costs, and that is the risk of doing nothing.

Denis Waitley

Life is really simple, but we insist on making it complicated.

Confucius

Local Businesses should be aware that the Southern Grampians Shire Council has a **Business Support Group** that is available for assistance and ideas for your business during the COVID 19 lockdown. They can be contacted at ecodev@sthgrampians.vic.gov.au or you can call **Hugh Koch**, Manager Economic Development and Tourism on 0409 797 446 for assistance.

SGSC Links

Our Response to Covid-19

https://www.visitgreaterhamilton.com.au/covid-19/?mc_cid=a73c42bfc0&mc_eid=205be053a9

Quick Reference Guide

<https://www.visitgreaterhamilton.com.au/quick-reference-guide/?>

[mc_cid=a73c42bfc0&mc_eid=205be053a9](https://www.visitgreaterhamilton.com.au/quick-reference-guide/?mc_cid=a73c42bfc0&mc_eid=205be053a9)

Greater Hamilton Business & Tourism Group

<https://www.facebook.com/groups/greaterhamiltonbusinesssupport/?>

[mc_cid=a73c42bfc0&mc_eid=205be053a9](https://www.facebook.com/groups/greaterhamiltonbusinesssupport/?mc_cid=a73c42bfc0&mc_eid=205be053a9)

Business & Tourism Support Hub

<https://www.visitgreaterhamilton.com.au/business-support/?>

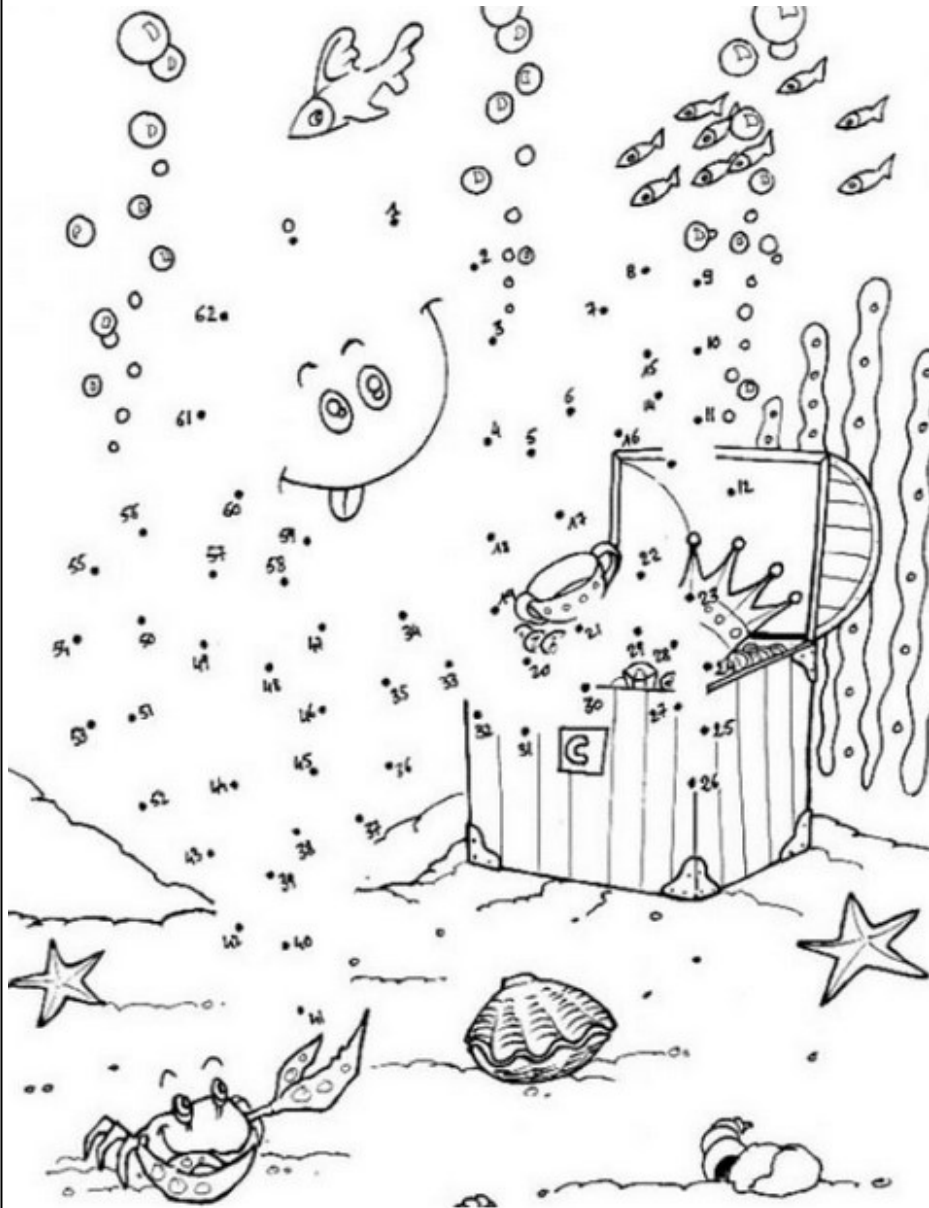
[mc_cid=a73c42bfc0&mc_eid=205be053a9](https://www.visitgreaterhamilton.com.au/business-support/?mc_cid=a73c42bfc0&mc_eid=205be053a9)

Business Support Bulletin (6) PDF

https://www.visitgreaterhamilton.com.au/wp-content/uploads/2020/04/Copy-of-Issue-6-17_04_20-COVID-19-Business-Support-Bulletin.pdf?mc_cid=a73c42bfc0&mc_eid=205be053a9

(type or copy each link into your web browser)

A Page for the Children



BY THE SEA
BY EMILY
DICKINSON

I started early, took my dog,
And visited the sea;
The mermaids in the
basement
Came out to look at me.

And frigates in the upper floor
Extended hempen hands,
Presuming me to be a mouse
Aground, upon the sands.

But no man moved me till the
tide
Went past my simple shoe,
And past my apron and my
belt,
And past my bodice too,

And made as he would eat
me up
As wholly as a dew
Upon a dandelion's sleeve –
And then I started too.

And he – he followed close
behind;
I felt his silver heel
Upon my ankle – then my
shoes
Would overflow with pearl.

Until we met the solid town,
No man he seemed to know;
And bowing with a mighty
look
At me, the sea withdrew.

[https://
bookriot.com/2018/01/21/
ocean-poems/](https://bookriot.com/2018/01/21/ocean-poems/)

Riddles

1. When is music like vegetables?
2. Which three letters can frighten a thief away?
3. If you drop a yellow hat in the Red Sea, what does it become?
4. What can be lost, but not returned?
5. No matter what, I come to you round, Floating up, floating down, A single pop, I'm on the ground, Then comes your unpleasant frown. What am I?
6. How is a person in jail like a sinking ship?

“Owners of dogs will have noticed that, if you provide them with food and water and shelter and affection, they will think you are god. Whereas owners of cats are compelled to realise that, if you provide them with food and water and shelter and affection, they draw the conclusion that *they* are gods.” **Christopher Hitchens**



Reach for the stars ...

Please note: All non-essential meetings are cancelled for the immediate future.

MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senior Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Peshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Peshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Peshurst Hospital at 1.30 pm.
- Peshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Peshurst Pony Club rally, 1st Sunday each month.
- Peshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Peshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Some Thoughts on Craziiness as it Affects us in Lockdown (Punny)

Just be careful because some people are going crazy from being in lockdown.

Actually I've just been talking about it with the microwave and the toaster while I was drinking my morning coffee. We all agreed that things are getting bad.

I didn't mention anything to the washing machine as she tends to put a different spin on everything, and certainly not the fridge as he is acting cold and distant.

In the end the iron calmed me down by saying everything will be fine and no situation is too pressing.

The Hoover was very unsympathetic and told me to just suck it up. The fan, however was more optimistic and hoped it would all soon blow over.

The toilet looked a bit flushed when I asked its opinion but said nothing.

The door knob told me to get a grip on myself and the front door said I was unhinged.

Finally the curtains told me (you guessed it!) to pull myself together.



CHRISTOPHER COOK CONSTRUCTIONS

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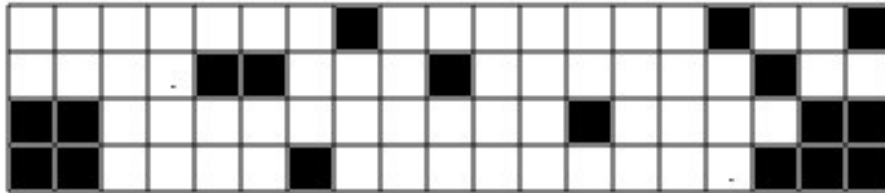
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Mt Rouse Puzzler - Just how puzzled can you get



Y U I T P E
 E H I N Y O T A N G P D E
 N O U V E R G T H T P P E W I N T T
 Y O T O U R Y A H I H A U N S T H O O

Locate the answers of the given clues in the grid.

s o s t r i c h o p t e n u
 g t h g n i h t y r e v e s
 e m m a n a g e m e n t w y
 o c t e l l t d o c i o s m
 e e r n a a h o i i b i p b
 l t l t r n r t c p a i a o
 b a a e l o e e i i c r p l
 u m b c c g s e t t r a e i
 s i s g r a h w s a r t r s
 l t y e r t o n c t l c e m
 s s n g n c l u i e r s h m
 r e t e r o d c a a b y w p
 e n h y h a l g e b r a o l
 d n a m a e r d e l t b n n

1. All things
2. A strong drink.
3. The part of mathematics in which letters and other general symbols are used in equations.
4. A kind o fierce tropical fish that has strong jaws and sharp teeth
5. The organ of the body that controls functions, movement, sensation and thought.
6. A piece of furniture that is used for storing things.
7. To free from being controlled by another person etc.
8. A series of thoughts, visions or feeling that happen during sleep.
9. Having or showing a lot of energy.
10. To guess or calculate the cost, size, value, of something.

11. A region marking a boundary
12. The use of symbols in art, literature, films etc to represent ideas.
13. Toward, on, or coming from the side.
14. Using or relating to a system of measurements that uses metres, centimetres litres etc.
15. The control and organisation of something.
16. Not in or at any place.
17. A printed publication, usually issued daily or weekly, consisting of news, entertainment and articles etc.
18. A very large African bird.
19. A flat shape that has eight sides and eight angles.
20. A very small piece of something.
21. To cause (something) to happen quickly or suddenly.

Answers to last week's crossword.
 Across: 1 saving, 4 texture, 5 leaves, 7 storyteller, 8 colour, 10 architect, 14 perfect, 15 wisdom, 16 goanna, 17 ode, 18 zero
 Down: 2 authority, 3 years, 6 illumination, 7 special, 9 perching, 11 trees, 12 season, 13 licence, 15 wind

Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

**www.penshurstvictoria.com.au
and let us know if you have
any comments.**

Editor

PENSHURST MENS SHED

The Men's Shed is closed until further notice.

We intend to continue to bring you the fortnightly newsletter available from Penshurst's Newsagent & Takeaway, Supermarket & Liquor store & Café.

If you have any stories you would like to share, please contact Mark or Ama by phone or email.

Mark Dalla Costa

mtrousenewsletter@gmail.com

Ama Cooke 0402 870 738

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DEADLINE FOR SUBMISSIONS – 2nd May 2020

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R E V E R Y F O R T N I G H T

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<http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html>

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Tail End Tales

The History of Toilet Paper

This bit of history should truly make us thankful. These facts go some way to explain why toilet paper is seen as such a valuable item today.

1. The first recorded use of toilet paper was in 6th century China.
2. By the 14th century, the Chinese government was mass producing it.
3. Packaged toilet paper was not sold in the United States until 1857.
4. Joseph Gayety, the man who introduced packaged toilet paper to the United States, had his name printed on every sheet.
5. Global toilet paper demand uses nearly 30,000 trees every day.
6. That's 10 million trees each year.
7. It wasn't until 1935 that a manufacturer was able to produce splinter-free toilet paper.
8. Seven percent of Americans admit to stealing rolls of toilet paper from hotels.
9. Americans use an average of 8.6 sheets of toilet paper per visit to the bathroom.
10. The average roll has 333 sheets.
11. Historically, what you used depended on your income level.
12. In the Middle Ages they used something called a gomp stick, which was just a stick used to scrape.
13. Wealthy Romans used wool soaked in rose water and French Royalty used lace.
14. Other things used before toilet paper included corn cobs, sticks, stones, sand, moss, hemp, wool, husks, peels, ferns, sponges, seashells, knotted ropes and shards of pottery (Ouch!).
15. 70-75% of the world's population does not use toilet paper as it is too expensive.
16. In many Western European countries, bidets are seen as more effective and preferable to toilet paper.
17. Coloured toilet paper was very popular in the US last century.
18. The reason toilet paper disintegrates so easily is that the fibres used to make it are very short.
19. On the International Space Station they still use regular toilet paper which is sealed in special containers and compressed.
20. During Desert Storm the US Army used toilet paper to help camouflage their tanks.
21. There was a toilet paper museum in Wisconsin that closed in 2000.